# Year 5 GP Placement

Handbook for GPs and Practice Managers 2021-22



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### 1. Contacts

### 1.1 Administrative Contacts

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### 1.2 Clinical Contacts

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### 2. Introduction

The focus of the 5th year placement is to build on the experience of the student doctors' 3rd and 4th year placements, bringing together their clinical and management skills in a primary care context. In addition, they will appreciate the complexity of managing patients in primary care with a focus on uncertainty, medically unexplained symptoms, admission avoidance and prevention, management of acute illness and admission, the patient's journey through healthcare and where GP fits in the current context of unplanned care.

### 3. GP Placements during COVID 19

Despite the unprecedented change to our working practices due to the COVID-19 pandemic we still continue to provide excellent training to our student doctors in order to ensure the next generation of doctors enter the workplace well prepared for the challenges they face.

The situation will continue to evolve and may again suddenly change in unexpected ways but the main principle of providing a good placement experience to our student doctors remains to get them involved in any way that we can. Involving student doctors in our daily working routines is always a valuable experience for them, whether that be telephone/online triage, telephone/video consulting, face-to-face appointments, ordering investigations and review of results, prescribing, practice meetings, change planning, significant event analysis or audit.

### Please consider the following:

- Pastoral Care Student Doctors may have very different individual circumstances and concerns regarding COVID-19 and being on clinical placement. It may be useful to address this with each individual student doctor at the start of the placement. They will benefit from being clearly aware of who to speak to about any worries.
- PPE provision and practice procedures. Student Doctors will have been provided with PPE donning/doffing training by the University but you may wish to revisit this. Practices are responsible for providing adequate PPE to student doctors.
- Where students can change and store their clothes/personal belongings as they will now be required to change into University scrubs upon arrival at the placement each day. We acknowledge that most practices will not have dedicated changing facilities and as such lockable rooms such as toilets or internally lockable consulting rooms are acceptable.
- Student doctors should still sit in and observe consultations, including telephone and video consultations.
- If telephone consulting with a patient please ensure telephone consultations are audible to Student Doctors by using speakerphone and ensure consent is given by the patient

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- Student doctors will still benefit enormously from being able to consult independently with patients. Telephone and video consultations are perfectly acceptable for student doctors to do independently with direct or indirect supervision from GP tutors.
- Both telephone and video consultations should be presented to the GP tutor and can be used by student doctors as Case Presentations and Discussions (CPADs) for their ePortfolio.
- Remote consultations will be new skills for student doctors and they may benefit from direct supervision initially. They may find it hard to know whether their consultations are of sufficient quality/depth to be used as a CPAD and they will require guidance on this.
- Student doctors should be involved in telephone or online triage where possible this is likely to remain in General Practice for the time being and student should gain experience with it. This should be directly supervised.
- Face-to face consultations are still encouraged but avoid exposing student doctors to potential cases of COVID-19.
- Student doctors should still examine patients where possible and do still need to record Observed Examinations (OEs) for their ePortfolio.
- Please consider how you will prepare your patients to have these consultations. Normally
  we would advocate gaining consent at the time of the patient booking the appointment.
  This will still be possible for routine appointments but may need a new process when
  students are involved in triage/more urgent care.
- Please also see <u>Home Visits Policy</u> for further guidance on taking student on visits during COVID 19.

### 4. Learning Outcomes

The GP Curriculum Placement Learning Outcomes are to be achieved through a combination of their clinical placement and university teaching sessions (see <u>Community Clinical Teaching</u>).

By the end of year 5 Student Doctors will have achieved the following learning outcomes:

- Demonstrate the process of clinical reasoning in triage, diagnosis and management of emergency presentations in a primary care setting and refer appropriately
- Recognise the different settings patients use to seek medical advice in the community including GP surgery, WIC, minor injury unit, 111 and GPOOH.
- Understand the principals of admission avoidance and the services available in the community to prevent hospital admission and manage acute problems in primary care.
- Appreciate the impact of technology on health care provision and how patients seek medical advice including telephone, email, on-line and smart phone.
- Manage patients in the primary care setting appropriately though therapeutic and nontherapeutic interventions, appropriate follow up or referral. Conduct a patient centred

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- consultation, including shared decision making and recognise the benefits on improved health outcomes, including compliance and health seeking behaviour.
- Conduct a patient centred consultation, including shared decision making and recognise the benefits on improved health outcomes, including compliance and health seeking behaviour.
- Demonstrate the importance of identifying and addressing patients' ideas and concerns during a consultation and incorporating into a shared management plan.
- Incorporate psychological, behavioural and social factors into the management of patients presenting with medically unexplained symptoms.
- Recognise the role of general practice in the providing economically effective healthcare.
- Demonstrate cognitive strategies to deal with clinical uncertainly and risk and be able to communicate this effectively with patients.
- Recognise the impact to the patient of over investigation, diagnosis, prescribing and medicalisation and construct management plans accordingly.
- Recognise that disease can present at various stages in its natural history and apply this principal in the use of time as a diagnostic tool.
- Manage a request for fitness to work certification recognising the impact of work on long term physical and mental wellbeing and understand the role of health and social care sectors in fitness to work.
- Recognise the impact of workload, emotional challenges, uncertainty and clinical error on mental well-being and clinical decision making.
- Demonstrate an awareness of the impact of their own physical and mental well being on their health and clinical decision making.
- Understand the importance of integrated care across health care setting from secondary to primary care and the impact this has on the individual patient journey.
- Analyse communication between health and social care providers and recognise its importance in achieving a safe and effective patient journey
- Evaluate the effectiveness of written correspondence, including discharge letters or clinical appointments, from urgent care providers or secondary care to primary care.
- Recognise the indications for referral from primary to secondary care for diagnosis or management and construct a written referral letter to a colleague or health professional recognising the importance of effective written communication
- Demonstrate safe prescribing in the context of chronic disease, multimorbidity, polypharmacy, frailty, pregnancy and breast feeding.
- Conduct a medication review of a patient with chronic disease including monitoring for adverse effects, compliance, efficacy and indication.
- Recognise the limitations of clinical guidelines and be able to adapt management to meet the patient's needs
- Communicate the relevant risks and benefits of starting medication to patients, family members or carers.

