

LIVERPOOL REVIEWS AND IMPLEMENTATION GROUP (LRiG)

**Systematic review to examine the
clinical effectiveness and
tolerability of systemic anti-cancer
therapy for older people with
chronic myeloid leukaemia**

February 2015



UNIVERSITY OF
LIVERPOOL

LIVERPOOL
REVIEWS AND
IMPLEMENTATION
GROUP

A MEMBER OF THE RUSSELL GROUP

Title: Systematic review to examine the clinical effectiveness and tolerability of systemic anti-cancer therapy for older people with chronic myeloid leukaemia

Produced by:

Liverpool Reviews and Implementation Group (LRiG)
University of Liverpool
Institute of Psychology, Health and Society
Department of Health Services Research
Second Floor
Whelan Building
The Quadrangle
Brownlow Hill
Liverpool
L69 3GB
Tel: +44 (0) 151 794 5067
Email: LRiG@liverpool.ac.uk

Authors:

Gerlinde Pilkington, Research Assistant (Clinical Effectiveness), Liverpool Reviews and Implementation Group, University of Liverpool

Vickie Bates, Research Fellow (Clinical Effectiveness), Liverpool Reviews and Implementation Group, University of Liverpool

Joanne Fisher, Research Assistant (Clinical Effectiveness), Liverpool Reviews and Implementation Group, University of Liverpool

Angela Boland, Associate Director, Liverpool Reviews and Implementation Group, University of Liverpool

Rumona Dickson, Director (LRiG), Liverpool Reviews and Implementation Group, University of Liverpool

Yenal Dundar, Research Fellow (Clinical Effectiveness), Liverpool Reviews and Implementation Group, University of Liverpool

Richard Clark, Professor of Haematology, University of Liverpool and Consultant Haematologist, Royal Liverpool University Hospital

Correspondence to: Professor Rumona Dickson, Director (LRiG), Liverpool Reviews and Implementation Group, University of Liverpool, Room 2.06, Whelan Building, The Quadrangle, Brownlow Hill, Liverpool L69 3GB

Source of funding: This report was commissioned by The National Cancer Equity Initiative (NCEI) and The Pharmaceutical Oncology Initiative (POI)

Declared competing interests of the authors: None

This report should be referenced as follows: Pilkington G, Bates V, Fisher J, Boland A, Dickson R, Dundar Y, Clark RE. Systematic review to examine the clinical effectiveness and tolerability of systemic anti-cancer therapy for older people with chronic myeloid leukaemia. LRiG, The University of Liverpool, 2015

Contributions of authors:

Gerlinde Pilkington	Project management, data extraction, quality assessment and preparation of the report
Vickie Bates	Data extraction and preparation of report
Joanne Fisher	Data extraction and preparation of report
Angela Boland	Preparation of the report
Rumona Dickson	Input into all aspects of the review
Yenal Dundar	Development of search strategies
Richard Clark	Clinical expertise

Table of contents

1	EXECUTIVE SUMMARY.....	5
1.1	Background.....	5
1.2	Aims and objectives.....	5
1.3	Methods.....	5
1.4	Results.....	6
1.5	Conclusions.....	6
2	BACKGROUND	7
2.1	Description of health problem.....	7
3	AIMS AND OBJECTIVES	9
3.1	Objectives	9
3.2	Inclusion considerations.....	9
4	METHODS	10
4.1	Search strategy.....	10
4.2	Study selection.....	10
4.3	Data extraction and quality assessment strategy.....	11
4.4	Evidence synthesis	12
5	QUANTITY AND QUALITY OF RESEARCH AVAILABLE.....	13
5.1	Number of studies identified.....	13
6	SUBGROUP ANALYSES OF RANDOMISED CONTROLLED TRIALS	15
6.1	Study characteristics	15
6.2	Efficacy evidence.....	17
6.3	Tolerability evidence.....	19
6.4	Comprehensive geriatric assessment and quality of life	21
6.5	Summary and discussion.....	21
7	POOLED ANALYSES	22
7.1	Study characteristics	22
7.2	Efficacy evidence.....	25
7.3	Tolerability evidence.....	28
7.4	Comprehensive geriatric assessment and quality of life	30
7.5	Summary and discussion.....	30
8	SINGLE COHORTS.....	31
8.1	Study characteristics	31
8.2	Efficacy evidence.....	33
8.3	Tolerability evidence.....	35
8.4	Comprehensive geriatric assessment and quality of life	37
8.5	Summary and discussion.....	37
9	RETROSPECTIVE DATA.....	38
9.1	Study characteristics	38
9.2	Efficacy evidence.....	42
9.3	Tolerability evidence.....	45
9.4	Comprehensive geriatric assessment and quality of life	48
9.5	Summary and discussion.....	48
10	DISCUSSION	49
10.1	Strengths and limitations of the review.....	50
11	CONCLUSIONS.....	51

