



UNIVERSITY OF
LIVERPOOL



FLEXI FOOD PLAN

Why choose our Flexi Food Plan?

Choice

A variety of choice on your doorstep

Good value

Get 10% off all your purchases, the cheapest way to eat on campus

Healthy eating

Hot meals freshly made on campus by our chefs, with lots of vegetarian options

Save time

Less time cooking, more time socialising and studying

Easy access

Available through the app or student card

Flexible

Dine wherever, and whenever it suits you

Affordable

The cheapest way to eat on campus



Campus &
**FOOD &
DRINK**

so much choice on your doorstep

Where to eat on campus

There is a wide range of outlets across campus where you can enjoy a variety of food, offering hot and cold daily specials, freshly made on campus by our chefs, with lots of vegan and vegetarian options to choose from. Flexi Food Plan gives you 10% off in all of these outlets.

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- Sydney Jones Café** 8.30am to 6pm. Sandwiches, paninis, salads, cakes, snacks.
 - Life Science Café** 8.30am to 4pm. Sandwiches, sushi, paninis, pasties, cakes, snacks.
 - Chemistry Café** 8am to 2.30pm. Sandwiches, paninis, pastries, cakes, snacks.
 - Bertie & Bellas** 10.30am to 6.30pm. Daily specials, Asian snacks, from the grill, burgers and wings, poke grain bowls.
 - Eleanor Rathbone Café** 9am to 3.30. Sandwiches, paninis, cakes, snacks.
 - Management School Café** 8am to 3pm. Breakfast barm, pasties, sandwiches, paninis, salads, cakes.
 - The Courtyard** 8am-8pm weekday, 12pm to 8pm weekend. Selection of breakfasts, burritos, street food, hot specials, jackets, salad bar, sandwiches, cakes, snacks.
 - Fröhlich Café and Bar** 8.30 to 5pm. Sandwiches, toasties, paninis, cakes, snacks.
 - Law & Social Justice Café** 8.30am to 3pm. Sandwiches, toasties, paninis, cakes, snacks.
 - The Augustus John** 11.30am – 11pm. Pizza.



Example menu

This is a sample menu of the varied meals you could expect to receive with your Flexi Food Plan, and 10% saving.



	Breakfast	Lunch	Dinner
Monday	Tea and toast <i>Campus cafés</i>	Salad box <i>The Courtyard</i>	Wings and slaw <i>Bertie & Bellas</i>
Tuesday	Fully loaded breakfast barm <i>The Courtyard</i>	Veg Spinach pakora wrap <i>Campus cafés</i>	Chicken burrito <i>The Courtyard</i>
Wednesday	Croissant and tea <i>Campus cafés</i>	Soup of the day with bloomer bread <i>The Courtyard</i>	Tamarind bacon chop with hash brown and masala sauce <i>Bertie & Bellas</i>
Thursday	Porridge <i>Campus Cafés</i>	Tuna melt panini <i>Campus cafés</i>	Jacket with cheese and beans <i>The Courtyard</i>
Friday	Veggie sausage barm <i>The Courtyard</i>	Salad box <i>Campus Cafés</i>	A whole pizza <i>The Augustus John</i>
Saturday	Cereal at home	Freshly made sandwich <i>The Courtyard</i>	Burger and fries <i>The Courtyard</i>
Sunday	Cereal at home	Loaded fries <i>The Courtyard</i>	Veggie burrito <i>The Courtyard</i>

We cater for food allergies, intolerances, special diets, and religious diets. Allergen information is available in all our outlets.

Weekly budget



£77 weekly allowance, giving you a daily budget of £11 to spend on food and drink.

You will receive a 10% discount on all your purchases in our outlets.

manage your money



The Flexi Food Plan is available during term time only and will not be available on the following days:
Christmas closure - 16th December – 3rd January
Easter – 7th April to 25th April
End Date - 30th May 2025