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- Understand the repeat prescribing processes in primary care and how ensure safe and effective prescribing.
- Evaluate the clinical governance processes in place in primary care including significant event review and quality improvement.
- Understand the leadership structures in place within general practice and how it currently fits within the NHS including CQC, CCGs, GP federations, purchaser-provider split.



# 5. Important Dates

### 5.1 Year 5 Term Dates

Monday 20th September 2021– Friday 1st July 2022

Block 1	w/c 27/09/2021	up to and including	w/c 11/10/2021
Block 2	w/c 18/10/2021	up to and including	w/c 01/11/2021
Block 3	w/c 08/11/2021	up to and including	w/c 22/11/2021
Block 4	w/c 29/11/2021	up to and including	w/c 13/12/2021
Block 5	w/c 05/01/2022	up to and including	w/c 17/01/2022
Block 6	w/c 24/01/2022	up to and including	w/c 07/02/2022

### 5.2 Other Dates

GP Tutor Conference at the University will be held on Thursday 21st October 2021



### 6. Overview of GP Tutor and Student Doctor Requirements

### 6.1 Practice Induction

- Student Doctors require a comprehensive Induction preferably on the first day of their placement. See <u>Practice Induction Section</u> for more detail of what should be included.
- Feedback from Student Doctors shows they highly value this aspect of a placement.

### 6.2 Placement Structure

- Student Doctors attend the practice in pairs or individually for 7 sessions a week for 3 weeks
- They are released from the practice on the same day each week to attend universitybased teaching Community Clinical Teaching.
- The remaining half day away from practice is for personal learning and can be scheduled by the practice. Student Doctors may ask for this to be Wednesday afternoon in-line with other university activities but this is up to the practice to decide.
- During their time in the practice Student Doctors should be involved in as much normal practice activity as possible. These should include Observing GPs, Nurses and other clinical staff, Consulting Independently, Home Visits, and specified Mandatory Experiences. It can also include Meetings, reviewing Laboratory Results, making referrals, Phlebotomy, Vaccinations, sitting with Reception. This list is not exhaustive, and we encourage practices to involve Student Doctors whenever possible.
- We recognise that every practice is unique and works differently to other practices, thus
  we accept that there must be a degree of flexibility in the structure of the Student
  Doctor's time over their placement. However, the core course requirements that all
  Student Doctors should have on their placements are outlined below in <u>Student Doctor</u>
  Activities Section, Education Supervisor Requirements and ePortfolio Requirements.

### 6.3 Educational Supervision

- The GP tutor will act as the Student Doctors' Educational Supervisor for their GP placement.
- A weekly meeting is required with each Student Doctor individually.
- These are essential to set aims for the placement, discuss their progress and to ensure that they are achieving the learning outcomes of the placement. see <u>Educational</u> <u>Supervisor Requirements</u> for more detail.

### 6.4 Completion of E-portfolio

• Throughout the MBChB programme the Student Doctors are required to record evidence of their learning in an electronic portfolio. They will request clinicians to "sign-off" various activities. See <u>E-portfolio Requirements</u> for more detail.

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 The GP tutor/supervisor will need to register with Liverpool School of Medicine in order to gain access to their Student Doctors' e-portfolios and review their overall achievement.
 For assistance please contact: <a href="mailto:mbchbep@liverpool.ac.uk">mbchbep@liverpool.ac.uk</a>

# 6.5 GP Tutors attend the annual GP Tutor Conference at least once every 3 years

- It is important that GP tutors are kept up to date with course developments and are supported to develop their teaching skills.
- We will host an annual GP Tutor Conference during the Autumn term and will e-mail you when the dates are confirmed. We require our GP Tutors to attend at least one conference every 3 years.

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### 7. Practice Induction

For the duration of the placement the named GP Tutor is responsible for the smooth running of the placement and should ensure everyone involved in supervising the Student Doctors are aware of the course requirements. The GP Tutor is designated as the Student Doctors' Educational Supervisor (see Education Supervisor Requirements) for the duration of the placement. A practice induction must take place on the Student Doctors' first day in the practice and we would recommend that they sit in with their lead GP Tutor (Educational Supervisor) for their first morning surgery and after surgery are given the induction by the Practice Manager/administration staff. The induction should include the following as a minimum:

### 7.1 Welcome to the surgery

- Including a tour of the facilities at the practice
- Introduction to staff members.
- Familiarisation with the physical setting Availability of local shops for food/drinks
- Reminder of professional responsibilities including dress code, conduct, punctuality, name badge.
- Ensure that Student Doctors are informed of any car parking restrictions.

### 7.2 Contacts

- · Staff list with names and roles
- Named clinical and administrative lead and the contact details of the person who the Student Doctors should contact in the case of illness or lateness

### 7.3 Safety whilst on GP placement

- Named GP and administrative lead contact details with whom the Student Doctors should raise concerns whilst on placement. (These could include concerns regarding patient safety, Student Doctor safety, Student Doctor wellbeing, staff safety, discrimination, harassment, undermining or bullying).
- The University raising concerns ALERT form link is now on the Student Doctors eportfolio to enable Student Doctors and staff to raise concerns directly with university.
- Advice to be given to Student Doctors to include:
  - Safety advice regarding the local area
  - Home visit safety (Student Doctors not to attend home visits without GP supervision)
  - Panic alarm system
  - Ensure Student Doctors have read "staying safe" section in GP Student Doctor handbook
  - Location of safe place to leave coats, bags, bicycles etc.
  - Signposting to policies as below

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- Health and Safety guidance and policies to include:
  - Panic alarm system,
  - Infection control,
  - o concerns/whistleblowing policy/ harassment/undermining/bullying policy,
  - Confidentiality,
  - Fire safety,
  - Safeguarding,
  - Chaperone policy
  - Complaints policy
  - Information and data handling
  - Needle-stick/accident policy statements. If a needle stick injury occurs, please manage as per local protocol and inform us at The School of Medicine by emailing <a href="mailto:HealthSafety.mbchb@liverpool.ac.uk">HealthSafety.mbchb@liverpool.ac.uk</a>

### 7.4 Timetabling and meeting with GP tutor

- A timetable for the placement including expected times to arrive/ leave
- Induction to computer systems and record keeping IT, data management and information governance, including access to and basic training on the practice patient record system and not using practice computers to access the internet inappropriately. Student Doctors should not open their e-mails on practice systems in case they contain contaminated attachments
- Reminder about Student Doctor obligations for confidentiality and consent for patients (Duties of a Doctor) including anonymising case histories
- Each Student Doctor should have an individual Initial meeting within the first week
   (ideally on the first or second day) with the GP tutor to discuss learning outcomes and
   aims for the placement, timetabling, tutorials, arrangement for feedback to and from
   Student Doctors, e-portfolio requirements to be discussed and completed with a
   discussion on wellbeing and raising concerns.