11.1	Suggested research priorities	51
12	REFERENCES	52
13	APPENDICES	55
	Appendix 1: Literature search strategies.....	55
	Appendix 2: Table of excluded studies with rationale.....	58

Abbreviations:

AE	Adverse event
CCI	Charlson Comorbidity Index
CCyR	Complete cytogenetic response
CGA	Comprehensive geriatric assessment
CHR	Complete haematological response
CI	Confidence interval
CML	Chronic myeloid leukaemia
DFS	Disease free survival
ECOG	Eastern Cooperative Oncology Group
EFS	Event-free survival
EORTC	European Organisation for Research and Treatment of Cancer
FFS	Failure-free survival
HR	Hazard ratio
IFN- α	Interferon alpha
KPS	Karnofsky performance status
MCyR	Major cytogenetic response
MHR	Major haematological response
MMR	Major molecular response
NCEI	The National Cancer Equality Initiative
NE	Not evaluable
NR	Not reported
OS	Overall survival
PFS	Progression-free survival
Ph+	Philadelphia chromosome positive
POI	Pharmaceutical Oncology Initiative
PS	Performance status
QoL	Quality of life
RCT	Randomised controlled trial
SD	Standard deviation
TKI	Tyrosine kinase inhibitors

1 EXECUTIVE SUMMARY

1.1 Background

Older people with cancer are less likely to receive radical treatment for their disease, due to comorbidities and/or frailty associated with old age, and uncertainty over the tolerability of systemic anti-cancer therapy in older patients. The National Cancer Equity Initiative (NCEI) is focussed on reducing cancer inequalities, which includes improving outcomes for older patients with cancer. In collaboration with the Pharmaceutical Oncology Initiative (POI), the NCEI is seeking to deepen the understanding of current practice in relation to cancer treatment for older people, with the aim of enabling a more personalised treatment protocol, which takes into account fitness, choice and benefit to the individual.

1.2 Aims and objectives

The aim of this review is to systematically consider the evidence for the clinical effectiveness and tolerability of systemic anti-cancer therapies used to treat chronic myeloid leukaemia (CML) in older people.

1.3 Methods

Search strategy

Four electronic databases (MEDLINE, EMBASE, The Cochrane Library and Web Of Knowledge) were searched from January 2000 to May 2013.

Study selection

The references identified from electronic searching were assessed for inclusion through two stages. In stage 1, two reviewers independently screened titles and abstracts to identify potentially relevant studies for inclusion in the review. In stage 2, full-text copies of the potentially relevant studies were obtained and assessed independently by two reviewers. Any disagreements were resolved by discussion with a third reviewer at each stage. Studies that did not meet the inclusion criteria at stage 2 were excluded.

Data extraction and quality assessment strategy

Data extraction forms were developed and piloted in an Excel spreadsheet using a sample of included studies, and adapted to reflect the nature of both randomised controlled trials (RCTs) and non-randomised studies. Data were extracted on study design, population characteristics and outcomes by one reviewer and independently checked for accuracy by a second reviewer, with disagreements resolved through discussion with a third reviewer where necessary.

Evidence synthesis

Due to the heterogeneity of the included studies and limited data, it was not possible or appropriate to perform any statistical analyses. The results of the data extraction for each study are presented in structured tables and as a narrative summary.

1.4 Results

Electronic searching resulted in 86 references. Manual de-duplication of references resulted in 84 unique references for screening at stage 1. Initial screening identified 33 references, which were obtained as full-text papers. A total of 15 papers met the inclusion criteria at stage 2, and were included in the review.

The 15 studies comprised two subgroup analyses of RCTs, four pooled analyses, three single cohorts, and six retrospective studies.

