The Development of Aggression: Why Do Girls and Boys Become So Different?

Dale F. Hay

Cardiff University Centre for Human Developmental Science



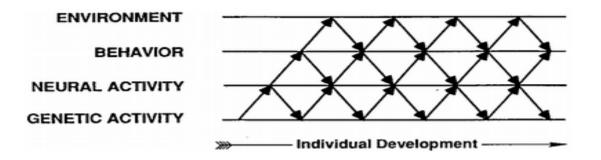




Addressing Complex Longitudinal Questions: Gilbert Gottlieb's Concept of Probabilistic Epigenesis







Gender Differences in Social Interaction: A Focus on Aggression



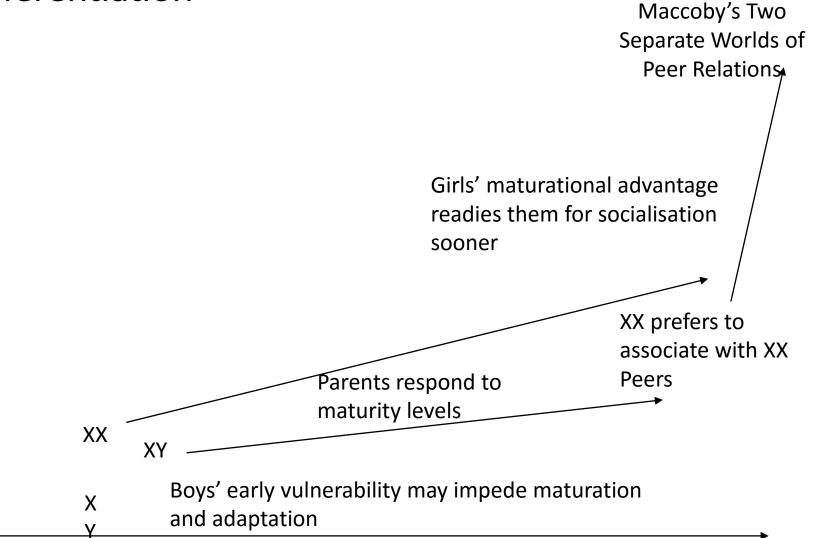
LIFELINES and RISKS Robert B. Cairns **Beverley D. Cairns**

'It may be that sex differences in behaviour may require domainspecific models of development' (Cairns & Kroll, 1994)



Sole and Ben Calma

The Development of Aggression: A Domain-Specific Model of Gender Differentiation

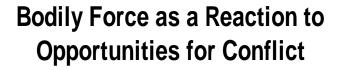


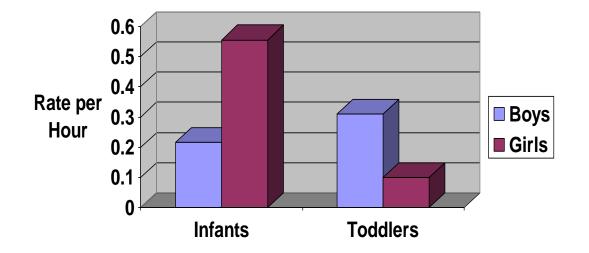
Birth to Early Childhood

Observational Studies of Infants' and Toddlers' Conflicts with Peers

- Studies Using the Peer Interaction Coding System (PICSSUM data base N = 323; Hay, Nash, et al., 2011)
- Compared infants (< 24 months) and toddlers (> 36 months)
- Opportunities for conflicts identified; conflicts recorded and examined for use of two types of physical force
 - Tugging on peers' toys (71% at least once)
 - Bodily Force (striking out at peers' bodies) (43% at least once)

Many children under the age of three are capable of using force against peers; they do so rarely





A Longitudinal Study of Aggression and Conduct Problems: The South London Child Development Study

Principal Investigators: Debbie Sharp, Channi Kumar, Susan Pawlby

- A random sample from consecutive antenatal patients registered at two areas in South London during one year (N = 171)
- 96% of UK population registered with NHS; only 0.5% of children born in private hospitals
- > 90% in sample at age 16
- Informants' Reports of conduct problems
 - Mother, Father CBCL age 4
 - Mother, Teacher, Child SDQ age 11
 - Mother, Adolescent SDQ age 16
 - CAPA diagnoses at ages 11 and 16



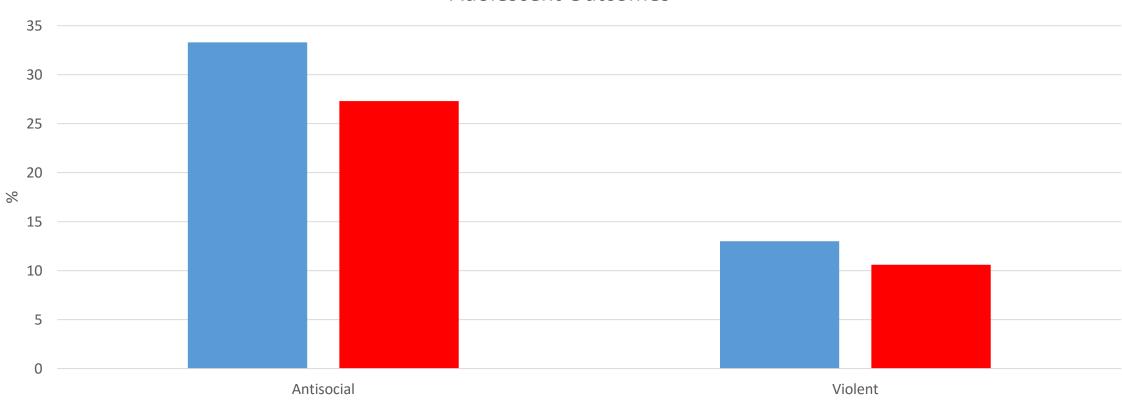
Informants' Reports of Conduct Symptoms for Girls and Boys at 4, 11 and 16 years

