



Welcome back

SPORT
LIVERPOOL



*We've missed
you
Welcome
back*

Follow us for regular updates & re-opening information



A FEW STEPS TO KEEP YOU SAFE



PRE-BOOKING
REQUIRED



NO HAIRDRYERS
AVAILABLE



NO SPOTTING



LEAVE YOUR SWEAT
TOWEL AT HOME



BRING A FULL
WATER BOTTLE



BRING YOUR OWN
EXERCISE MAT

YOUR FEEDBACK IS IMPORTANT TO US



We have made important changes to make sure our facilities are safe for your return. For a full list of the measures we have put in place. Please see our re-opening information section on our website.

We are constantly striving to improve our service and would appreciate any feedback on your use of our facilities to ensure we give all our members the best possible experience.

[Leave Feedback](#)

SCAN HERE TO
LEAVE FEEDBACK



WELCOMING STUDENTS BACK ON CAMPUS



Watch Welcome back
film

A new film for new and returning students has been released this week. It explains how we are preparing to welcome them to campus.

It gives a great insight as to what the university campus will look like next term, what measures have been developed and most importantly how our students are guaranteed to have a wonderful experience during their time with us – with a few creative ideas about how that may happen!

FREQUENTLY ASKED QUESTIONS



Re-opening Information and FAQ's

We are constantly updating our re-opening information so keep informed and up-to-date with all the latest news on our website [here](#).

LES MILLS ON DEMAND



[LES MILLS ON DEMAND](#)

Don't forget about our Les Mills on Demand online offer

LES MILLS On Demand offers over 800 of your favourite workouts across 13 categories.

You can work out with classic programs such as BODYPUMP™ and BODYCOMBAT™, do mindfulness exercises and even get the kids active with BORN TO MOVE™. The workouts range from 15 to 55 minutes and there are options for all fitness levels.

Sport Liverpool members receive a discounted rate.

HOW TO CONNECT WITH US



@SPORTLIVERPOOL



@SPORTLIVERPOOL



@LIVUNIGYM



@UNIVERSITYOFLIVERPOOLSPO

STAY CONNECTED

There are so many different ways for you to stay connected with us over the coming weeks. All of our social media accounts are listed. We will be updating them regularly and welcome any suggestions you would like to see on them for help or advice from us at the Sport Liverpool.

We hope all of our members are staying safe and well during these unprecedented times. We will continue to send information and tips on how to stay healthy during this period, and will keep you updated on our plans to re-open. If you require any further information, please contact us at sfc@liv.ac.uk

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For further information on GDPR please visit our website –

www.liverpool.ac.uk/legal/data_protection

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