# 8. Student Doctor Activities during the Placement

### 8.1 Consulting Independently

3-4 sessions each week should be spent consulting independently with patients, in pairs with one Student Doctor leading the consultation, preferably in their own room, with indirect supervision of a GP (see <u>FAQs</u>), subsequently presenting the cases to the GP.

Consultations can be face- to-face, telephone, or video consultations. Each Student Doctor/pair of Student Doctors should consult with a minimum of 12 patients per week on average over the placement, therefore seeing around 36 patients over a 3-week block.

### 8.2 Surgery observations

2-3 sessions sitting in and observing a GP surgery with the opportunity to become involved in clinical examinations and engage in case discussion as appropriate. This could occur in pairs or individually with different practitioners. If telephone consulting with a patient please ensure telephone consultations are audible to Student Doctors and ensure consent is given by the patient for Student Doctors to observe, just as you would for a face-to-face consultation.

### 8.3 Experience of the Primary Healthcare Team

1-2 sessions per week with another health care professional – including Practice Nurses, GP trainees, Health Care Assistants, District Nurses, Community Midwife, Health Visitor, Community Physiotherapist or others as appropriate. This could occur in pairs or individually with different professionals.

### 8.4 Mandatory Experiences

These are essential activities that the Student Doctors MUST experience during the placement. They can occur in pairs or individually. They should be achievable within the 4 weeks of the placement as they are commonplace aspects of a practice's daily and weekly activity:

Year	5 Mandatory Experiences
1	Write a referral/admission letter for a patient whom the student has either led a consultation with or observed in a GP consultation.
2	Review a discharge letter and conduct a medication review of a patient recently discharged from secondary care.
3	Under direct supervision of a GP, manage prescription queries and repeat prescriptions



Each should be followed by a debrief or discussion with a GP. This can be quite informal and may take place straight after the experience or during the weekly Educational Supervisor meetings. The discussion should help Student Doctors to reflect on the experience and direct their future learning. Their reflection will be documented in their e-portfolio.

### 8.4.1 Aims of the experiences:

By the end of their placement Student Doctors will be able to:

- Consider holistically the medical, psychological and sociological factors that may impact on the health experiences of individuals and their family.
- Recognise the importance and therapeutic value of continuity of care (and the doctorpatient relationship), and appreciate the impact of the patient journey on a patient's experience of healthcare
- Recognise potential challenges when performing a history and examination on a person with a long-term disability.
- Consider how a long-term physical or mental disability may impact a person's life, considering issues around health, emotional well-being, family life, employment, housing and education and other social aspects.

### 8.4.2 Guidance for Mandatory Experiences

### Write a Referral or Admission Letter

Involve the Student Doctor in the process of writing a referral letter for a patient who they have already seen, either by leading or observing a consultation.

Ideally, this could be done more than once during the placement, reflecting on then building upon the Student Doctor's previous attempts.

### Within the debrief consider:

- What was the aim of the referral? Was it for further investigation or assessment to establish a diagnosis? Was the likely diagnosis known and management advice needed, or a specific treatment being requested? Was it for reassurance for the patient/family or for the GP?
- Are letters written differently depending on the aim?
- Were there any other options rather than this referral? If so, why was this referral the preferred option?
- What makes a good referral letter?
  - Kings Fund Diagnosis and Referral
  - o GP online How to write GP referral letters article
- How much time can realistically be spent on the whole referral process of referral in primary care?
- What is the role of administrative teams in the referral process in your practice?

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• What safety netting was necessary around this referral? What advice was given to the patient if their condition worsened?

### Review a Discharge Letter and conduct a Medication Review

Review a discharge letter with the Student Doctor including the medication then involve the student in a consultation with the patient to review their post-discharge medication. He consultation could be face-to face, by telephone or video.

This Mandatory Experience could be supervised by any GP, Nurse, or a Clinical Pharmacist. It should subsequently be debriefed by a GP.

Again, ideally this could be done several times during a placement, examining a variety of discharge letters.

### Within the debrief consider:

- Who completed the discharge summary? How much of it is automated? What are the potential risks and benefits of these factors?
- How much useful information was included in the discharge letter? From a primary care
  perspective what else would it be useful to know and why?
- Were the requests for primary care reasonable? If not, why not and what should happen instead?
- Can you foresee any potential problems for the patient following this discharge?
- What changes were made to medication? Was it clear why?
- Where are the potentials for error in prescribing within primary and secondary care?
- What are the potential safety issues e.g. relating to polypharmacy, frailty? What monitoring is needed in primary care?
- What key learning points will the Student Doctor take forward for when they complete/sign-off discharge summaries as doctors?

### **Manage Prescription Queries and Repeat Prescriptions**

Explain the process of prescription management with the practice, including the role of reception and administrative staff. You could have the Student Doctor briefly observe both these areas. Then a GP should involve the Student Doctor in their usual work to sign repeat prescriptions and manage prescription queries.

Debrief may best be done later e.g. within a weekly Educational Supervisor Meeting.

### Within the debrief consider:

What common checks are made when signing prescriptions? Who makes these checks?

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- Where can GPs get advice if needed?
- Were there any issues relating to safety e.g. polypharmacy, drug monitoring, over/underuse of medication? How were these managed?
- Were there any requests for new medication to be started, either from patients or secondary care? Were there any issues with these requests? How were they managed?
- What is the role of Community Pharmacies relating to prescriptions in Primary Care?

### 8.4.3 Desired Student Experiences

These are additional experiences we would hope that our students **might** be able to access during their 3 week placement. We recognise that these may be more dependent on identification of suitable patients and therefore they are desired rather than mandatory.

Yea	Year 5 Desired Experiences		
1	Manage a request for a Fit Note		
2	Attend a practice or locality meeting, or an MDT		

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### 8.5 University of Liverpool Home Visits Policy

Home visits are a fundamental part of General Practice. They provide excellent learning opportunities for Student Doctors to see how medical problems can affect the functionality and quality of life of a patient.