Factor score 0 -0.02 -0.04 -0.04 -0.04 Age

South London Child Development Study

NB. Gender differences most marked in middle childhood; No significant gender differences in conduct problems, after controlling for prosocial behaviour:

South London Child Development Study: Conduct Problems and Violence at Age 16



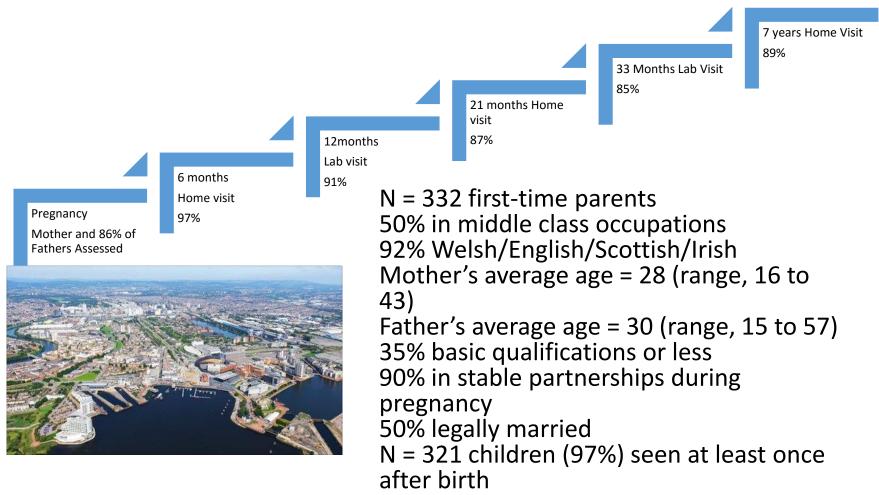
Adolescent Outcomes

🗖 Boys 📕 Girls

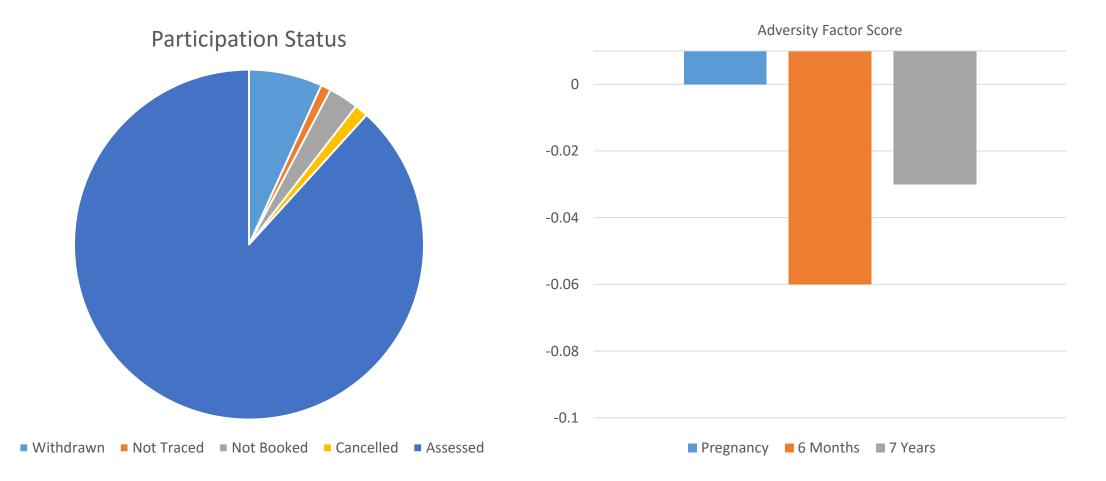
Antisocial: CD Diagnosis and/or Arrest

Violent: CD Diagnosis with Aggressive Symptoms and/or Arrest for Violent Crime

Aim of the Study: To Describe the Normative Development of Aggression in a Representative Sample: The Cardiff Child Development Study (CCDS)



CCDS Sample at the Final Assessment at 7 Years (N = 310 remaining in the sample, 93% assessed)



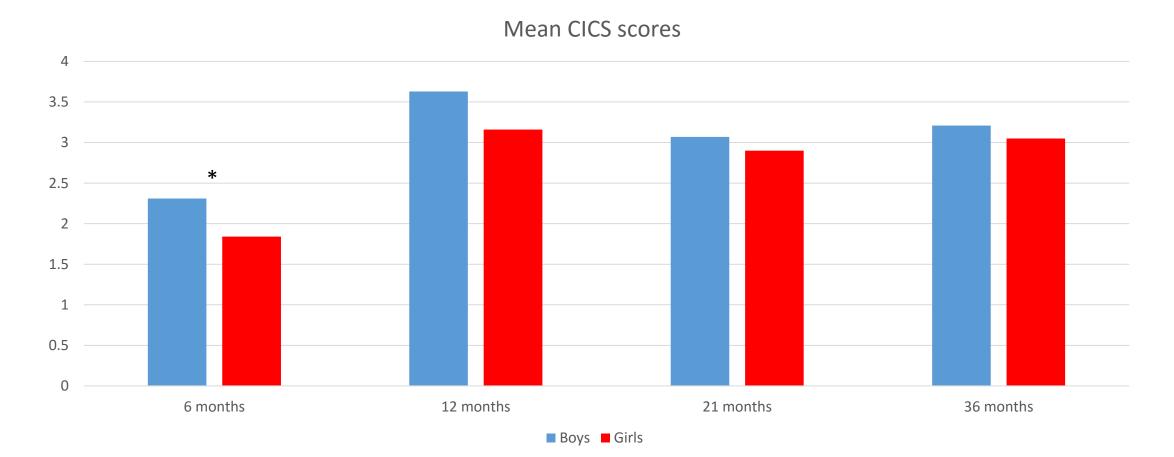
No significant differences in adversity factor score from original sample recruited in pregnancy

