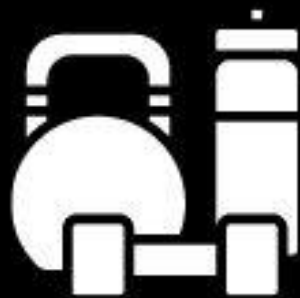




September Newsletter

**SPORT
LIVERPOOL**

LATEST UPDATES & INFORMATION



GYM INFORMATION



POOL INFORMATION



ONLINE BOOKING
SYSTEM



CASHLESS
PAYMENTS



INDOOR SPORTS

www.liv.ac.uk/sports

ONLINE BOOKINGS



[BOOK AN ACTIVITY](#)

BOOKING REQUIRED FOR ALL ACTIVITIES - FIND OUT MORE

We have a dedicated booking system for all activities including access to the gym, to maintain control of numbers on site in line with our reduced capacity for safe operation.

So if you have missed your daily swim, a weekly class or a session in the gym, we are on hand to help get you back in to your routine!

CLASS INFORMATION



CLASSES ARE BACK - BOOK ONLINE & TRY ONE TODAY

Our classes are back & we have a new timetable starting on Monday 7th September!

There are a few changes to keep you safe, we have limited our class sizes based on government guidelines & scheduled our timetable to give ample time between classes for our enhanced cleaning procedures.

Take a look below & remember each class requires a separate booking

[BOOK AN ACTIVITY](#)

CASHLESS PAYMENTS



WE ARE PART OF A CASHLESS CAMPUS - FIND OUT MORE

We will soon be part of a cashless campus, this means safer & faster payments for all students & staff, reduced contact to adhere to social distancing rules & fewer queues!

POOL INFORMATION



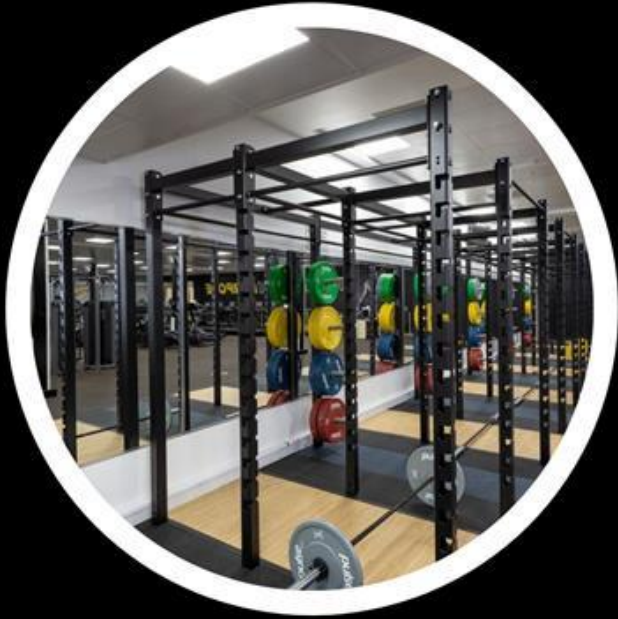
[BOOK AN ACTIVITY](#)

MISSED YOUR WEEKLY SWIMS? BOOK IN NOW!

We may have had to forgo our summer holidays this year so you may be even more in need for a dip in the pool!

We have now increased our capacity for each swimming session so book in below & see our frequently asked questions section for more information

GYM INFORMATION



BOOK AN ACTIVITY

MORE GYM SESSIONS NOW AVAILABLE - BOOK TODAY!

you can now safely return to the gym to enjoy your workout with plenty of space, a variety of equipment & staff on hand to help keep you motivated - all at a safe distance!

We know it has been a challenging time so want to make getting back in to your routine as simple as we can, we have altered our workout sessions around lunch time to gives you a bit more flexibility & increased the total of daily sessions to give you more choice.

If you would like some further information about PT or gym programmes then please contact us at fcon@liv.ac.uk

SPORTS BOOKINGS



NON-CONTACT SPORTS UPDATE

We are currently awaiting information on when we can open bookings for some non-contact sports such as squash & table tennis within the centre.

We will keep you all updated but in the meantime, keep checking our website for details on the re-opening information section

**HOW WAS YOUR VISIT TO
THE CENTRE?**

LET US KNOW WHAT YOU THINK

SCAN HERE



**LET US KNOW ABOUT
YOUR VISIT TO THE
CENTRE - YOUR
FEEDBACK IS
IMPORTANT**

HOW TO CONNECT WITH US



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@SPORTLIVERPOOL



@LIVUNIGYM



@UNIVERSITYOFLIVERPOOLSPO

We are re-opening gradually, and in a measured way.

We have made important changes to make sure our facilities are safe for your return.

If you require any further information, please contact us at sfc@liv.ac.uk

Do not reply directly to this e-mail

If you require any further information, please contact us at sfc@liv.ac.uk

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The University of Liverpool
Sport & Fitness Centre
Bedford Street North
Liverpool
L69 7ZN

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