### **Indemnity and Insurance**

The supervising clinical staff in a practice will have their own professional indemnity insurance which will indemnify them as the responsible clinician who is accompanying the Student Doctor to the home visit.

The Practice will have public and employers' liability insurance cover which should extend to Student Doctors while on placement at that practice and this will include cover for harm to Student Doctors while on practice business outside the practice premises.

### Student Doctors to attend Home visits with GP supervision only

Incidents of violence or aggression are rare in the community. However, visiting patients in their own homes as a lone Student Doctor exposes them to the potential risk of injury due to a violent patient or relative/pet, or of injury whilst travelling in the community. Therefore, we request that Student Doctors do not attend home visits on their own and are supervised by a GP tutor when attending a home visit.

Please consider whether the visit is suitable for a Student Doctor. A number of factors increase the risk of home visits, including type of accommodation, locality, history of alcohol, drugs or violence. Before every visit, the GP tutor/supervisor should ascertain the level of risk the Student Doctor would be exposed to during the visit when deciding if the visit is appropriate for them. The risk could be physical or psychological. High risk visits are not suitable for Student Doctors.

### **Home Visits during COVID 19**

As we have seen a reduction in case numbers and serious illness resulting from COVID-19 we would now encourage you to take student doctors on home visits. However, this may be subject to change depending on the ongoing situation, in which case we will advise student doctors and placements accordingly.

We would ask you to undertake a "risk-assessment" of all home visits before taking student doctors on them. This does not need to be formally documented but should consider the following:

- Ensure student doctor has been regularly self-testing using Lateral Flow Tests
- Vaccination status of both patient and student doctor
- Potential risk to vulnerable patients due to extra persons entering their home

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- Student doctors' personal levels of health risk due to COVID-19 and their level of concern
- Risk of exposure to COVID-19 during the Home Visit. How likely is it that any of the
  patient's symptoms could be due to COVID-19? Are any household members
  displaying symptoms of COVID-19? Student Doctors should NOT be exposed to
  cases of COVID-19.

Once the above have been considered, **patient consent must be obtained**. This should be done **before arriving at their home** in order to ensure that patients do not feel pressurised to give consent.

**Travel to and from the visit needs to be considered.** If student doctors are travelling in a clinician's vehicle then a suitable PPE facemask should be worn throughout travel. Consider whether social distancing guidelines can be properly observed e.g. distancing, minimising time within the vehicle and ensuring adequate ventilation. It may be appropriate for a student doctor to sit in the back seat of a vehicle or use their own transport where available.

**Minimise time spent in the patient's home** and ensure distancing and ventilation guidance is observed.



### 9. Educational Supervisor Requirements

The GP tutor will act as the Student Doctors' Educational Supervisor (ES) for their GP placement. The GP tutor/supervisor will be required to register with Liverpool School of Medicine in order to gain access to their Student Doctor's e-portfolio. For assistance please contact: <a href="mailto:mbchbep@liverpool.ac.uk">mbchbep@liverpool.ac.uk</a>

Student Doctors are required to meet **individually** with their Educational Supervisor on a weekly basis to discuss their progress and to ensure that they are achieving the learning outcomes of the placement.

### 9.1 First Education Supervisor meeting

- 1. To take place during week one of the placement. This is a one-to-one meeting and is estimated to take approximately 30 minutes.
- 2. Student Doctors must have uploaded all necessary information into their e-portfolio at least 48 hours before the meeting.
- 3. At the initial meeting you should:
  - a. Check that the Student Doctor has received an induction and is aware of how to access support and report concerns.
  - b. Ensure that the Student Doctor has received appropriate timetables and other information that they need for the placement.
  - c. Review the Student Doctors' e-portfolio to check their activity
  - d. Discuss the <u>Learning Outcomes</u> and Student Doctor-specific learning needs and how the Student Doctor will develop these over the placement.
  - e. Discuss the evidence that the Student Doctor needs to enter into their e-portfolio throughout the placement.
  - f. Record that the initial meeting has occurred on the relevant e-portfolio form (you will have been sent the e-portfolio Guide which will help you navigate the system. If you do not have a copy please email <a href="mailto:mbchbep@liv.ac.uk">mbchbep@liv.ac.uk</a>).

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### 9.2 Weekly Education Supervisor Meeting

You will meet your Student Doctors on a weekly basis during the placement. You will:

- a. Meet each Student Doctor for approximately 30-60 minutes weekly.
- b. Ensure that the Student Doctor reports on their activities and work diary for the previous week, including the number of sessions they have attended, number of patients seen, clinical skills, teaching sessions and they must be able to articulate the learning achieved during the week.
- c. Facilitate Student Doctor presentation of some cases they have seen if necessary.
- d. Sign-off any activities appropriate for the e-portfolio.
- e. Facilitate other discussions, educational activity and teaching as thought appropriate by the ES.
- f. Share your concerns about an individual Student Doctor with the GP placement coordinator if appropriate.

### 9.3 End of placement Education Supervisor Meeting

- 1. To take place at the end/during the final week of the placement. This is a one-to-one meeting and expected to take 30-60 minutes.
- 2. Student Doctors must have uploaded all necessary information into their e-portfolio at least 48 hours before the meeting.

### You will:

- a. Review the progress over the whole placement in relation to the curriculum and learning outcomes.
- b. Ensure that appropriate work has been completed and entered into the clinical workbooks. You should check that that a representative spread of work has been reported and that sign offs have been by appropriate clinicians.
- c. Fill in the end of placement assessment form within the e-portfolio (you will have been sent the e-portfolio Guide which will help you navigate the system. If you do not have a copy please email mbchbep@liv.ac.uk).

Inform the GP placement co-ordinator of any concerns

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# 10. E-portfolio Requirements

Throughout the MBChB programme the Student Doctors are required to record evidence of their learning in an electronic portfolio. Below is a summary of the types of evidence they require:

- Observed Examination (OE): the Student Doctor receiving feedback after being observed performing an examination.
- Acute Case Reports: the Student Doctor receiving feedback after the verbal presentation and discussion of a case that they have seen. These are to include the presentation of a history, examination, summary, differential diagnoses and the discussion of a management plan.
- Directly Observed Procedural Skills (DOPS): the Student Doctor receiving feedback after being observed performing a procedure. Recommended procedures include: venepuncture, IM/SC injection, NEWS2 recording, perform/interpret ECG, PEFR measurement\*, inhaler technique\*, dipstick urinalysis, speculum examination.

