

TOP 5 TIPS

The talented Dr Postdoc: A skills celebration



PAUSE

Take a moment to really appreciate the breadth of experience you have gained as a postdoc.



BREAK IT DOWN

Take an example (could be a routine task you do, or a job ad) and break it down into its individual parts, what skills are needed to accomplish it? Make a list.



EXEMPLIFY

What are the best examples you can give that best show off the full range of your skills?



JARGON – CHECK IT

When you talk about your skills and give examples, can you do this without using very specialist language? Would everyone be able to understand what you're describing?



SELL IT

Are you being too modest? You've got a great bunch of skills, do them and yourself justice.