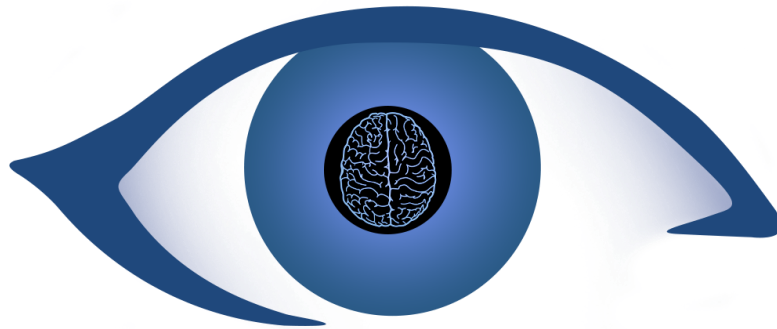


VISION



Vision, Orthoptic and Brain Injury
Research Unit

Visual Impairment Activity Book 1

This booklet contains some scanning exercises as well as puzzles which will help you to practice scanning.

If you are finding particular puzzles difficult these are the ones that you need to practice.

There are only a one or two of each type of puzzle to help you decide which you like the most and which would be most useful for your rehabilitation.

Word Search

S	B	Z	B	B	P	L	Z	X	D	A	Y	M	B
R	A	Q	L	R	P	E	A	C	H	L	D	C	L
M	N	R	A	S	J	G	H	C	O	E	P	I	U
H	A	I	C	H	L	R	O	R	A	N	G	E	E
R	N	W	K	R	T	A	S	H	J	E	S	W	B
S	A	L	B	Y	F	S	G	M	D	P	T	U	E
K	T	N	E	O	N	P	W	N	L	U	R	L	R
E	R	Y	R	U	E	B	T	F	D	A	A	F	R
P	E	A	R	B	L	E	M	O	N	P	W	M	Y
T	K	S	Y	T	L	R	D	E	I	P	B	D	C
N	I	P	L	U	M	R	U	R	R	L	E	S	P
R	W	C	T	Y	D	Y	L	I	M	E	R	X	F
P	I	R	U	H	R	N	S	W	T	M	R	T	H
E	W	A	T	E	R	M	E	L	O	N	Y	M	S