1.5 Conclusions

The review has highlighted a lack of RCTs designed specifically to address toxicity and efficacy of systemic anti-cancer therapy in older patients. The available data suggest that systemic anti-cancer therapy can be used safely, with good response to treatment and without consistent excess toxicity in older patients.

2 BACKGROUND

Older people with cancer are less likely to receive radical treatment. There are a number of reasons for this, including comorbidities and/or frailty associated with older age, and a complex mix of factors affecting patient or clinician choice. There is also uncertainty about the tolerability of systemic anti-cancer therapy in older patients. However, not all older people are frail; many have good life expectancy and are in good health overall, suggesting that characteristics other than age should be taken into account when assessing the suitability of older people for treatment.

The National Cancer Equity Initiative (NCEI) is focussed on reducing cancer inequalities, which includes improving outcomes for older patients with cancer. In collaboration with the Pharmaceutical Oncology Initiative (POI), the NCEI is seeking to deepen the understanding of current practice in relation to cancer treatment for older people, with the aim of enabling a more personalised treatment protocol, which takes into account fitness, choice and benefit to the individual.

Older patients are underrepresented in clinical trials, and those who are included do not generally represent the older population as seen in routine clinical practice due to the enrolment of fitter and healthier patients. As a result, there are limited data on the efficacy and tolerability of systemic anti-cancer therapy for this patient population.

2.1 *Description of health problem*

Chronic myeloid (myelogenous) leukaemia (CML) is a malignant abnormality of haematological stem cells, whereby the production of the granulocyte lineage is greatly enhanced. Though originating from the bone marrow disease, the expanded myeloid mass is seen in the blood and also commonly involves the spleen and occasionally liver and lymph nodes.¹ CML mainly affects adults from middle age, with the median age at diagnosis being 60.^{2,3} Fewer than 700 people in the UK are diagnosed with CML each year, representing about 14% of all leukaemias.^{4,5}

2.1.1 Aetiology

Gender and age are two common risk factors for CML; more men than women are affected and risk increases with age.⁵ However, there are no known hereditary, familial, geographic, ethnic or economic risk factors. In all patients, the leukaemic cells express the characteristic BCR-ABL1 fusion oncogene, and in more than 90% of CML patients a balanced reciprocal translocation between chromosomes 9 and 22 is also seen; this is known as the Philadelphia chromosome.^{4,6}

2.1.2 Pathology and prognosis

There are three main phases of CML. The chronic phase is the most stable phase and about 90% of people are diagnosed at this stage. Symptoms during the accelerated phase are more obvious and often include pain associated with an enlarged spleen, fatigue and weight loss. During the blast (acute)

phase, the disease has transformed into acute leukaemia.⁷ Symptoms during this phase are more pronounced and response to treatment is only temporary.

Data collected by the National Cancer Intelligence Network (NCIN) suggest that the 5-year survival rate for patients diagnosed with CML is 60%, and for those diagnosed at the chronic stage the figure is 90%.⁸ Prognosis is based on the phase of the disease combined with a prognostic index score. The main index is called the Sokal score, which is calculated based on age, spleen size, platelet count and the percentage of blasts (immature white blood cells) in the blood. There are also two newer but similar scoring systems, known as the Hasford (or EUROscore) and the EUTOS (European Treatment and Outcome Study) scores, which use similar parameters to the Sokal score but also include the peripheral blood eosinophil and/or basophil counts at diagnosis.⁶ The score indicates the likelihood of achieving complete cytogenetic response (CCyR), with low-risk patients having a higher chance of achieving CCyR than high-risk patients. Older patients, patients with an enlarged spleen, or those in blast phase of CML usually have a poorer prognosis than younger patients.

2.1.3 Current treatment options

The current standard first-line treatments for CML are tyrosine kinase inhibitors (TKIs).⁴ Imatinib is the most widely used TKI, followed by nilotinib after imatinib failure. Another recommended second-line therapy is dasatinib, though this is not currently approved by the National Institute for Health and Care Excellence (NICE).³ Conventional cytotoxic chemotherapy is no longer the standard treatment option for patients with CML, and is rarely used to treat patients in the chronic phase, except in the very rare situation where all TKIs fail. Standard chemotherapy drugs such as hydroxycarbamide (hydroxyurea) or, busulfan, are no longer used routinely for the treatment of CML.^{9,10}

3 AIMS AND OBJECTIVES

3.1 Objectives

The aim of this review is to systematically consider the evidence for the clinical effectiveness and tolerability of systemic anti-cancer therapies used to treat CML in older people. The review forms part of a larger project, which focusses on six types of cancer in older populations: breast, colorectal, lung, renal cell, chronic myeloid leukaemia and non-Hodgkin's lymphoma. The final report will consist of the results of a systematic review of the literature in each of these six clinical areas.

