

# TOP 5 TIPS

## Supporting the career development of researchers – how can we implement a supportive research environment?



### CREATE A SUPPORTIVE AND INCLUSIVE RESEARCH CULTURE

Help create a supportive, fair and inclusive research culture and be a supportive colleague.



### CREATE CONDITIONS THAT RECOGNISE AND VALUE RESEARCHER CONTRIBUTIONS

Positively engage with performance management discussions and reviews, and act on your role as a key stakeholder within your institution and the wider academic community.



### PROMOTE A HEALTHY WORKING ENVIRONMENT

Take positive action towards maintaining your wellbeing and mental health.



### TAKE OWNERSHIP OF YOUR CAREER

Identify opportunities to work towards your career goals, positively engage in career development reviews and consider opportunities to develop your awareness and experience of the wider research system.



### IMPLEMENT THE RESEARCHER DEVELOPMENT CONCORDAT PRINCIPLES

We believe that if all parties work together to ensure effective implementation of the Principles, all UK researchers will be working in healthy and supportive research environments within a decade.