

### Epigenetic Programming by Early-Life Stress: Translational approaches from Rodent to Human and back

Chris Murgatroyd

Manchester Metropolitan University

#### Translational animal models



Animal models for stress: testing/developing hypotheses

Control for environment and genetics



Generation of different animal model paradigms

Different tests

Access to tissues, e.g. brain

Transgenics

Selective breading

# **M**

#### Adaption



#### Murgatroyd & Spengler Front Psychiatry 2011

Early-life stress epigenetically programs the expression of genes regulating stress

#### epi = above/upon, genetics

Only 10-20% of genes are active in any cell.





#### Gene silencing that occurs without changes in the DNA sequence



#### DNA methylation at gene regulatory regions can inhibit transcription





#### Early-life programming of anxiety & depression





#### Molecular model for early-life stress programming



Murgatroyd et al. Nat Neuro 2009

#### What are the mechanisms for the gene-specific marking



#### "some" of the factors...



#### Pharmacologically targeting epigenetic regulation of AVP



Children of depressed parents are at high risk for depression themselves

### İİİ T

#### Inheritance of acquired stress



#### Inheritance of acquired stress



#### Generational chronic social stress model for maternal behaviour



Murgatroyd & Nephew Psychoneuroendocrinol. 2013

#### Reduced maternal care (including pup grooming)



#### Intergenerational transmission of maternal measures

	FO			F1			F2		
MATERNAL FACTORS									
	Day 2	Day 9	Day 16	Day 2	Day 9	Day 16	Day 2	Day 9	Day 16
MATERNAL CARE		¥		¥			¥	→	¥
MATERNAL RESTLESSNESS		↑		↑			1		↑
MATERNAL AGGRESSION		↑	1	↑					
MILK INTAKE		↓	¥	↓					
Corticosterone (Day 23)				<b>^</b>			¥		
Prolactin (Day 23)				¥					
Gene Regulation	PVN: ♠ GR MeA: ♥ OXT			PVN, SON, CeA, MeA:					
Nr3c1 exon 1.7 Methylation	PVN: 个CpG2			PVN: ♠ CpG3 Hipp: ♥ CpG1-6					
ICAM-1 (Day 23)							¥		

Nephew et al. Psychoneuroendocrnology 2017

#### Milk production (intake), Milk Corticosterone



#### Serum Corticosterone

F0

F1





#### **GR** regulation



\*Intergenerational genomewide analysis ongoing

#### Immune markers (ICAM-1)



#### Murgatroyd et al. Front Ecol. Evol. 2016

### Effects of AVP and OXT treatment of CSS dams on female offspring



Murgatroyd et al. Front.Endo.2016



Reduced fear Reduced colitis

#### Nr3c1 methylation and early life licking/grooming



Nature Reviews | Neuroscience

#### Methylation of human & rat GR exon 1F/7 in the literature



#### WCHADS - Wirral Child health and Development Study





Medical Research Council

## Maternal stroking moderates effect of prenatal depression on infant behaviour



Sharp et al. *PlosOne* 2014 Sharp et al. Psychol Med. 2015



Håkan Olausson - Johan Wessberg India Morrison - Francis McGlone Editors

Affective Touch and the Neurophysiology of CT Afferents

Springer

## C-tactile afferents: Cutaneous mediators of oxytocin release during affiliative tactile interactions?



Walker SC, Trotter PD, Swaney WT, Marshall A, Mcglone FP. Neuropeptides. 2017

Early life stroking reduces GR methylation and stress behaviour in infants

#### Specific CpGs associated with maternal depression and childhood stress



#### Maternal stroking (5 weeks age) reduces GR methylation



no effect of maternal stroking at 9 weeks of age

Murgatroyd et al. Trans Psy. 2015

PAR hypothesis Barker, Br Med Bull. 1997 53:96-108 An adaptive response to environmental cue acting early in life, where the advantage of the induced phenotype is primarily manifest in later life.



### Infants of mothers with low prenatal depression were more vulnerable to the effects of postnatal depression



Murgatroyd et al. Trans Psy. 2015

#### Trivers–Willard hypothesis 1973, Science 179 (4068): 90–9

A good conditioned mother transfers competitive ability to male offspring for greater reproductive payoff

### Prenatal-postnatal mismatch conditions associate with child symptoms in girls only



In submission

### Prenatal-postnatal mismatch conditions significantly associate with methylation in girls only



#### Animal model for Prenatal-postnatal mismatch conditions



20wks	32wks	Birth	5wks	9wks	7mths	14mths	2.5yrs	3.5yrs	4.5yrs	7yrs
Env.	Env.			Env.	Env.	Env.	Env.	Env.	Env.	Env.
			stroking stroking			stroking				
						DNA	DNA	DNA	DNA	DNA

Not everyone with early-life stress develops depression Not everyone with depression suffered early life stress

#### Recombinant inbred mouse strains





#### Animal model for genomewide analyses





#### epiQTL for Stress-related behaviour

Scheich et al. 2016 Neuropharmacology. 101:204-15. Somatostatin receptor subtype 4 activation is involved in anxiety and depression-like behavior in mouse models.

#### Gene x Environment (GxE)



Caspi et al. Science 2002

#### Animal model for genomewide GxE analyses



Epigenetically programmed expression QTL (epeQTL)

#### An epigenetically programmed expression QTL (epeQTL)



Which genetic regions are shared between sensitive (or insensitive) BXD lines (QTL)?

Which regions in QTL show differential mDNA following early-life stress (epeQTL)?

Which genes are differentially expressed in association with epeQTL



#### Translational animal models



#### Acknowledgements



WCHADS, Helen Sharp, John Quinn





Andrew Pickles

Jo Neill, Mike Hearte, Reinmar Hager

at The Maudsley



The University of Manchester

Jonathan Hill



**Ben Nephew** 





Medical Research Council





National Institutes of Health