Sciences

tworking.

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research connections via

Managing Your Researc

Maximisina success at

Using online researcher

of academia

NOVEMBER 2025

Liverpool will host 'WriteFest'

and events designed to support and enhance your writing practice. Details will be published in October.

PGR Writing retreat

series of sessions, workshops

Throughout Novembe

8



14 MAY: 10:00-11:30

How to publish your

Understand the steps

Lunch & Learn

needed to turn your thesis

Communicating Your Research

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into a publishable book.

Welcome to the PGR **Development Programme** for 2025- 2026.

Sessions between September and December can be booked from September 2025. Sessions between January and June 2026 can be booked from December 2025. Follow the weblinks to secure your place.



Themes

Your Research

Wellbeina

Future Careers

Researcher Development Framework

Leadership

Writing

Managing Your



Personal and professional values and beha Development-focused • Strategic • Organised Curious • Collaborative • Adaptable • Reflexive Motivated • Responsible

■ Knowledge and skills to undertake research

■ Knowledge and practice Subject knowledge • Research methods • Information and data literacy . Digital and technological capabilities Critical thinking and analysis • Creativity

■ Research management
Funding and finance • Project management Risk management • Open research

Research integrity and ethics ■ Engagement and impact

Knowledge exchange and public engagemen Teaching and learning

Research Communities

■ Knowledge and skills to engage and work

with others Research culture • Teamworking • Leadership Supervision and people management Coaching and mentoring • Networking

SEPTEMBER 2025

review in STEM journals

An overview of the full publishing and reviewer process, author responsibilities and how to respond to peer review feedback.

Writing

Viva preparation in

Science & Engineering This session demystifies the viva process and helps you

prepare for your viva exam Managina Your Research

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Viva preparation i **Humanities & Social** Sciences

viva process and helps you prepare for your viva exam

Managing Your Research

Viva preparation in Health & Life Sciences

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This session demystifies the viva process and helps you prepare for your viva exam with confidence.

Manaaina Your Research \$ ₱

Uncovering your skills for now and whatever is next

Find out how to prepare for post PhD life by the Prosper team! Future Careers

8

OCTOBER 2025

Procrastination, perfectionism, & burnout

Delve into the causes and forms of these common challenges – and learn how to manage them.

8

Developing effective research practic mid-stage PGRs ractices for

Strengthen your research entum as you shift into the mid-stage of your PhD.

Managing Your Research

区 06 OCTOBER: 09:30-17:00

PGR Writing retreat

Make progress with you writing in a focused, supportive, Writing

Writing journal articles for PGRs

Critical session covering essentials of producing

LinkedIn masterclass

An online session to help you get the most out of LinkedIn

Future Careers Communicating Your Research **©** 区

Presenting at

conference Join this session to sharper our conference skills and nake your next presentatio

a resounding success! 8

ß Communicating Your Research 8

Demystifying the post PhD careers

Find out how to showcase vour PhD transferable skills and prepare for interviews

Future Careers 区

Deep work ---Learn habits and techniques to help you work deeply and

Managing Your Research Ø

Lunch & Learn

Managing Your Research

Managing uncertainty

unpredictability of your

Managing the 1st year of your PhD in Humanities &

our time and your project

search journey

Social Sciences

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Make progress with your Managing the 1st year writing in a focused, supportive, distraction-free environment. of your PhD in Scie Engineering Learn how to manage £ your time and your project effectively and build key research connections vi

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The mechanics of

of strong academic writing. £

CV masterclass

earn how to write and ilor CVs for both aca Future Careers

Managing Your Research Future Careers 8 ß

career

Developing effective writing habits Build effective writing habits to support your research.

DECEMBER 2025

of thesis writing, including planning techniques, appropriate writing style, and writing to completion.

your time and your project

Managing Your Research Z

Academic writing for mid-stage PGRs

Deepen your understanding of mic writing and develop good writing practices. Writing

Join us to find out more

about Public imoact - what

it is, why it matters, and how

Academic cover letters

Consider how to craft a

project planning techniques

and how to use them.

Managing Your Researc

Discover the essentials of

what you need to plan fo a successful career as a

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Writing journal articles for PGRs

essentials of producing impactful research papers for PGRs.

区 Relaxation & meditation

Experience guided techniques to help you relax, reduce stress, and cultivate calm.

Lunch & Learn

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Planning to finish, finishing to plan

Plan effectively to finish your PhD on time and with 区

JANUARY 2026

12 JANUARY: 09:00-12:00 💮 LEAP interactive workshop

For succesful applicants only **€**

LEAP interactive workshop

For succesful applicants only **503**

For succesful applicants only **(**

27 JANUARY: 14:00-15:45 Viva preparation in Science & Engineering

This session demystifies the The PGR-supervisor viva process and helps you prepare for your viva exam relationship

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Managing Your Research

Developing effective

for mid-stage PGRs

29 JANUARY: 10:00-11:45

Viva peparation in Humanities & Social

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Develop a positive and Managing Your Research

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PGR Writing retreat Strengthen your rese Make progress with you the mid-stage of your PhD. Managing Your Researc

