

Liverpool University Veterinary Society

Katie Mitchell & Anna Warner LUVS Co-Presidents Institute of Veterinary Science Leahurst Campus Chester High Road Neston CH64 7TE

To the incoming cohort of foundation year freshers 2024,

Firstly, congratulations on getting a confirmed place at Liverpool University! You should be extremely proud of such an achievement; all your hours of hard work have paid off! You will soon be studying at the **best** university for the next year - not biased at all!!

We have decided to do things a little different this year, and have opted for a co-presidency, meaning you are fortunate enough to get two for the price of one! This year's co-presidency consists of Anna Warner and Katie Mitchell and we are both keen to ensure the best experience for this coming year! We will introduce ourselves separately, and at the same time tell you a bit more about the Liverpool University Veterinary Society (LUVS).

Here's a little bit about us!

- Hello foundation year of 2024! My name is Anna, and I'm from the depths of Shropshire where I live on a poultry arable farm and my mum is an equine vet. When not doing vet things or seeing practice with my mum, I enjoy working on the farm, horse riding and playing sports, in particular netball. When not playing sport or studying I can usually be found partying or in the pub socialising with friends, we take the saying "work hard, play hard" seriously at Liverpool. LUVS has been a key part in my vet school journey so far and really does provide a vital role in enriching your experience! This can be through clinical talks, sports teams, parties and fancy events!
- Hi everyone! I'm Katie and I come from a village just south of the Peak District. Outside of studying and placement, I enjoy looking after all our animals at home, cooking and sport. I love playing both hockey and netball, especially for our LUVS teams, and I highly encourage anyone who is thinking of joining any of our seven sports or eight Subsocs to give them a go! LUVS has been a massive part of my uni experience and I've made some amazing friends and great memories by being a part of it. From providing classy black-tie balls, wild themed parties, practical days and enrichment talks about the veterinary profession, LUVS really has it all. It is an incredibly important part of my support network and genuinely makes the vet course stand out from all others. I can't wait to meet you all and help you make the most of your first year!

Our aim as presidents is to provide each and every one of you with a packed and memorable year, and if you have any questions or queries, please don't hesitate to contact us on www.uwspres@liverpool.ac.uk Remember to work hard and play hard and you will do well in vet school!

LUVS isn't just about sport though! We have a wide array of clinical and social sub societies who provide specialist talks and fun practical days involving the species they support. Our seven sports teams welcome all abilities and players can attend either for the social or competitive element! We highly recommend you have a go at anything you would like to try, don't be shy, we were all new once! You can find out more about each sub-society using the links on the Welcome Week Page on our Website.

We take student welfare and wellbeing very seriously in LUVS, and through the support networks in LUVS in the form of our Well Being rep, the Vet School, University and wider veterinary community, we can confidently say that help is always close by should you ever need it. We also have an amazing team of Peer Supporters, which consists of our very own vet students, trained by the university counselling service. Peer supporters are amazing and can provide confidential help and advice should we ever need it during our time here. We also have a fantastic "Buddy System", which sees first years individually matched up with older years with the aim of providing them with support and advice on literally anything; from revision methods to bus routes, even to recommended places to eat! We pair up the buddies based on interests so look out for a google form to fill in on the LUVS Facebook page and in your uni emails! At the very least, they are a friendly face around campus, and you can look forward to meeting them during welcome week!

We have close connections to many other national organisations, such as the Association of Veterinary Students (AVS), who's representatives are our way of communicating with the British Veterinary Association (BVA). The International Veterinary Student Association (IVSA) links vet schools and organising exchanges across the world, as well as helping to provide excellent learning resources through our current reps.

Welcome Week 2024

As part of your Welcome Week starting on the 16th September, on Wednesday 18th we host our Freshers Fair. This is held in the Foresight Centre foyer and all of the LUVS sub societies e.g., Liverpool Small Animal Veterinary Society, Liverpool LGBTQ+ Society and sports teams; hockey, netball, rugby, squash, mens and womens football; as well as some other student representatives of organisations such as Peer Support will be present to talk to you about what they do and inspire you to join if you are interested. This will run between 2-4pm and we would love to see as many of you there as possible.

Friday 20th September we are hosting a casual and social rounders afternoon in Sefton Park. We will have more details on the exact location within the park and timings to come - see the facebook page!. You do not need to be an avid sportsman at all, this is a fun occasion to meet fellow freshers in your year and get outdoors in Liverpool's beautiful and biggest park. We will also have students from older years there as well to answer any questions you may have.