Blueberry

Lime

Banana

Watermelon

Pear

Lemon

Strawberry

Blackberry

Kiwi

Orange

Peach

Apple

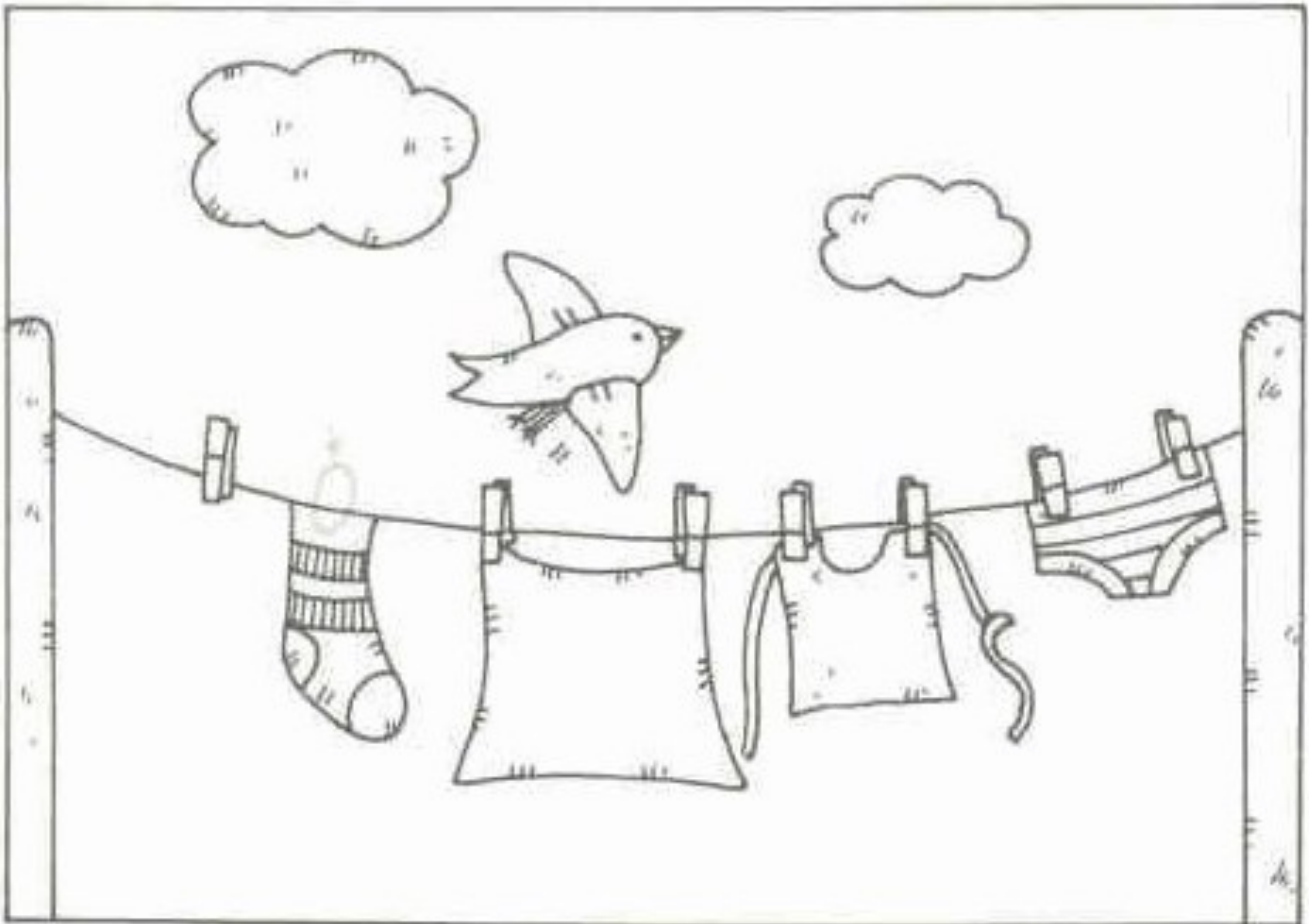
Plum

Word Search

G I B R A L T A R M L O H K C O T S
S A N M A R I N O O N I C O S I A K
B E R G A Z K S N I M E S V B R I O
E U I M O I C D A N D O R R A V G P
R G K U E O O S O I F T A J A D R J
L A N V W N I B N I S T E J T D U E
I R I C O R S B A E I V K V T U O Z
N P S S A I U T P S O Y B I E B B D
R N L P L R I A A L L E V A L L L M I
O O E T G R D A A N R E B K N L I E R
M E H H A U V I E N N A U I A N X D
E L B N B A R U F R I G A U V S U A
A N A J L B U J L F F W A R S A W L M