The objectives of this review are to:

- systematically review and summarise the relevant evidence related to clinical effectiveness and tolerability of treatment
- explore the implications of these findings for practice and service provision in order to disseminate accessible information to clinicians
- inform future decisions on research priorities through the identification of gaps and weaknesses in the available evidence.

3.2 Inclusion considerations

The population of interest is older people with CML. There is no agreed definition of 'older': the World Health Organisation¹¹ states that most countries of the developed world have accepted the chronological age of 65 years as a definition of 'elderly' or 'older', whereas the British Geriatrics Society¹² describes geriatric medicine as being mainly concerned with people aged over 75. We have therefore focussed on published studies that specifically describe their patients or subgroups of patients, as 'older' or 'elderly'. In order to obtain a comprehensive dataset, no restrictions have been made with regard to the stage of disease, tumour histology or the line of treatment. All forms of systemic anti-cancer therapy have been considered to ensure that the review is as inclusive as possible.

4 METHODS

4.1 Search strategy

Four electronic databases (MEDLINE, EMBASE, The Cochrane Library, and Web Of Knowledge) were searched from January 2000 to May 2013, and all references were exported to EndNote® version X4. A comprehensive search strategy was employed and is included in Appendix 1.

4.2 Study selection

The references identified were assessed for inclusion through two stages. In stage 1, two reviewers independently screened all relevant titles and abstracts identified via electronic searching and selected potentially relevant studies for inclusion in the review. In stage 2, full-text copies of the potentially relevant studies were obtained and assessed independently by two reviewers using the inclusion criteria outlined in Table 1. Any disagreements between reviewers were resolved by discussion with a third reviewer at each stage. Studies that did not meet the inclusion criteria at stage 2 were excluded.

Table 1: Inclusion criteria

Study design	Randomised controlled trials; systematic reviews; cohort studies, including retrospective studies of databases and registries
Patient population	Older people (older as defined by study authors) treated for CML
Interventions	Any systemic anti-cancer therapy (all lines of treatment)
Comparators	<ul style="list-style-type: none">• an alternative systemic anti-cancer therapy or• best supportive care
Outcomes	Efficacy outcomes: <ul style="list-style-type: none">• overall survival• progression-free survival• response rates Tolerability outcomes: <ul style="list-style-type: none">• adverse events• tolerability Other outcomes: <ul style="list-style-type: none">• Quality of life• Comprehensive geriatric assessment
Other considerations	Papers that reported subgroup analyses for older people in their abstract were included Only studies published since 2000 in full and with an English language abstract were included

4.2.1 Outcomes

The majority of outcomes presented in this review are commonly used measures of survival or response to treatment; however, ‘tolerability’ and ‘comprehensive geriatric assessment’ (CGA) may require further explanation.

Tolerability

In order to determine whether or not older patients can tolerate systemic anti-cancer therapy, it was necessary to gather evidence from a range of outcomes. One measure of tolerability is a patient’s adherence to the treatment regimen and/or how much of the treatment was received. Common

measures reported in studies are the mean or median number of cycles delivered per patient, how many people completed the treatment, and the relative dose intensity of treatment. Therefore, data were extracted from any measure that could be used to determine how much treatment a patient received.

Treatment discontinuations and withdrawals are other measures of how well a patient has tolerated treatment. Therefore, any data relating to discontinuation due to toxicity, withdrawal of consent, disease progression or death were extracted.

Many studies report the number of patients whose dose of treatment was modified or interrupted due to adverse events (AEs), which again is a good measure of how well a treatment is tolerated. Any data that encompassed modifications or interruptions in treatment were extracted.

Randomised controlled trials (RCTs) commonly report AEs, and therefore all reported AEs of grade 3 or higher that occurred in more than 10% of patients in each arm were included in data extraction, together with any information on toxic deaths.