Student Doctors are required to obtain "recommended" and "minimum" number of forms for each placement. Minimum numbers are required for Student Doctors to progress to their next year of studies. Recommended numbers are considered to be an appropriate number for Student Doctors to adequately prepare for their OSCE examination and future practice as a junior doctor. Recommended numbers also act as guidance for Student Doctors aiming to achieve excellence and commendation forms. **These numbers are per Student Doctor.** 

First Educational Supervisor (ES) meeting	All fields completed by Student Doctor and Educational Supervisor in the e-portfolio.
Observed Examinations	Recommended number 3
	Minimum number 2
Acute Case Reports	Recommended number 8
	Minimum number 3
Directly Observed Procedural Skills	Demonstration of progress only (no minimum numbers for placement)
Mandatory Experiences	Student Doctor declaration in their e-portfolio that they have completed <b>all 3 experiences</b> . (See <u>Mandatory Experiences</u> section)
End of placement Educational Supervisor (ES) meeting	All fields completed by Student Doctor and Educational Supervisor in the e-portfolio.



For further information, please refer to the *Year 3 E-portfolio Requirements Document*, this will have been emailed to you.

\* Please Note: Although inhaler technique and PEFR measurement are Year 3 & 4 taught skills, we understand that Aerosol Generating Procedures (AGPs) are not currently being performed due to the COVID-19 situation. Should the pandemic situation change e.g. due to a vaccine, we will advise Student Doctors that they can start performing these procedures.

### 11. Community Clinical Teaching (CCT)

The Clinical Placements in 5th year are organised into a series of acute-themed placements, taking place in the Autumn and Spring Terms known as the "Acute Block", which includes their GP Placement. They have an Academic Week immediately before this block, one at the end of it prior to their exams, and a further Academic Week after their exams. One day of each Academic Week they have their CCT small-group teaching with a University GP Tutor. This has been a consistent part of Liverpool Medical School education for many years.

They will also receive a CCT session at the university each week during the GP Block, on the day when they are not in practice.

Therefore, there are a total of 3 CCT sessions within their GP Block and 3 further GP-related CCT sessions spread across the year. The teaching subjects will inform and complement their placement. The Learning Outcomes for these are included here for your information only, to inform your supervision of the students.

# Academic Week before starting Acute Block Why do Primary Care and Secondary Care work so differently? By the end of this session the Student Doctor will be able to: 1 Recognise the role of general practice in the providing economically effective healthcare. 2 Analyse the differences between consultations, availability of investigations and management between primary and secondary care. 3 Understand the leadership structures in place within general practice and how it currently fits within the NHS including CQC, CCGs, GP federations, purchaser-provider split.

Asse	CT Week 1. essing and managing acute illness in primary care ne end of each session the Student Doctor will be able to:
1	Demonstrate the process of clinical reasoning in triage, diagnosis and management of emergency presentations in a primary care setting and refer appropriately.
2	Understand the principals of admission avoidance and the services available in the community to prevent hospital admission and manage acute problems in primary care.
3	Construct a written referral letter to a colleague or health professional recognising the importance of effective written communication between primary, secondary and other health and social care providers.
4	Recognise the different settings patients use to seek medical advice in the community including GP surgery, WIC, minor injury unit, 111 and GPOOH.

# GP CCT Week 2. Managing the patient with medically unexplained symptoms in Primary Care By the end of each session the Student Doctor will be able to: Demonstrate the importance of identifying and addressing patients' ideas and concerns, psychological, behavioural and social factors during a consultation and incorporating them into a shared management plan in a patient with medically unexplained symptoms. Recognise the challenges of formulating a management plan for patients with medical unexplained symptoms and recognise the impact on the patient and society of over investigation, diagnosis, prescribing and medicalisation. Evaluate a case study of a patient with medically unexplained symptoms recognising the impact of seeking medical advice in acute and planned care settings.

Learn	GP CCT Week 3. Learning from patient complaints and clinical error in Primary Care By the end of each session the Student Doctor will be able to:			
1	Evaluate the clinical governance processes in place in primary care including significant event review and quality improvement.			
2	Recognise the impact of workload, emotional challenges, uncertainty and clinical error on mental well-being and clinical decision making.			
3	Demonstrate safe prescribing in the context of acute and chronic disease, multimorbidity, polypharmacy, frailty, pregnancy and breast feeding.			
4	Recognise the limitations of clinical guidelines and be able to adapt management to meet the patient's needs and communicate the relevant risks and benefits of starting medication to patients, family members or carers.			

Academic week 2 (after Acute Block, before Y5 assessment) Dealing with uncertainty in primary care By the end of each session the Student Doctor will be able to:		
1	Demonstrate cognitive strategies to deal with clinical uncertainly and risk and be able to communicate this effectively with patients.	
2	Recognise that disease can present at various stages in its natural history and apply this principal in the use of time as a diagnostic tool and management of risk.	
3	Demonstrate an awareness of the impact of their own physical and mental wellbeing on their health and clinical decision making.	

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Academic week 3 (after Y5 assessment) Caring for the vulnerable in the community. (Adult Safeguarding) By the end of each session the Student Doctor will be able to:		
1	Assess and manage adults, older people and other vulnerable groups who have been potential victims of abuse.	
2	Understand the indications for adult safeguarding referral and support provided in a community setting.	
3	Recognise the national and local statutory frameworks that govern adult safeguarding.	

If any GP tutors wish to have more information about the content, or would like to sit in on a session, they would be more than welcome. Please contact any of the <u>Clinical Contacts</u>.



