

In the face of the COVID-19 crisis NHS staff and hospitals as organisations will need to show leadership across levels – individually and collectively.

THE SCIENCE

Based on decades of research studying critical incidents and crises and their impact on individuals and organisations across sectors we have identified several important issues that can support Impactful Leadership. These include:

- **Reflexivity and Critique** – assesses the impact and not only intentions of action choices.
- **Sensuousness** – provides balance despite being at the edge of chaos – heightens *Attentiveness, Alertness, Awareness, Appreciation* creates *Alignment and Activates* our capacity for *Anticipation* enhancing *Agility*.
- **Impactful Leading** – places the common good as the ‘golden mean’ and draws on *Impulses* (energy vibrations) to heighten coming to our senses.
- **Leadership** promotes human dignity and a foundation for liberating humanity rising to the occasion of leading impactfully.

We are all human beings not all of which will grow to become human because we forgot what being human means!

Antonacopoulou, E.P. (2018) Energising Critique in Action and in Learning. The GNOSIS 4R Framework. *Action Learning: Research and Practice*. 15(2): 102-125

Antonacopoulou, E.P. (2019) Sensuous Learning for Individuals, Communities and Organisations. In E.P. Antonacopoulou and S.S. Taylor, (Eds) *Sensuous Learning for Practical Judgment in Professional Practice: Volume 2: Arts-based Interventions*. London: 15-46. Palgrave Macmillan.