Comprehensive geriatric assessment

Comprehensive geriatric assessment is often carried out to determine an older person's health, both physical and mental, in order to decide on the appropriate treatment pathway for the individual. There are numerous tools used by clinicians, and studies often use CGA to assess patient eligibility for trials or as an outcome measure to establish how well the patient has responded to treatment in terms of how fit and well they are.

4.3 Data extraction and quality assessment strategy

Data extraction forms were developed and piloted in an Excel spreadsheet using a sample of included studies, and then adapted to reflect the nature of both RCTs and non-randomised studies. Data were extracted on study design, population characteristics and outcomes by one reviewer and independently checked for accuracy by a second reviewer, with disagreements resolved through discussion with a third reviewer where necessary.

No universally accepted standardised quality assessment tool exists for use in non-randomised studies. There are a multitude of study designs and so, even where tools exist, applying them is problematic and of limited value. Due to the nature of the study designs of the included non-randomised studies, it was difficult to extract or compare information in a meaningful and relevant manner. Therefore, we made the pragmatic decision not to quality assess the non-randomised studies.

4.4 Evidence synthesis

Due to the heterogeneity of the included studies and insufficient data, it was not possible or appropriate to perform any statistical analyses. The results of the data extraction and quality assessment for each study are presented in structured tables and as a narrative summary.

5 QUANTITY AND QUALITY OF RESEARCH AVAILABLE

5.1 Number of studies identified

Electronic searching of databases resulted in 86 references. Manual de-duplication of references resulted in 84 unique references for screening at stage 1 (Figure 1).

Initial screening identified 33 references, which were obtained as full-text papers (stage 1). A total of 15 papers met the inclusion criteria at stage 2 and were included in the review. A list of references that were excluded at stage 2 is presented in Appendix 2. The 15 studies included in the review were divided into four categories, based on study design. Table 2 presents the numbers of studies in each category and a brief description of the study type. No RCTs that included only older patients were identified in the search.

Table 2: Categorisation of included studies

Study type	Definition	Number of studies
Subgroup analyses of RCTs	Analyses of RCTs from the general population with elderly/older subgroups reported separately	2
Pooled analyses	Published studies that use aggregated subgroup data on elderly/older patients from RCTs or cohort studies	4
Single cohorts	Studies that report single cohorts of elderly/older patients	3
Retrospective data	Any reports of systemic anti-cancer therapy for elderly/older patients in a defined cohort of patients or as report from registries of patient outcomes	6
Total		15