### 12. Frequently Asked Questions

# How many appointments do I need to block out of my surgery to supervise the Student Doctors?

Student Doctor-led clinics: First and foremost, we are very happy for you to be flexible in how you arrange the Student Doctor surgeries. The model below is one suggestion which minimises the impact on available appointments:

Time	GP	Student Doctors
8.30	10 min appt	Arriving and Preparing
8.40	10 min appt	
8.50	10 min appt	
9.00	10min appt	1 <sup>st</sup> patient 30mins appt
9.10	10min appt	
9.20	Into Student Doctor room to review	
	case	
9.30	10min appt	2nd patient 30mins appt
9.40	10min appt	
9.50	Into Student Doctor room to review	
	case	
10.00	10min appt	3rd patient 30mins appt
10.10	10min appt	
10.20	Into Student Doctor room to review	
	case	
10.30	10min appt	4th patient 30mins appt
10.40	10min appt	
10.50	Into Student Doctor room to review	
	case	

This allows for 15 face to face consultations including 4 Student Doctor consultations. Further consultations including telephone consultations could be added after this. Please note that we ask for Student Doctors to consult independently with a minimum 12 patients across 3-4 sessions each week. This therefore works out at 3-4 Student Doctor consultations per session.

The Student Doctors do not need to be directly supervised when seeing patients. Direct supervision can be beneficial but students also greatly value having time to speak to a patient on their own. They must at least be "indirectly supervised" - consulting with the patient in their own room but then discussing the case with a clinician before the clinician reviews the patient.

Student Doctor sitting in with GP: It is important that Student Doctors have time to discuss cases and management plans and to examine patients in a supervised setting to get feedback on their clinical skills. We would recommend that in a 2 ½ hour GP surgery that at least three 10 minute slots are blocked to give time for this. Some practices will extend the surgery to account for this and thus maintain total appointment numbers.

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### Are the Student Doctors able to examine patients alone?

The Student Doctors are all DBS checked, are given advice regarding staying safe and know the professional standards that are required. In general, Student Doctors will see patients in pairs. If for any reason there is only one Student Doctor present at the practice then they can see patients and examine them alone, although should be made aware of the practice chaperone policy. Student Doctors should never conduct intimate examinations unsupervised. Student Doctors should not conduct acute home visits unsupervised. However, it is appropriate for them to see pre-arranged patients with chronic diseases, either at the surgery or at home in pairs, if the GP tutor feels this is appropriate. Consulting with patients in this way enables the Student Doctors to learn about specific chronic diseases and address the learning outcomes of the placement.

# Should I expect the Student Doctors to form a differential diagnosis and management plan?

We would hope Student Doctors should be able to present their GP tutor with a concise case summary, a likely diagnosis and a safe and appropriate management plan by the end of **4**<sup>th</sup> year. Therefore 5<sup>th</sup> year Student Doctors should be able to do this and as they progress through 5<sup>th</sup> year we would expect that their skills in this area become more sophisticated, taking into account wider perspectives when forming a management plan.

# Should the patients know they are seeing a Student Doctor when they book an appointment?

Each practice works differently and thus how patients are booked into the Student Doctors' appointments may vary, but patients must be aware that they are seeing a Student Doctor at the time of booking and again when they arrive for their appointment. This may mean that Student Doctor appointments are best managed directly by reception rather than online etc. It is useful to stress to patients that it will be a longer appointment, that they will see a Student Doctor first and then the GP will see them. It is still possible to have a mixture of pre-booked and urgent/on-the day patients for the Student Doctors.

### Can Student Doctors be involved in triage consultations?

Changes to how GP surgeries work should be incorporated into Student Doctors' experience on their placement. It can be very useful for Student Doctors to take an initial triage-style history from a patient before presenting it to a GP and discussing the management plan. The supervising GP should always make their own subsequent assessment of the patient, either by

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telephone, by bringing the patient into the practice, or home visit as appropriate. It is good learning for Student Doctors to be further involved in the assessment and management of patients that they "triage".

### What kind of cases should the Student Doctors see?

Year 5 Student Doctors should see a variety of all kinds of primary care cases in order to fully appreciate how a management plan is formed. This being part of their "Acute Block", they should certainly be involved in seeing acutely unwell patients, including complex situations where referral or admission is a consideration.

### Can the Student Doctors make entries in the clinical notes?

This is a decision for each individual practice. They should be discouraged from writing copious notes during their consultations to ensure their attention is on the patient and they keep their history focussed. It can be helpful for Student Doctors to take a couple of minutes at the end of the consultation before their GP Tutor joins them to structure their thoughts, decide on the key facts they wish to present and consider their differential diagnosis and management plan making brief appropriate notes on paper or on the computer system can help some Student Doctors with this process. If Student Doctors do make an entry in the notes then we would recommend that it is only in the form of freehand notes and not coded data. The supervising GP should always make their own entry in the notes after seeing the patient.

### What should my Student Doctors be doing in the middle of the day, between surgeries?

Student Doctors should be encouraged to be proactive during the middle of the day, reflecting on the cases they have seen, identifying their learning needs and addressing them via the various on-line resources available for them on via the University interactive portal. It would be appropriate for the Student Doctors to accompany GPs on home visits on at least some of the days they are at the practice or alternatively there may be appropriate patients with chronic diseases that the GP Tutor could arrange for them to visit (see previous guidance on home visits). Student Doctors should also be encouraged to prepare for afternoon consultations by reviewing patient notes in advance and this may help them to make the most of patient contacts.

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### Do the Student Doctors need their own password to log on to the clinical system?

Student Doctors should have access to the computer record for each patient they are seeing to help them prepare for the consultation. Whether they have their own individual log-in details (probably better for IG purposes) or a generic/locum log-in (probably easier to administer) is up to each individual practice.

### Are the Student Doctors competent to complete procedures?

The Student Doctors are still in training: they should not be regarded as competent in any procedure and must be supervised by a responsible clinician. They will have evidence in their e-portfolio of the procedures they have been taught in their clinical skills sessions. Student Doctors must also be directly supervised for all intimate examinations.

General practice provides a wealth of learning opportunities not always available in secondary care. Should there be a learning opportunity for a procedure which is not itemised in the clinical skills list the Student Doctor will be able to fill in additional DOPS forms to upload in their portfolio. We encourage Student Doctors to use the GP placement to practice clinical examination and clinical procedures.

### What should the Student Doctors wear?

Since 2017 all Student Doctors are provided with a medical scrub style uniform to wear while on placements. This is now mandatory for both primary and secondary care placements. We advise that they travel to and from placements in their own reasonably smart clothing, changing into/out of scrubs at the practice.