Sources of Information about Aggression in the CCDS

- Multiple Informants' reports of anger, physical aggression and related conduct problems at 6, 12, 21, 36 months and 7 years
- Observed use of force against unfamiliar peers during simulated birthday parties at 12 and 33 months
- Observed use of force against familiar peers during home visits at 21 months and against siblings and parents at 7 years
- Aggressive responses to social dilemmas at 7 years
- Diagnoses of CD and ODD at 7 years

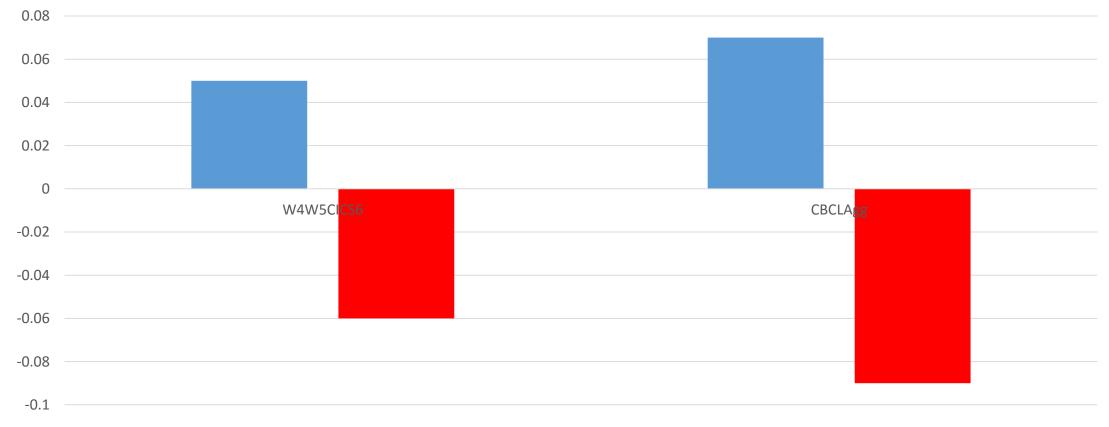


Average of Up to Three Informants' Reports of Anger and Physical Force (CICS Score)



Hay, Perra, et al., *Aggressive Behaviour* 2010; Hay, Waters et al, *Developmental Science* 2014

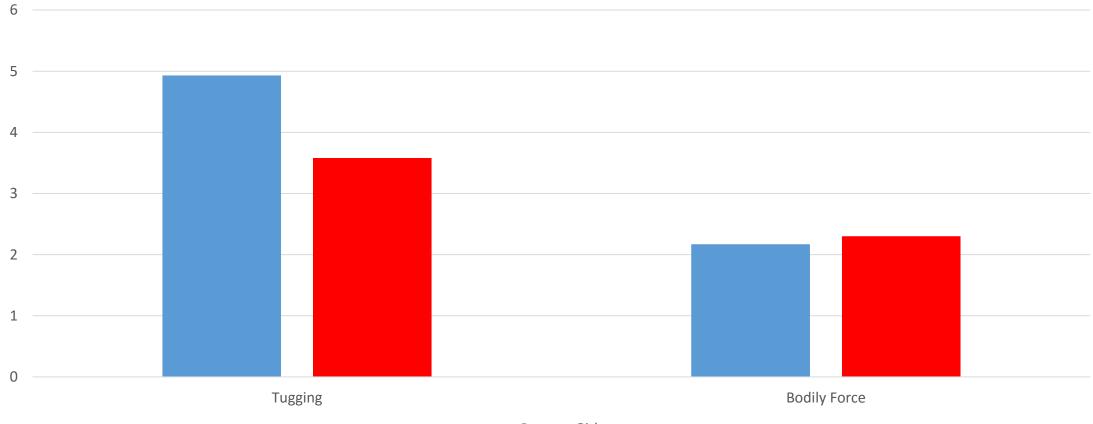
Toddler CICS and CBCL Aggression Scale Scores



