September Newsletter

SPORT LIVERPOOL
LATEST UPDATES & INFORMATION

GYM INFORMATION

POOL INFORMATION

ONLINE BOOKING SYSTEM

CASHLESS PAYMENTS

INDOOR SPORTS

www.liv.ac.uk/sports
We have a dedicated booking system for all activities including access to the gym, to maintain control of numbers on site in line with our reduced capacity for safe operation.

So if you have missed your daily swim, a weekly class or a session in the gym, we are on hand to help get you back in to your routine!
Our classes are back & we have a new timetable starting on Monday 7th September!

There are a few changes to keep you safe, we have limited our class sizes based on government guidelines & scheduled our timetable to give ample time between classes for our enhanced cleaning procedures.

Take a look below & remember each class requires a separate booking
WE ARE PART OF A CASHLESS CAMPUS - FIND OUT MORE

We will soon be part of a cashless campus, this means safer & faster payments for all students & staff, reduced contact to adhere to social distancing rules & fewer queues!
We may have had to forgo our summer holidays this year so you may be even more in need for a dip in the pool!

We have now increased our capacity for each swimming session so book in below & see our frequently asked questions section for more information.
you can now safely return to the gym to enjoy your workout with plenty of space, a variety of equipment & staff on hand to help keep you motivated - all at a safe distance!

We know it has been a challenging time so want to make getting back in to your routine as simple as we can, we have altered our workout sessions around lunch time to gives you a bit more flexibility & increased the total of daily sessions to give you more choice.

If you would like some further information about PT or gym programmes then please contact us at fcon@liv.ac.uk
We are currently awaiting information on when we can open bookings for some non-contact sports such as squash & table tennis within the centre.

We will keep you all updated but in the meantime, keep checking our website for details on the re-opening information section.
How was your visit to the Centre?

Let us know what you think.

Scan here

Let us know about your visit to the Centre - your feedback is important.
We are re-opening gradually, and in a measured way.

We have made important changes to make sure our facilities are safe for your return.

If you require any further information, please contact us at sfc@liv.ac.uk

Do not reply directly to this e-mail
If you require any further information, please contact us at sfclive.ac.uk.

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For further information on GDPR please visit our website –
www.liverpool.ac.uk/legal/data_protection