

GET MOVING

WITH SPORT LIVERPOOL

1

**CHOOSE YOUR
DISTANCE**
1k, 2.5k or 5k

2

**SCAN THE QR
CODE**
**Your map route
will appear**

3

**WALK, JOG OR
RUN THE ROUTE!**
Get started!

1k



2.5k



5k



**ROUTES WILL BE CHANGED REGULARLY
FOLLOW @LIVUNIGYM FOR UPDATES**

WWW.LIV.AC.UK/SPORTS