Boys Girls

No significant associations with gender

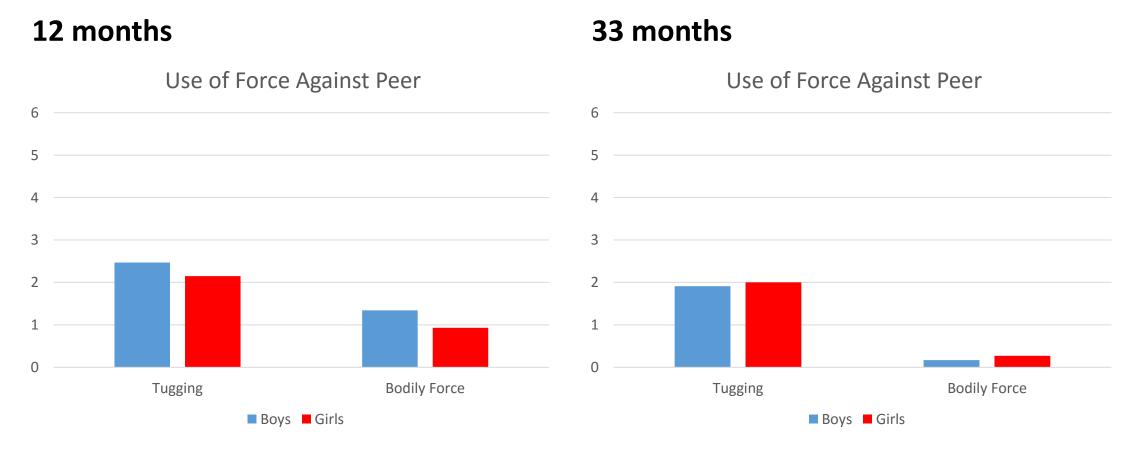
Use of Force against a Familiar Peer: Home Visit at 21 Months



Boys Girls

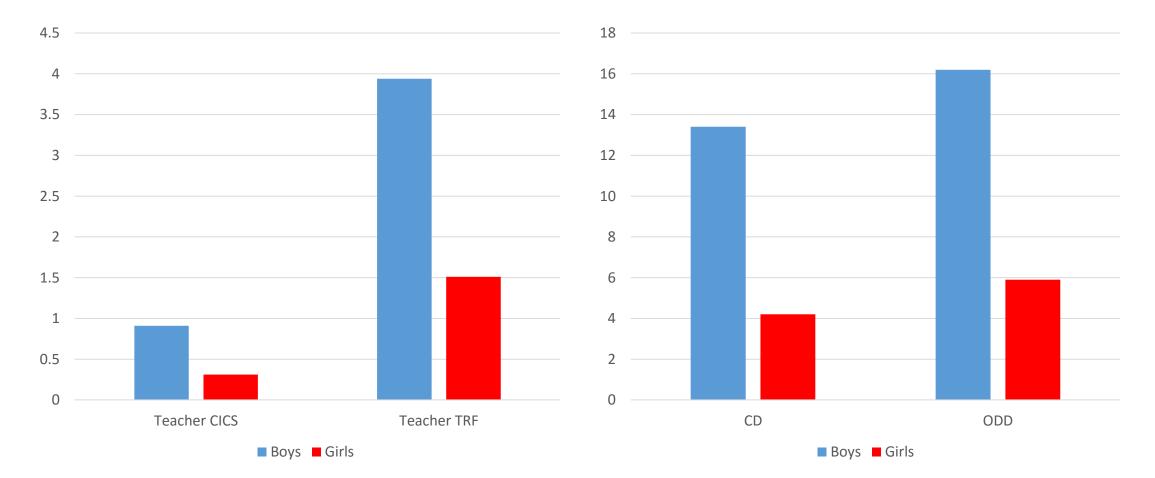
No Significant Associations with Gender

Observed Use of Force Against Unfamiliar Peers During Experimental Birthday Parties

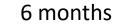


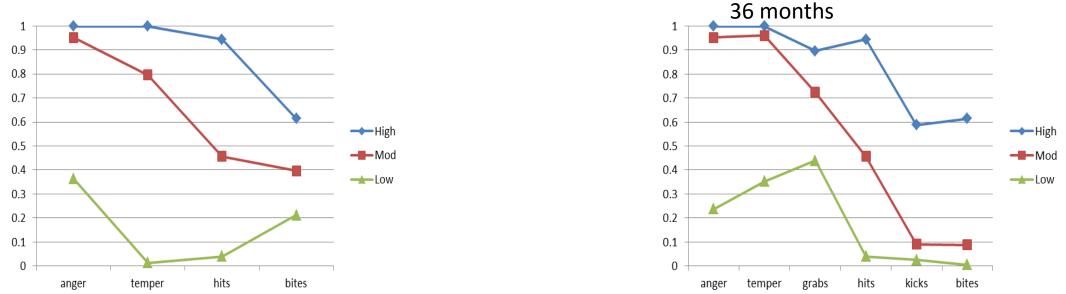
No significant associations with gender

Gender Differences Are Apparent by Seven Years of Age



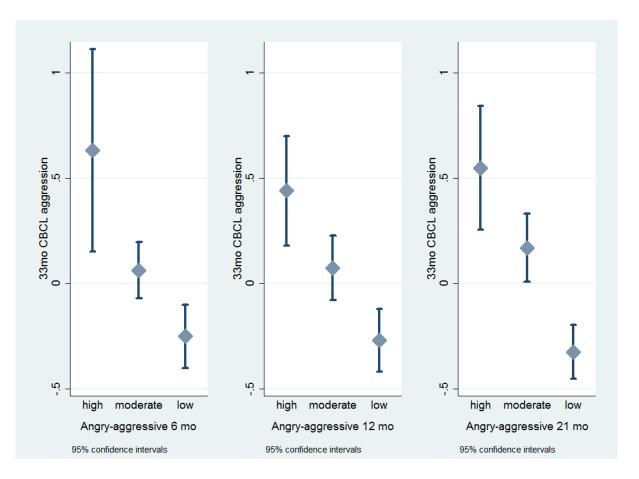
Anger and the Use of Force in the First Three Years: Individual Differences Predate Gender Differences