RCT=randomised controlled trial

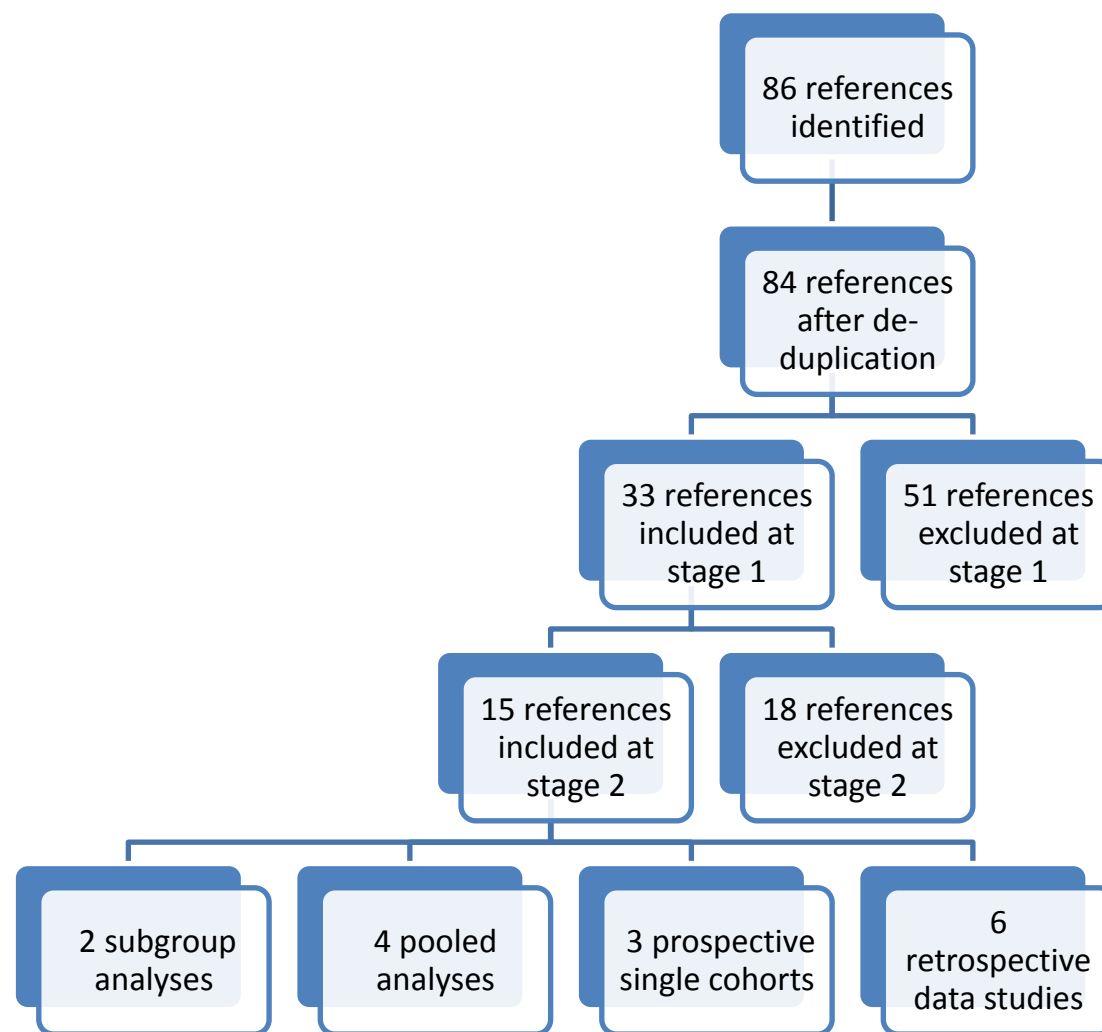


Figure 1: Flow diagram of included studies

6 SUBGROUP ANALYSES OF RANDOMISED CONTROLLED TRIALS

Two studies^{13,14} met the inclusion criteria for the reporting of subgroup analyses of older patients in RCTs. Trial and study characteristics are presented in Table 3. Where possible, data regarding age and performance status (PS) are presented; however, both studies were published in abstract form only and some data were not reported by the authors.

6.1 *Study characteristics*

Both studies were subgroup analyses of multicentre, international RCTs. The data published by Larson et al¹⁴ were from a phase III trial, whereas Gambacorti-Passerini et al¹³ did not specify the phase of the RCT. Larson et al¹⁴ did not specify funding information, whereas Gambacorti-Passerini et al¹³ was funded by a pharmaceutical company. Neither publication reported the recruitment period of the trial. The studies were similar in size, and both studies included similar proportions of older patients. The definition of older was ≥ 65 years in both studies.

Both studies recruited patients who were newly diagnosed in the chronic phase. Gambacorti-Passerini et al¹³ compared bosutinib with imatinib, and Larson et al¹⁴ compared two doses of nilotinib (300 mg vs 400 mg). Patient baseline data were poorly reported, and neither study specified median age of patients. Larson et al¹⁴ reported that 80% of patients had an Eastern Cooperative Oncology Group (ECOG) PS of 0, but PS data were not presented by Gambacorti-Passerini et al.¹³ In both studies, the proportion of older patients with an intermediate to high Sokal risk score was over 90%.

Both studies concluded that treatment was generally well tolerated by older patients who achieved similar response rates to younger patients.

Table 3: Study characteristics, subgroup analyses of randomised controlled trials