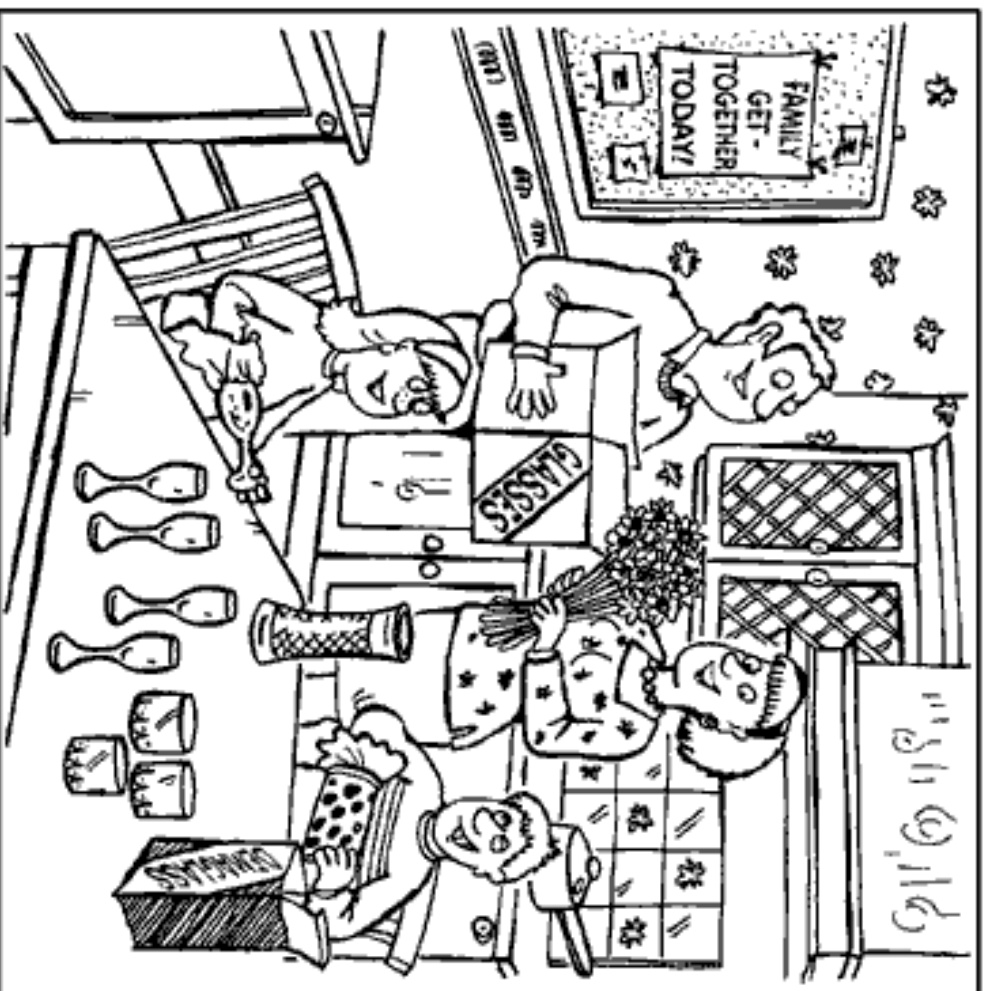
Andorra	Bratislava	Edinburgh	Lisbon	Minsk	Prague	San Marino	Stockholm	Vienna
Baku	Budapest	Gibraltar	Ljubljana	Moscow	Reykjavik	Sarajevo	Tirana	Vilnius
Berlin	Cardiff	Helsinki	London	Nicosia	Riga	Skopje	Vaduz	Warsaw
Bern	Dublin	Kiev	Luxembourg	Oslo	Rome	Sofia	Valletta	Zagreb
			Madrid	Paris				