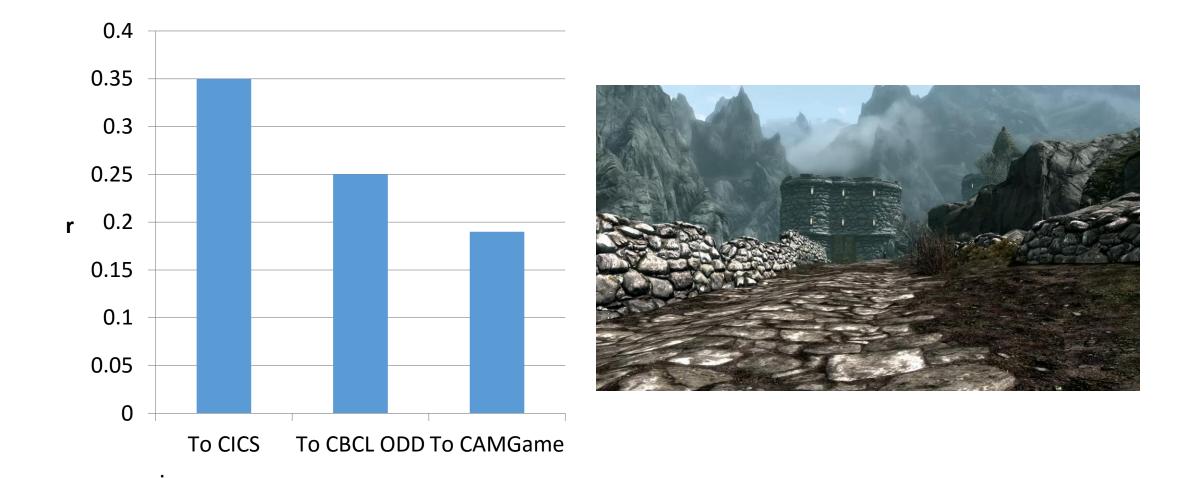
Latent class analysis of CICS items at 6 and 36 months; from Perra, et al., under review

Infants' and Toddlers' Behaviour Predict CBCL Aggression Factor Scores at 3 Years



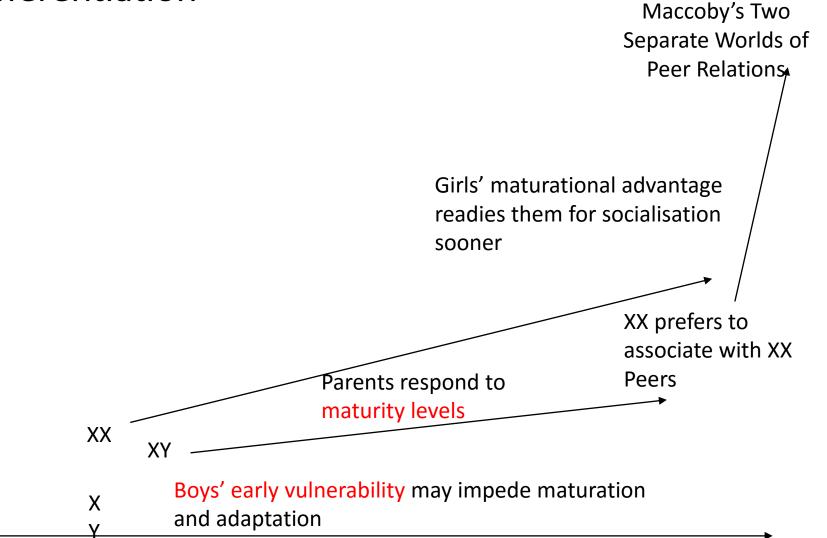
From Perra et al., under review

Early Anger and Use of Force Predicts Later Angry Aggressive Outcomes at 3 and 7 Years



From Hay, Waters, et al., 2014; Hay, Johansen, et al., 2017; gender differences in

The Development of Aggression: A Domain-Specific Model of Gender Differentiation



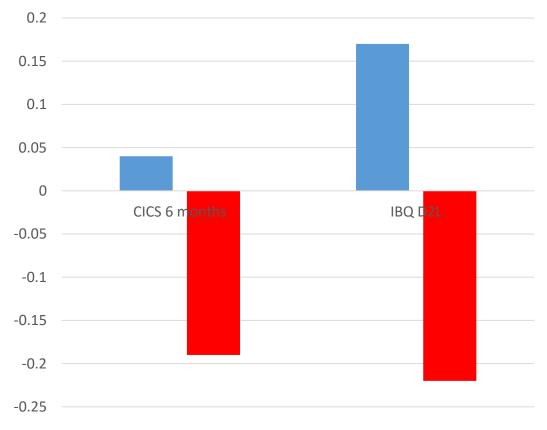
Birth to Early Childhood

Is the Eventual Gender Difference in Aggression Produced by Individuals Who Are Outliers?

- Dimensions on which Girls and Boys May Differ in Infancy
 - Emotional Volatility?
 - Self-Regulation and Neurocognitive Problems?
 - Communication and Language?
 - Empathy?

