



**Sports and
Fitness centre**

0151 794 3307
sfc@liverpool.ac.uk

**Campus
Support:**
0151 794 2222

**Human
Resources**
0151 794 6771
hr@liverpool.ac.uk

**Student
Services:**
0151 794 5863
advice@liverpool.ac.uk
counserv@liverpool.ac.uk

**Liverpool
Guild of Students:**
0151 794 6868
guildadvice@liv.ac.uk

**Student
Health Centre:**
0151 285 4578
brownlowhealth.co.uk



Wellbeing Map



Key

Welcome to the University of Liverpool Wellbeing Map

Your health and wellbeing is a priority and we would like to show you the opportunities that are available. This map covers two campuses (Liverpool and Leahurst) and contains information on places to **Be Active**, places to **Connect**, places for **Support**, places to **Take Time Out** and places to **Eat Well**. This map is available for all students and staff. Please pay attention to ‘All Students (Undergraduate and Postgraduate) only’ facilities.

Be Active



- 1 **Sports and Fitness Centre**
Swimming Pool
Squash Courts
Fitness Classes
Shower Facilities available for cyclists
- 2 **Walking for Health Meeting Points**
- 3 **The Guild LivCycle and BIKIOSK schemes ***
- 4 **Leahurst Campus Front Lawn**
- 5 **Leahurst Shower Facilities**

Connect



- 6 **Quiet Study Spaces ***
- 7 **Group Study spaces ***
- 8 **Muslim Prayer Room**
- 9 **Chaplaincy Office**
- 10 **Confucius Institute – Chinese Cultural Centre**
- 11 **Green Guild**
The Guild Roof Garden and Beekeeping
Aquaponics
- 12 **The Guild ***
Guild Societies
Give it a Go Programme (volunteering)
- 13 **Connect and Explore Zone, Career Studio**
- 14 **Leahurst House Common Room**

Support



- 15 **Student Services ***
Student Welfare Advice and Guidance *
Disability Advice and Guidance *
International Advice and Guidance *
Money Advice *
Counselling Service and Mental Health Advisory Service *
- 16 **Counselling Service – Oxford Street ***
- 17 **Careers and Employability ***
- 18 **Guild Advice and Support ***
- 19 **Human Resources**
- 20 **Computer Services Building**
- 21 **Student Administration Centre ***
- 22 **Liverpool Doctoral College**
- 23 **Library Services**
- 24 **University of Liverpool Children’s Centre Nursey**
- 25 **English Language Centre**
- 26 **Occupational Health**
- 27 **Student Health Centre ***
- 28 **Brownlow Health**
- 29 **Student Accommodation Office (Crown Place) ***
- 30 **Liverpool Student Homes ***

Take time out



- 31 **Greenbank Student Village ***
- 32 **The Liverpool Guild of Students**
- 33 **Victoria Gallery and Museum**
- 34 **Garstang Museum**
- 35 **Augustus John Pub**
- 36 **Blackwell’s Bookshop**
- 37 **Leahurst Bar**

Eat Well



- 38 **Café’s**
- 39 **Local Shops**
- 40 **The Guild**
The Court Yard
Starbucks
The Sphinx
- 41 **Leahurst Café**

*All Students (Undergraduate and Postgraduate) only

LEAHURST CAMPUS

-  Be Active
-  Connect
-  Support
-  Take time out
-  Eat Well

←    
 Liverpool City Centre
 Lime Street Station
 Buses and Shops
 10 min

NORTH CAMPUS



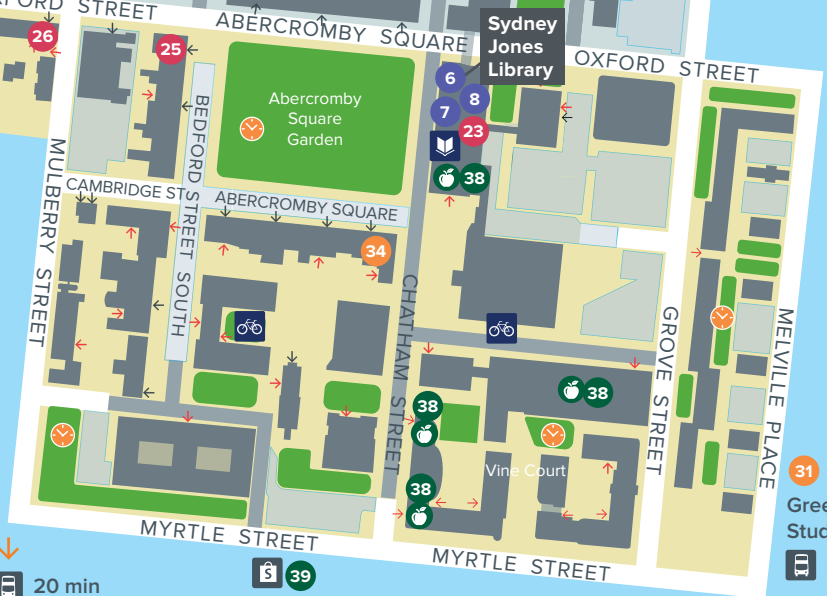
Ness Botanic Gardens →

CENTRAL CAMPUS



↗  
 City Centre
 Buses and Shops
 10 min






SOUTH CAMPUS



↓ Sefton Park  20 min
 Princess Park  25 min

 39 Local Shops

↘ Crown Street Park  11 min

- Building entrance
- Accessible entrance
-  Secure cycle parking
-  Buses
-  Library
-  Local shops
-  Cafe's
- Civic directions