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### 13. Promoting and Recognising Quality in Placements

### 13.1 Monitoring the quality of GP placements and feedback to GP tutors

Feedback will be gathered electronically from all Student Doctors at the end of all clinical placements including their GP placement. This will be monitored and practices contacted if there are consistent issues raised regarding the quality of the placement. Practices will also be formally visited every 5 years in line with University policy, provided with a summary of Student Doctor feedback and given the opportunity to discuss any specific issues concerning placements. Practices are also required to complete an Annual Data Review at the end of the academic year.

### 13.2 Becoming an Honorary Lecturer of the University of Liverpool

We will be pleased to consider applications for Honorary Lecturer status. GP Tutors must have hosted Student Doctors for at least 3 years, attended teaching events and successfully completed Quality Assurance visit requirements. The benefits of this title include general access to University facilities such as libraries, computing and sports facilities. In addition, you will receive various University publications and invitations to degree ceremonies. Please contact Miss Vanessa Ahmetaj (V.Ahmetaj@liverpool.ac.uk) if you would like details of the application process.

### 13.3 Raising Concerns

The GMC identifies raising concerns as an important responsibility of doctors holding GMC registration. <a href="https://www.gmc-uk.org/ethical-guidance/ethical-guidance-for-doctors/raising-and-acting-on-concerns">https://www.gmc-uk.org/ethical-guidance/ethical-guidance-for-doctors/raising-and-acting-on-concerns</a>

It is important for Student Doctors to understand when a concern should be raised, how to do this and the importance of taking this action.

If Student Doctors have a significant concern regarding patient safety, Student Doctor safety, discrimination, harassment, undermining or bullying whilst on a clinical attachment they are advised to discuss this, where possible and if they are comfortable to do so, with their Educational Supervisor, GP tutor, named practice contact (as above in induction section), Academic Advisor or Health and Wellbeing department.

If Student Doctors feel that they cannot raise these issues directly with any of the individuals outlined above and/or have a continuing significant they are encouraged to report their concerns via the online <a href="Sharing Concerns form">Sharing Concerns form</a> for which they have been provided a link in their placement information and on their e-portfolio.

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This form can also be completed by GP tutors if there is concern regarding a Student Doctor. There is signposting advice on the form for professionalism, progress and wellbeing concerns. Any other concerns can be completed on the form.

The form will be reviewed within 2 working days. For more urgent concerns, Student Doctors are advised to report them immediately on site to the Hospital Sub-dean, Educational Supervisor or GP tutor, and if they are unable to do so, to contact the School of Medicine.

Sharing Concerns form - <a href="https://liverpool.onlinesurveys.ac.uk/sharing-concerns-form">https://liverpool.onlinesurveys.ac.uk/sharing-concerns-form</a>

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### 14. Student Doctor Performance

### 14.1 Student Doctor Commendation

The Commendation Form is for a Student Doctor to be recognised for when they have performed beyond expectations, including general clinical competence, research activity, organising activities (e.g., audit, patient groups), supporting other Student Doctors or members of the PHCT, dealing with unexpected events and leadership. Completed forms will be emailed to the Student Doctor who can upload into their E-portfolio under the 'prizes' section. Student Doctors who have received a commendation form will be recognised in the School Newsletter and the form will also nominate them for the General Practice Student Doctor Placement prize.

The Student Doctor commendation can be found in <u>Appendix B</u>. Please email the competed form to <u>wellbeing.mbchb@liverpool.ac.uk</u>. Alternatively you can <u>submit this form online</u> via the <u>GPORT website</u>.

### 14.2 General Practice Student Doctor Placement Prize

The General Practice Student Doctor Placement Prize is open to all 3<sup>rd</sup>, 4th and 5<sup>th</sup> year Student Doctors with an award of £150 and a RCGP/University of Liverpool certificate and an invitation to the Mersey RCGP Annual dinner and awards meeting.

Student Doctors that have performed exceptionally on their General Practice placement should be nominated by their GP Tutor, via the Commendation Form

All nominated Student Doctors will be informed in June 2019 that they have been nominated and thus have the opportunity to write a 500 word essay on an aspect of their GP Placement which will be judged by a panel of GP Tutors/Community Clinical Teachers to award the prize.

Please do remember that this is for exceptional and excellent performance well above what would be expected from even a good Student Doctor and thus we would not expect a nomination from every GP Tutor each year.

### 14.3 Absences and concerns

Please let us know if a Student Doctor misses a session, even if it has been pre-arranged or for illness.

Send absence reports for Year 5 Student Doctors to Vanessa Ahmetaj <u>yr5gp@liverpool.ac.uk</u>

Please report all concerns about a Student Doctor, however small, using the Measuring Professionalism Form in Appendix C. This may be regarding issues of punctuality, attitude, approach to patients, engagement with the tutorial and any other issues that you feel may need

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addressing. The concern system is in place for us to identify Student Doctors with problems or requiring support early and thus we encourage all tutors to report even minor issues so that we can ensure we pick up on recurrent themes as soon as possible.



### 15. Invoicing details and payment

Remuneration is £140 per Student Doctor per day, therefore £1,470 per student per 3-week block.

When sending us your invoice (see Appendix A), please ensure the following so that your payment is not delayed:

- The signed Service Contract has been returned to us (we cannot make payment without this)
- The invoice has been transferred onto practice letter headed paper
- The invoice is addressed to The University of Liverpool and should be sent via email to invoices@liverpool.ac.uk
- You have included a date, invoice number and Purchase Order number. The purchase order number is provided by the University and will be quoted on the student allocation email for each block.
- You have copied the appropriate invoice that relates to the Student Doctor year in question (we are happy to accept your invoices immediately after the relevant block starts.)
- Please submit a separate invoice for each block stating the name of the Student Doctors and selecting the block/period they attended.

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### 16. Appendix A – Invoice

Example Invoice – Important: Please copy onto practice headed paper and email your invoice to:

invoices@liverpool.ac.uk

The University of Liverpool

**Community Studies** 

The School of Medicine

Purchase Order Number: HLS/

Invoice number:

Date:

5th Year GP Placement Invoice (please tick the box alongside the relevant block)

Block 1	w/c 27/09/2021	
Block 2	w/c 18/10/2021	
Block 3	w/c 08/11/2021	
Block 4	w/c 29/11/2021	
Block 5	w/c 05/01/2022	
Block 6	w/c 24/01/2022	

Name of Student Doctor: £1,470

Total to be paid £1,470

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# 17. Appendix B - Nomination for Commendation Form

This Commendation Form is for a Student Doctor to be considered for recognition for activities where s/he has performed beyond expectations, including but not limited to clinical skills, research activity, organising activities, helping others, dealing with unexpected events, leadership.

