

HOW TO IMPROVE YOUR **LISTENING** SKILLS

What you could do	Practical examples
Listen to material that interests you	Listen to material related to your hobbies, job, and areas of interest. Listen to and watch music, films, TV series, and radio programmes that you enjoy.
Use subtitles or transcripts to support your listening	Watch films or TV with the foreign-language subtitles enabled if necessary. Check your understanding of a radio programme by using a transcript (if available).
Be prepared	Stay up to date by listening to news coverage of international events. Think what vocabulary will be needed and prepare vocabulary lists in advance.
Listen actively	Make a list of new words and phrases when you encounter them in your listening.
Listen to everyday language	Listen to colloquial spoken language. Ask the Language Lounge to help you find a conversation partner.
Focus on context, not just the words	Use clues to help you understand: your knowledge of the subject, context, gestures, facial expressions, words you already know, intonation, etc.
Listen more than once	Listen once for a broad understanding, and then listen again to pick out specific words or phrases.

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