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Developing effective writing habits

This session demystifies the Build effective writing habits support your research

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Managing Your Research 区

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Sciences

FEBRUARY 2026

PGR Writing retreat

Make progress with your writing in a focused, supportive, distraction-free

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Viva preparation in Health & Life Sciences viva process and helps you prepare for your viva exam

with confidence. Managing Your Rese Ø

Managing the 1st year of your research degree ----

Learn how to manage your time and your project effectively and build key research connections via

Managing Your Research

An introduction to 3MT competition

____ An Introduction to the 2026

Lunch & Learn

Academic writing for mid-stage PGRs Deepen your understanding of nic writing and develop good writing practices

ß Introduction to project planning for PGRs

Introduction to essentia Managing Your Research

for late-stage PGRs Explore the practicalitie of thesis writing, including planning techniques,

Thesis bootcamp

appropriate writing style, and riting to completio B

Writing journal articles for PGRs ...

Critical session covering essentials of producing impactful research papers or PGRs. Writing

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Writing impactful academic abstracts Explore the critical role that abstracts play in academi

8

The PGR-supervisor

effective working relationship with your supervisor.

A TBC

PGR Writing retreat ...

MARCH 2026

Make progress with your writing in a focused, supportive, distraction-free

Collaboration is an essentia

CV masterclass Powerful posters

tailor CVs for both academic and industry

Future Careers ß

Academic cover letters Having difficult cover letter for various academic positions. prepare for and conduct the types of 'challenging'

©

Future Careers

Lunch & Learn

Recognising and tackling Procrastination perfectionism. & burnout Challenges

8

winning poster and maxi

conversations you con

Imposter feelings &

your research community.

APRIL 2026

self-confidence

Challenges

challenges – and learn how

Maximising success at Challenges academic conferences 8 Learn how to network at conferences and maintain meaningful connections in

Developing effective writing habits Build effective writing habits to support your research. Writing

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Help! They're asking for a Narrative CV PGR Writing retreat A practical workshop that Make progress with your will demystify narrative CVs writing in a focused, supportive, distraction-free and help you develop your environment.

Communicating Your Research £ Future Careers

Ø 3MT competition drop-in Using creativity in

Writing

problem solving Drop in sess Develop creative thinking techniques in the cont of research.

Presenting without fear ß Find out how to deliver an impactful presentation whilst overcoming fear of presenting! Publishing in high impact journal for postgr

8 ----An overview for PGRs of how high-profile science journals work and how to write to Maximising success at academic conferences (practical session)

> Practice networking fo conferences and events Communicating Your Research

Developing effective writing habits Build effective writing habits to support your res Writing

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to help you work deeply and Managing Your Research

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Plan effectively to finish your PhD on time and with

Varied

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Future Careers

MAY 2026

06 MAY: 10:00-11:00

Handling rejection

PGR Writing retreat

Make progress with your

supportive, distraction-free environment.

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Challenges

Writing

tools for PGRs

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This session looks at how

o build yourself back up and

ove forward in the face

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up during your research for

CVs and job interviews

The mechanics of academic writing

Explore the building blocks of strong academic writing. Writing

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Translating your research & leadership skills you identify and translate the unique skills vou have built

prepare for your viva exam with confidence Managing Your Research A ■

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Viva preparation in This session demystifies the

Managing Your Research **€**

9 JUNE: 09:00-17:00 ----Watch our nine 3MT finalists 区 battle it out to decide this

vear's overall winner of the Communicating Your Research 3MT Final























Ø research

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how to work successfully as part of research teams as a ostgraduate researcher

Three Minute Thesis (3MT): Short talk, lasting

> engaging, informative and orable presentations possible with this workshop

Communicating Your Research

Equipping you with tools to

across in a research context

JUNE 2026 09 APRIL: 10:00-12:00 Plannina to finish. finishing to plan PGR Writing retreat

Make progress with your writing in a focused, supportive, distraction-free Managina Your Research environment. Ø 8 Writing

Lunch & Learn Viva preparation in Science & Engineering

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This session demystifies the viva process and helps you prepare for your viva exam with confidence. Managing Your Research

Viva preparation in **Humanities & Social** Sciences

viva process and helps you

viva process and helps you prepare for your viva exam with confidence.

3MT competition 2026







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23 OCTOBER: 10:00-11:30 Managing the 1st year of your PhD in Health & Life Thesis writing bootca

for late-stage PGRs ----Explore the practicalities

ß Managing the 1st year of your PhD

Learn how to network at conferences and maintain effectively and build key meaningful connections in research connections via networkina.

Communicating Your Research ß 8

____ ----Learn about the importance of your professional digital presence and how to enhan your visibility and impact in

区 Engagement for impact The hidden knowledge

you can get involved with your own research! cademic world. Communicating Your Research ß

> cover letter for various academic positions. Future Careers

Introduction to project planning for PGRs

Ø Understanding and planning for a research

LEAP interactive workshop

to enter and how to prepare vour entry!

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of your professional digital presence and how to enhance your visibility and impact in

Learn about the importance