Emotional Volatility: Emotional Challenges in Early Infancy

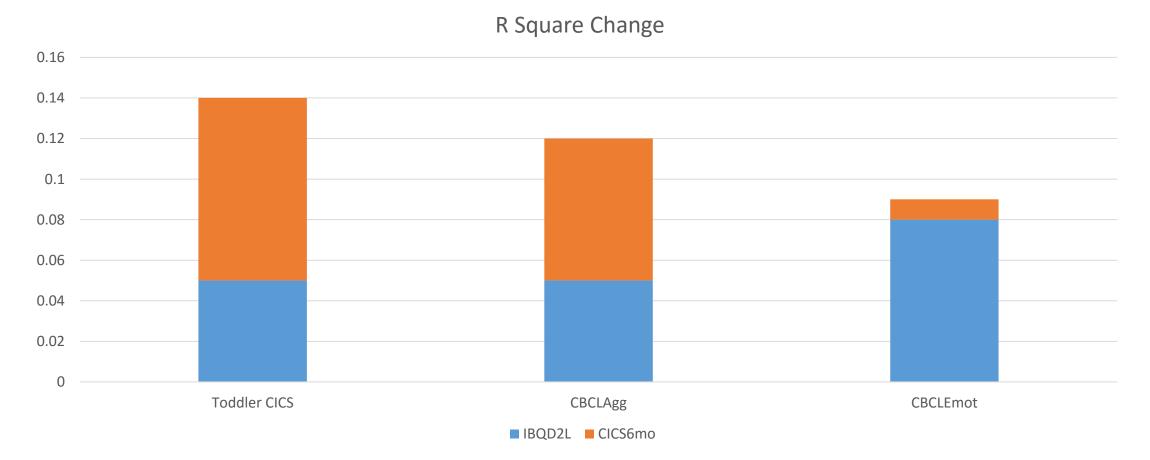






Gender Difference on 6 Months CICS no longer significant when control for temperamental irritability (IBQ distress to limitations scale); the reverse is not true

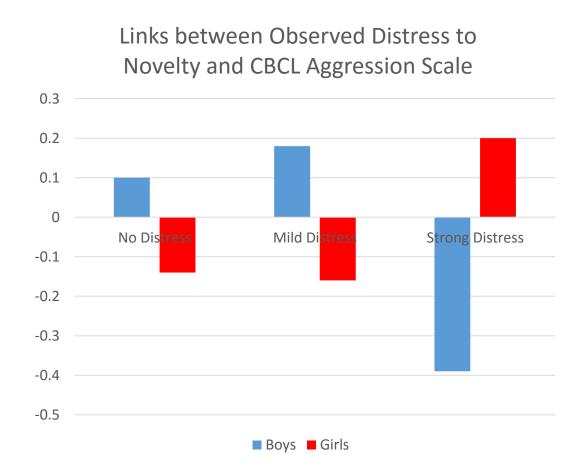
Irritability in Infancy and Aggressive Outcomes: Explained by Early Anger and Use of Force



IBQ Distress to Limitations Score No Longer Predicts Aggressive Outcomes When Infant CICS Score Is Included in the Model; CICS does not predict CBCL Emotional Problems

Emotional Volatility in Later Infancy



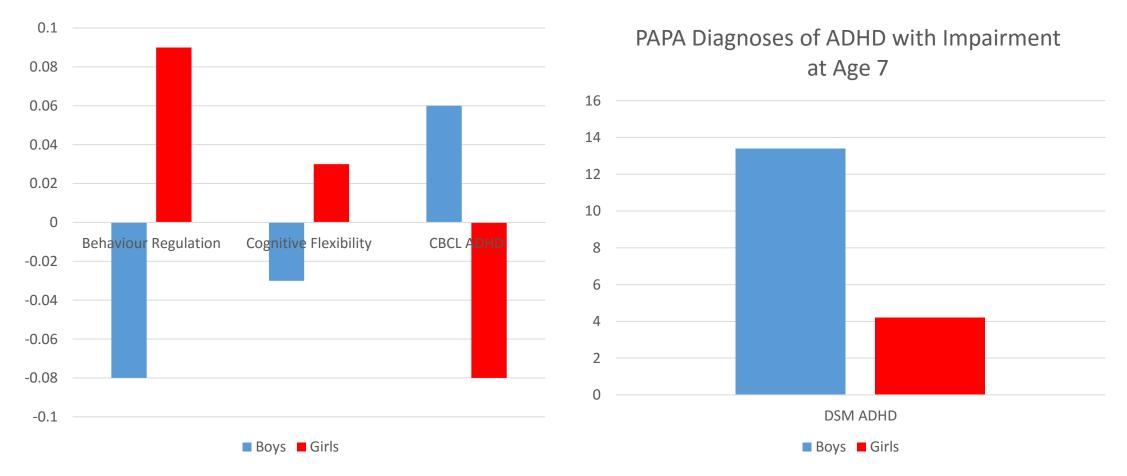


19% of infants showed strong distress; no gender differences

Self-Regulation and Neurocognitive Problems? Self-Regulation Tasks at 33 Months

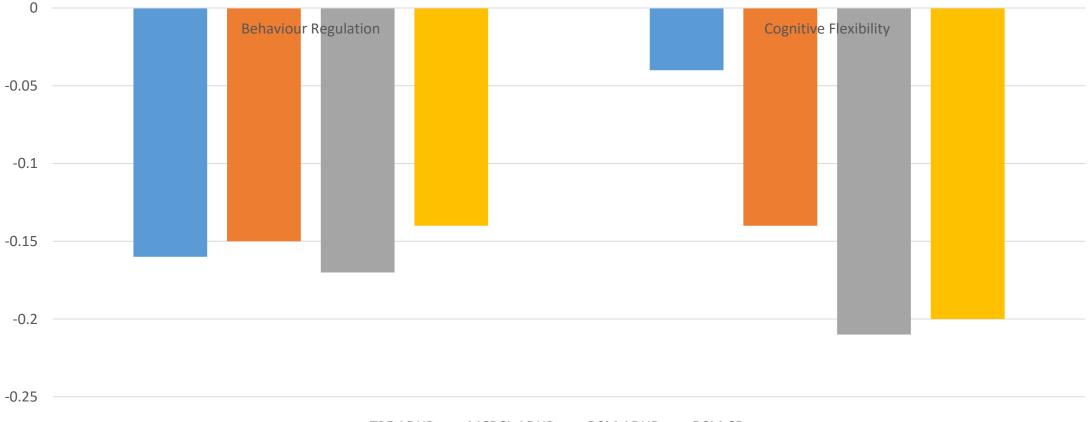


Self-Regulation and Neurodevelopmental Problems



Girls and boys differ significantly at 33 months on behaviour regulation factor but not cognitive flexibility or CBCL ADHD symptoms