Spot the Difference



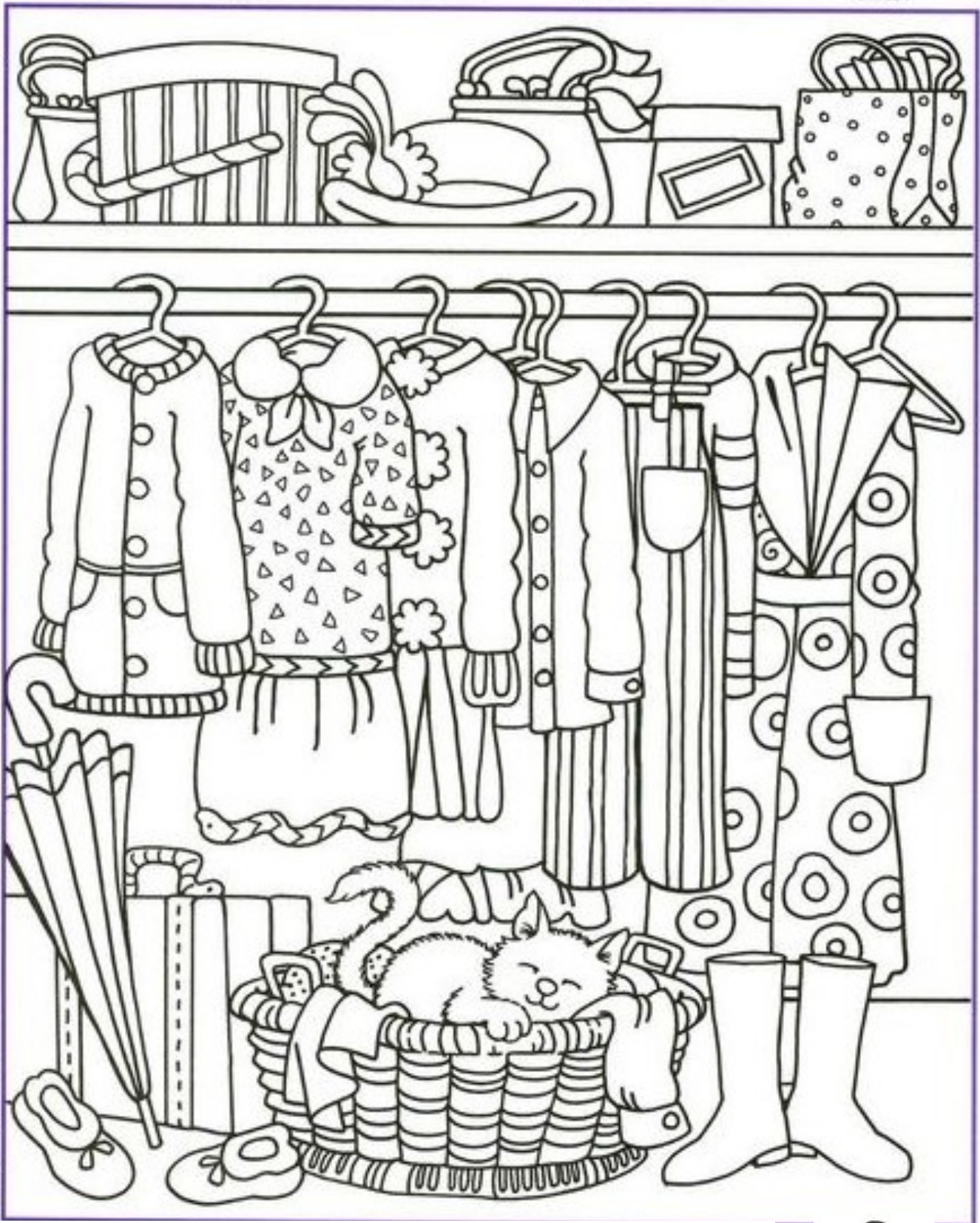
Find 5 differences

Spot the Difference



Find 6 differences

Find the objects



Illustrated by Maggie Seaton



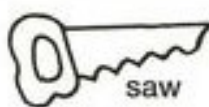
spoon



mushroom



snake



saw



comb



snail



candy cane



apple



fork



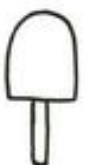
carrot



heart



worm



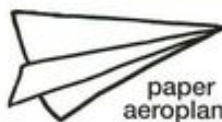
ice-cream lollipop



car



teacup



paper aeroplane



egg

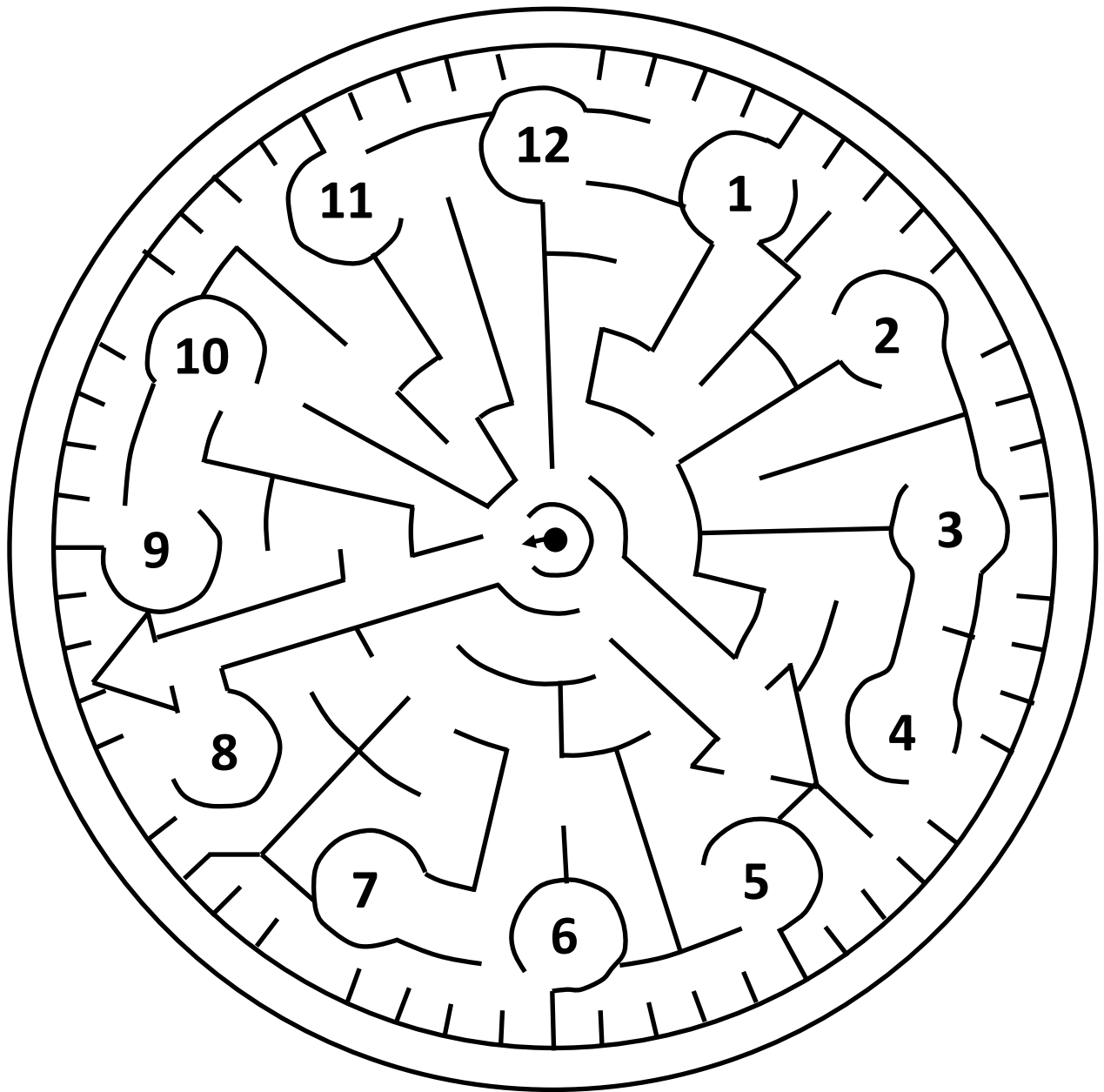


pencil



candle

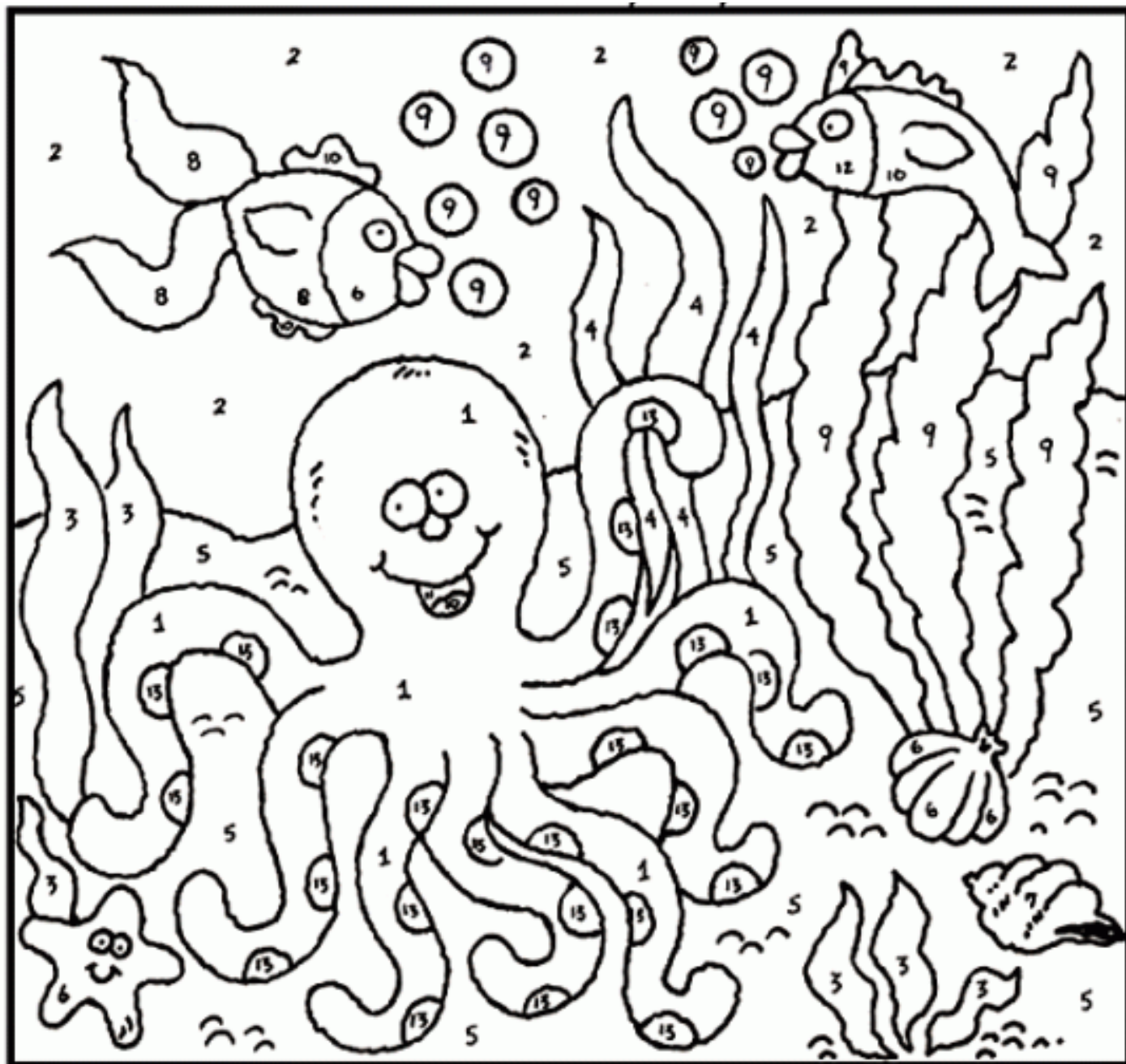
Maze puzzle



Start at the dot in the centre.

Find number 1 first and then visit each number round the clock in order (e.g. 1, 2, 3, 4 etc.)

Colour by number



Use a different colour for each number

Colouring



Number Linking

7	9							
					2		2	
5	6	3	8				4	
						6		
						1		
					4	1		
		3	8			7		
5								9

Working from one square to another, horizontally or vertically (never diagonally) draw lines to pair up each set of two matching numbers. No lines may cross and none may travel through a square with a number in. Every square in the grid should be filled with a number or a line

Sudoku

(Easy)

				1		2		3
1	4			6		7		9
3		5	2	4	7			
	3		9			6		
4								2
		6			2			
			7	2	3	4		6
6		3		8				7
7		4		9				

Add numbers into the blank spaces so that each row, column and 3x3 box has the numbers 1 to 9.

Sudoku

(Hard)

	7			8	3			
		9			1			
	6			7		5	9	
	2					4		
1	3						8	7
		6					1	
	5	8		9			4	
			2			1		
			3	4			7	

Add numbers into the blank spaces so that each row, column and 3x3 box has the numbers 1 to 9.

Contact us

Orthoptic department

(Insert hospital address)

Phone:

Email:

Web: