

**Prof Anthony Kendrick BSc MB BS MD FRCGP FRCPsych (hon) FHEA Professor of Primary Care, Dept. of Primary Care, Population Sciences & Medical Education at the University of Southampton**

Tony Kendrick is Professor of Primary Care within Medicine at the University of Southampton.

His research over 30 years has addressed the management of common and costly mental health problems in primary care, and has been influential in changing the management of schizophrenia and depression in primary care.

He has over 250 publications including more than 160 peer-reviewed articles, six books, 32 book chapters, and 45 other publications. He was awarded his MD at St George's Hospital Medical School in 1996, writing his doctoral thesis on a randomised controlled trial of teaching general practitioners to carry out structured assessments of their long-term mentally ill patients, funded by a four year half time Mental Health Foundation research training fellowship.

He then moved to Southampton and carried out a number of multicentre randomised controlled trials, as well as observational and qualitative studies, on treatments and health service developments in primary care, mainly for depression and anxiety, but also for eating disorders, bereavement, carers' health, and multimorbidity, through his PhD students' work.

His work has had significant impact on clinical practice through its support for the development of NICE guidelines on depression and performance indicators in the UK GP contract quality and outcomes framework (QOF), which improved the GP assessment of psychosis and depression.

He has an international reputation in research having collaborated directly with colleagues in Australia, New Zealand, the USA, Canada, and the Netherlands. He has given invited plenary presentations at conferences organised by the World Organisation of Family Doctors, World Psychiatry Association, and the North American Primary Care Research Group.

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His most recent research tested techniques for primary care practitioners to use to (i) assess the needs of people with depressive symptoms, so that they can quickly target treatments to those who most need them, and (ii) help people come off long-term antidepressants when appropriate, with Internet and psychologist support. Both proved effective in improving patients' wellbeing at low cost.

He was elected to Fellowship of the Royal College of General Practitioners in 1997 and to Honorary Fellowship of the Royal College of Psychiatrists in 2001, in recognition of his research into primary care mental health. He was awarded the RCGP President's Medal for his research in 2009. He has also received three first prizes for books on primary care from the BMA.

**THE ORIGINAL**

**REDBRICK**