LUVS Freshers Week 2024

To properly welcome you into the vet school from day one, we have created the perfect opportunity for you to let your hair down, and get a taste of LUVS and university life with our very own Vet Freshers Week during week 1 of term. We are the only society to do this, and it is one of the highlights of the year. All the events are completely FREE for LUVS members (another great incentive to join the best society in Liverpool!) and provide a great opportunity for you to meet new people and make some incredible memories. The events and dates you can look forward to include:

- Sunday 22nd September Meet the buddy
- Monday 23rd September Quiz night
- Tuesday 24th September Liverpool Bar Crawl
- Wednesday 25th September Cake and Coffee chat afternoon
- Thursday 26th September Buddy meal
- (Friday 27th September Night off)
- Saturday 28th September Welcome party

... and not to mention lots of fancy dress with great themes! Keep your eyes peeled for more details!

Membership

It is not compulsory to join LUVS as a vet student, but we strongly recommend you do, as your time here will not be the same without it! Payment to sign up to LUVS is a one-off fee of £15, and gives you membership to a lifetime of support, as well as access to fantastic opportunities while you're at Liverpool, such as:

- Free access to all freshers' events in first semester
- Free Vet Freshers' Week t-shirt
- Free freshers 'welcome pack'
- Free entry to LUVS talks
- Discounted, sometimes free entry to LUVS events throughout all five years
- A 'buddy family' to guide you through your time at Liverpool
- Drinks deals
- Access to JAVS journals, bursaries and competitions
- Free Vet times subscription follow the link to sign up to their sign up form <u>https://vettimes2.typeform.com/to/YdqXTcw4</u>
- Eligibility to join the LUVS committee and have your say on how the society and vet school operate
- Eligibility to join any of the sub societies and sports teams the vet school has to offer
- Access to the LUVS clothing shop that sells LUVS branded clothing for placements and regular wear it is not compulsory to have LUVS branded clothing for you placements

Securing a LUVS membership really is a great thing to do to kick start to your time here at Liverpool, we highly recommend it!

If we've managed to tempt you, please follow these steps:

1) Please make a bank transfer of £15 online to Liverpool University Veterinary Society

Account number: 20590223 Sort code: 20-51-43

PLEASE PUT YOUR NAME (forename and surname) AS THE REFERENCE so that we can keep track of your payment and of our new members.

2) When you have made the payment, please fill out this google doc, confirming you have made the payment.

https://docs.google.com/forms/d/e/1FAIpQLSe2yhoOJGDJpeHV6MGLSfQoP5fSdVNJx3FQD 4c2oDNhUcOeA/viewform?usp=sf_link

3) Please make this payment by 01/09/2024 so that we can ensure everything is in place and ready for when you arrive later in September.

We've rambled on enough now, so to find out any more information, check out our website <u>http://www.luvs.org.uk</u> or follow us on instagram @livunivets to get to know more about the vet school and your committee for 2024-25!

We have a public Facebook page 'Liverpool University Veterinary Society' which you can find and like, and add yourself to 'Liverpool Veterinary Society (LUVS) 2023-2024', which is our members-only Facebook page for this year. Also, especially for your cohort, we have set up the Facebook page 'Liverpool Vets, Biovets and Foundation year entry 2024'. The links to these and our other social media outlets can be found below.

Just to finish off, we'd all just like to say another MASSIVE CONGRATULATIONS. Liverpool is an amazing city and we're a very friendly bunch here in the vet school. Hopefully, this letter has given you an insight into the wonderful world of LUVS, we're all looking forward to meeting you all very soon! If you have any questions, please email us (luvspres@liverpool.ac.uk).

For the meantime, on behalf of ourselves, Lucy (Leahurst VP), Esme (Liverpool VP), Georgia (Secretary), Minnie (Treasurer) and the rest of the committee, we'd like to say WELL DONE, and we shall see you all very soon!

With lots of LUVS love,

Katie and Anna

LUVS Co-Presidents 2024-25

Website and social media links

President email - luvspres@liverpool.ac.uk

Website - <u>www.luvs.org.uk</u>

Public LUVS Facebook page - <u>https://www.facebook.com/livunivets</u>

Members-only LUVS Facebook page - https://www.facebook.com/groups/253004918232338/

Incoming freshers Facebook page (lots of useful info will be posted on here) – Liverpool Vets, Biovets & Foundation year 2024-29: https://www.facebook.com/share/g/ooGTWTWNSAiDRmJa/?mibextid=K35XfP PRELUVED (page for Liverpool vet students to buy and sell second hand items- great for textbooks, waterproofs, vet school clothing etc.) - <u>https://www.facebook.com/groups/607941139361779</u>

Instagram and Twitter - @livunivets