

Ben Sacarello (BA Geography)

Camp America

1. Where did you go?

I found my work through **Camp America**. I worked on Camp Winadu, Just outside Pittsfield, **Massachusetts**. I then went travelling in New York, California, Arizona and Nevada.

2. What did you do?

My primary role involved **sailing instructing**, life guarding and Canoeing/Kayaking Instructor. Outside of this **I looked after a group of 8 6-7 year olds**, which included making sure they ate, slept, got changed and had fun.

3. What was the highlight of the trip?

The highlight of my trip was **meeting great people from all corners of the world who i** intend on visiting in the coming years.

4. What do you feel you learnt from this experience?

I feel that my confidence to be able to travel and take on work outside of my comfort zone independently was significantly improved. I also learnt valuable life lessons and techniques for working with children.

5. How did the experience helped enhance your employability?

The experience has boosted my employability because it **exposed me to further challenges that require leadership, time and personnel organisation management skills** and tested both my mental and physical limits in a work environment.

6. Any downsides?

Working away from home definitely exposes some downsides, including the fact that **pay is** often far lower than if you stay in the UK, although it was not a problem for me many coworkers struggled with home-sickness and many people struggled to maintain the motivation to continue challenging work without sufficient downtime as you would get at home.