Completed forms to be emailed to the School of Medicine team for review and then a decision will be made on awarding a commendation to the Student Doctor. Those Student Doctors awarded a commendation will be informed by email. Student Doctors can then upload this into their e-portfolio under the 'prizes' section. Student Doctors who have received a commendation form will be included in the Student Newsletter, and we will offer a prize for a Student Doctor who is judged to have been outstanding.

You can also submit this form online via the GPORT website.

Reason for Nomination	for Commendation:	
Description:		
Name /Title of Person C	Completing Nomination for Comme	ndation Form:
Signature:	Date:	
Please email completed f	form to wellbeing.mbchb@liverpool.ad	<u>c.uk</u>

Student number (if available):

Name of Student Doctor:

Last updated: 14 October 2021 Due for review: May 2022 Year.





# 18. Appendix C - Measuring Professionalism concerns form

		Student First name:		Student Surname:	Yea gro	
Concern		Please tick	Concern		Please tick	
Inappropriate attitude or behaviour			Failure to demonstrate good medical practice			
Lack of engagement (also including attendance, timekeeping, appropriate dress & cleanliness)			Mis-use of social media			
Neglect of administrative tasks			Breach of confidentiality includes data governance			
Failing to answer or respond to communications			Misleading patients about their care or treatment			
Challenging behaviour towards clinical teachers			Culpable involvement in a failure to obtain proper consent from a patient			
Unwillingness to learn from constructive feedback given by others & includes failure to accept and follow educational advice			Sexual, racial or other forms of harassment or bullying			
Being rude to patients, colleagues or others			Inappropriate examinations or failure to keep appropriate boundaries in behaviour			
Poor time management skills including punctuality			Unlawful discrimination			
Cheating or plagiarising			Drug or alcohol misuse			
Cheating in ex	aminations			Driving under the influence of alcohol or drugs		
Signing absen	t peers into taug	ht sessions		Abusing prescription medication		
Sharing content regarded as confidential to the examination process with others			Alcohol consumption that affects work / performance			
Sharing knowledge of university admission processes or teaching content for financial gain			Dealing, possessing, supply	ing or misusing drugs		
gairi						
Plagiarising / F as own	Passing off the w			Excessive misuse of alcohol		
Plagiarising / F as own	Passing off the w			Excessive misuse of alcohol		
Plagiarising / F as own	or conviction (s			Aggressive, violent, threat sexual misconduct		
Plagiarising / F as own <b>Any caution c</b>	or conviction (s			Aggressive, violent, threat		
Plagiarising / Fas own  Any caution of the comment	or conviction (s			Aggressive, violent, threat		
Plagiarising / Fas own  Any caution of the plant of the p	or conviction (s	pecify below)		Aggressive, violent, threat sexual misconduct Assault		
Plagiarising / Fas own  Any caution of the plant of the p	or conviction (sports)  r Fraud  earch  ancial fraud	documents		Aggressive, violent, threat sexual misconduct Assault Physical Violence		
Plagiarising / Fas own  Any caution of the plant of the p	r Fraud earch ancial fraud ulent CVs/ other are relevant misc	documents		Aggressive, violent, threat sexual misconduct Assault Physical Violence Bullying		
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Plagiarising / Fas own  Any caution of the plant of the p	earch lancial fraud ulent CVs/ other are relevant misc to Medical School tion of qualification ling or misrepres (e.g. blood-borne atures  rns, insight and cappropriate trea with detrimental in the medical school bow medical advice ply with reasona	documents conduct or ol / University ons entation of eviruses)  management atment or advice npact on patient ol / university of and during stud e or care plans, ble adjustments	s of studie a serious lies) or comply to ensure	Aggressive, violent, threat sexual misconduct Assault Physical Violence Bullying Harassment Stalking Online bullying or trolling Sexual misconduct  Independent and appropriately semiconduct or the second service of the second second second service of the second se	qualified healthcare	
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### Reporting Professionalism concerns

If you have a concern about the professional behaviours or attitudes of a Student Doctor from the University of Liverpool we ask that you record these on this form. This ensures that we are able to monitor instances where Student Doctors are not behaving in a way which demonstrates professional values, and this reporting mechanism is aligned with the GMC requirements set out in Achieving Good Medical Practice. Please note that concerns about attendance should be reported via the attendance monitoring system, and records of late work should be recorded via the Student Doctors' e-portfolio.

Please complete the form overleaf to indicate the nature of the concern(s) you wish to be recorded. Please use the box below to give details of the incident(s) you are reporting. The School of Medicine strongly recommend that this is discussed with the Student Doctor prior to submission of the form.

# Please tick one or more of the boxes overleaf and then give more detail below. Please indicate where categories are Not Applicable

Context / Loc	cation of							
reported inci	dent							
Impact on pa								
illipact oil pa	llients							
Impact on sta	aff							
Relevant	quotes							
from staff inv								
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Is this inciden								
or recurrent a	at time of							
reporting?								
Any other int	eraction							
with Student								
to be noted	L DOULD!							
	<b>-</b>	46-4	the Otyphent De	stan account of the namenting of the				
Please tick to confirm that you have made the Student Doctor aware of the reporting of the								
professionalism concerns and the exact reason(s) for referral):□								
If this has not been discussed with the Student Doctor, please explain why:								
·······, pp···.,								
Your details (Electronic signatures are acceptable)								
Tour details (I	Liectionic	signatures are accepti	abie)					
N1			<b>–</b>	T				
Name:			E-mail:					
Signature			Date					
_								
Tallan Alala mu	- <b>f</b> l	liana famus.						

### To log this professionalism form:

Please return directly to <a href="mailto:progress.mbchb@liverpool.ac.uk">progress.mbchb@liverpool.ac.uk</a> or MBChB Office, 2<sup>nd</sup> Floor, Cedar House, Liverpool, L69 3GE

Please note that a professionalism concern is not logged on a Student Doctor record until you have had an email from <a href="mailto:progress.mbchb@liverpool.ac.uk">progress.mbchb@liverpool.ac.uk</a> confirming this has been done.

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