Protective Function of Self-Regulation: Associations between Tasks at 33 Months and Neurodevelopmental Outcomes at 7 Years

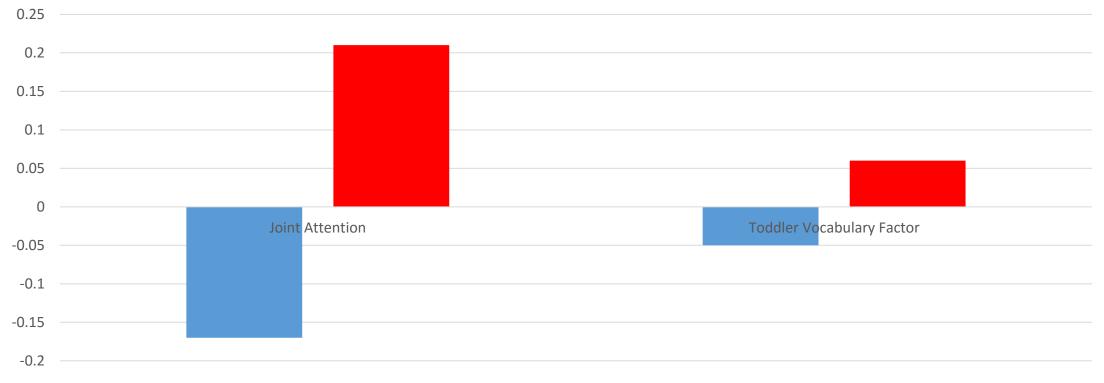


TRF ADHD MCBCL ADHD SM ADHD SM CD

Cognitive flexibility factor score at 33 months does not predict teachers' ratings; all other associations are statistically significant

Maturational Differences in Communication and Language

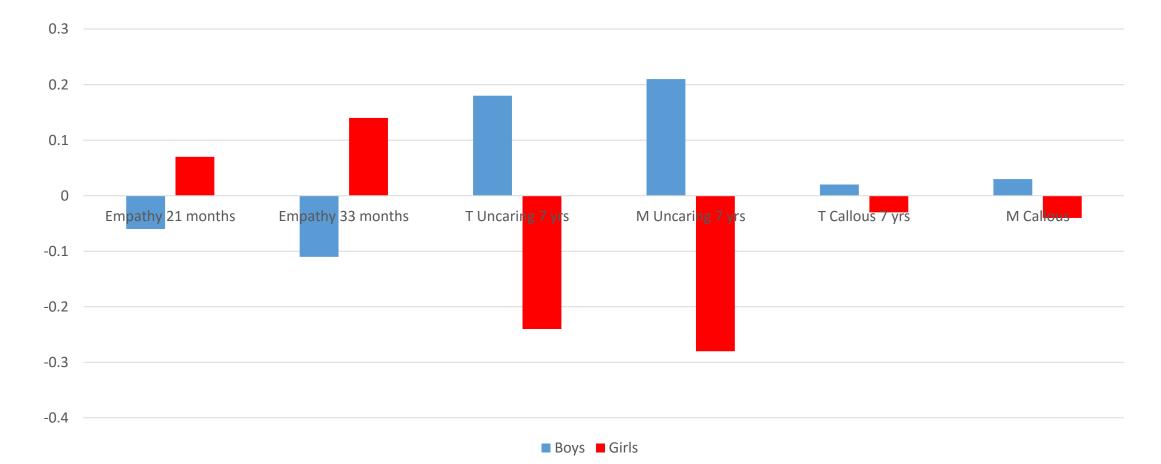
Communication Measures at 12 and 33 Months



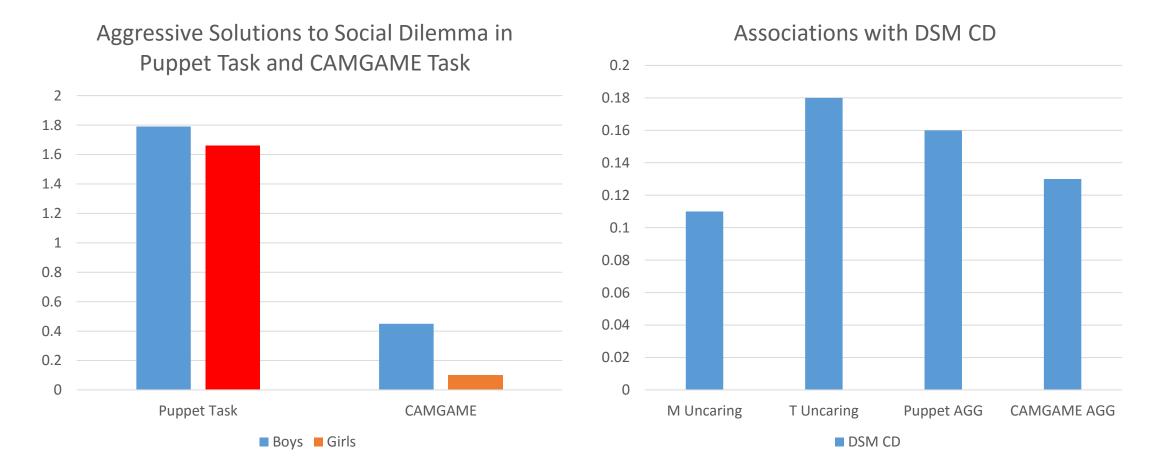


Informants' report of vocabulary was negatively associated with the CBCL aggression scale at 33 months, r = -.14, p < .05; language measures unrelated to 7 year outcomes

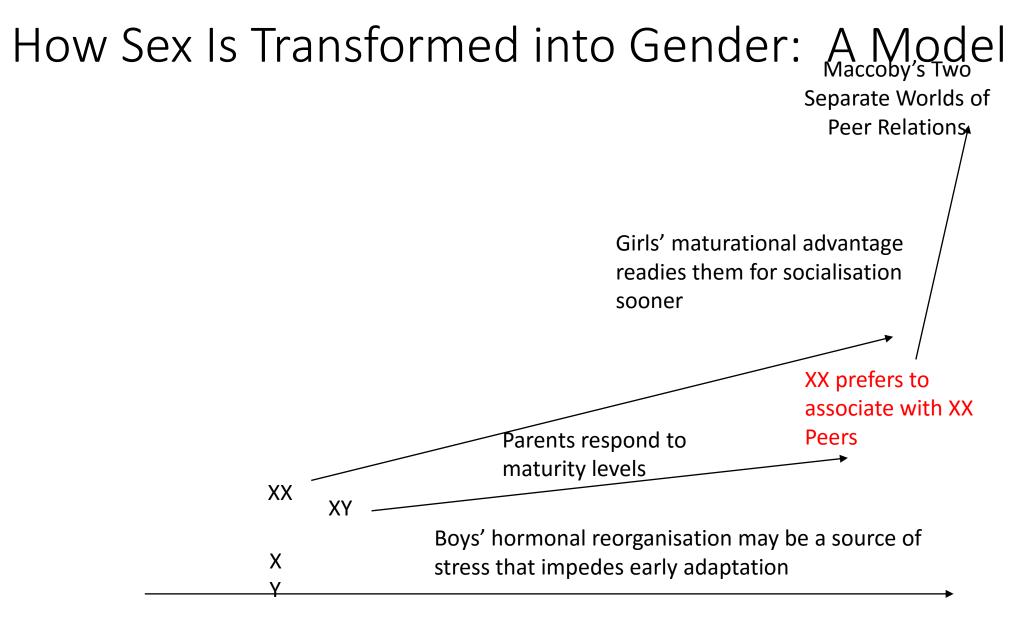
Gender Differences in Empathy and Callousness



Gender Differences in Social Problem-Solving at Age 7



Boys significantly more likely to propose aggressive solutions on both tasks; aggressive choices are significantly linked to DSM CD



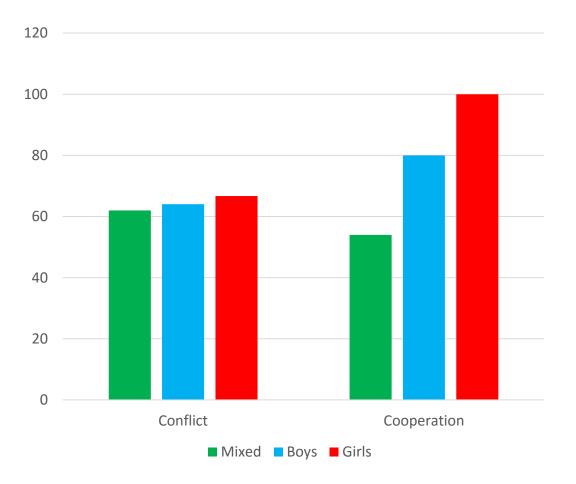
Birth to Early Childhood

Gender Differences in Aggression Develop Between Toddlerhood and Middle Childhood; but Are the Sexes Already Incompatible?

Rate of conflict Boy Peers Girl Peers Girl Peers

NB: 9- to 12-month-old infants are significantly more likely to engage in conflict with opposite-sex peers

Dynamics of a Birthday Party: Conflict and Cooperation in Same-Sex and Mixed-Sex Groups



- Families did not know each other and were scheduled for parties at their convenience
- At 33 months, most parties produced mixed sex groups (N = 171)
- Of the same sex groups, N = 39 were all boys and N = 12 were all girls
- Mixed sex groups were less cooperative than same-sex groups

Voluntary Gender Segregation and the Consolidation of Gender Differences in Aggression

- Do girls and boys have different interests? Do they play in different ways? (Salim Hashmi will speak on this later today)
- Aggression is contagious: In gender-segregated groups, the minority of highly aggressive boys may make other boys more aggressive, in self-defence
- Is social skill contagious? Do a minority of girls make other girls more prosocial, and more successful at social manipulation?

Thanks

- To the families who have participated in the PICSSUM studies, the SLCDS and the CCDS
- To everyone who has worked on the CCDS over the last decade
- To the Medical Research Council for supporting our work
- To the Waterloo Foundation and Cardiff University for helping us establish CUCHDS to translate our findings into practice