Study	Study details	Population	Intervention (n)	Baseline data	Purpose	Author conclusions
Gambacorti-Passerini 2012 ¹³ (abstract only)	Multicentre International Median follow-up 24 months Funded by Pfizer Inc	Chronic phase Newly diagnosed CML ≥65=11.4%	Bosutinib 500 mg/day ≥65=30 <65=220 Imatinib 400 mg/day ≥65=27 <65=225	≥65 Sokal risk: L=4% I=72% H=25% <65 Sokal risk: L=39% I=44% H=17%	To summarise the activity and tolerability of bosutinib 500 mg/day and imatinib 400 mg/day among older vs younger patients	Although the frequency of certain toxicities as well as treatment discontinuations due to TEAEs was higher among older patients, the toxicity profile of bosutinib remained manageable and distinct from that of imatinib regardless of age
Larson 2011 ¹⁴ (abstract only)	Phase III Multicentre International Median follow-up 24 months	Chronic phase Newly diagnosed CML ≥65=10%	Nilotinib 300 mg ≥65=36 <65=282 Nilotinib 400 mg ≥65=28 <65=281	ECOG PS: 0=80% Sokal risk score: I-H=94%	To evaluate the efficacy and safety of nilotinib 300 mg twice daily and nilotinib 400 mg twice daily in older patients with newly diagnosed CML in chronic phase	Older patients treated with nilotinib demonstrated high rates of cytogenetic and molecular responses and low rates of progression. Nilotinib was generally well tolerated by older patients. In older patients, nilotinib 300 mg had numerically higher rates of CCyR and MMR and was generally better tolerated (as evidenced by fewer AEs and discontinuations) vs nilotinib 400 mg. These data support the use of nilotinib 300 mg in older patients with newly diagnosed CML-chronic phase

CML=chronic myeloid leukaemia; L=low; I=intermediate; H=high; ECOG PS=Eastern Cooperative Oncology Group performance status; CCyR=complete cytogenetic response; MMR=major molecular response; AE=adverse event; TEAE=treatment-emergent adverse events

6.2 Efficacy evidence

6.2.1 Clinical outcomes

Data for clinical outcomes relating to cytogenetic response and haematological response for subgroup analyses are presented in Table 4.

Gambacorti-Passerini et al¹³ reported that for patients who received bosutinib, lower rates of CCyR at 24 months were reported for older patients compared with younger patients, and median time to CCyR was shorter (70% by 24 weeks vs 80% by 12.7 weeks). For patients who received imatinib, CCyR rates and time to response were similar in both age groups (78% by 24.4 weeks vs 80% by 24.7 weeks). Similarly, Larson et al¹⁴ reported lower CCyR in older compared with younger patients in both the 300 mg (83% vs 87%) and 400 mg (68% vs 87%) nilotinib arms, although no statistically significant difference was reported.

Larson et al¹⁴ reported similar results for major molecular response (MMR) both across treatment arms and for older versus younger patients: 72% versus 71% for nilotinib 300 mg, and 61% versus 67% for nilotinib 400 mg. Gambacorti-Passerini et al¹³ reported a lower rate of MMR in older patients compared with younger patients receiving bosutinib (53% vs 60%), although the median time to MMR was similar (48.1 vs 48 weeks). For patients receiving imatinib, MMR was similar for both older and younger patients (48% vs 49%); however, time to response was longer in the younger age group (84.1 vs 60 weeks).

6.2.2 Efficacy outcomes

Efficacy outcomes for subgroup analyses are presented in Table 5.

Only Gambacorti-Passerini et al¹³ presented efficacy outcomes. Bosutinib demonstrated better 2-year event-free survival (EFS) and overall survival (OS) in the older population compared with younger patients (EFS: 100% vs 91%, OS: 100% vs 97%). For patients receiving imatinib therapy, EFS was longer in the younger population (88% vs 81%) as was 2-year OS (95% vs 92%).

Table 4: Clinical outcomes, subgroup analyses of randomised controlled trials

Study	Intervention	MCyR	CCyR	CHR	MMR
Gambacorti-Passerini 2012 ¹³ (abstract only)	Bosutinib 500 mg ≥65	NR	24-month CCyR 70% Median time to CCyR 24 weeks	NR	24-month MMR 53% Median time to MMR 48.1 weeks
	Bosutinib 500 mg <65	NR	80% 12.7 weeks	NR	60% 48 weeks
	Imatinib 400 mg ≥65	NR	78% 24.4 weeks	NR	48% 60.6 weeks
	Imatinib 400 mg <65	NR	80% 24.7 weeks	NR	49% 84.1 weeks
Larson 2011 ¹⁴ (abstract only)	Nilotinib 300 mg ≥65	NR	24-month CCyR 83%	NR	24-month MMR 72%
	Nilotinib 300 mg <65	NR	87%	NR	71%
	Nilotinib 400 mg ≥65	NR	68%	NR	61%
	Nilotinib 400 mg <65	NR	87%	NR	67%

MCyR=major cytogenetic response; CCyR=complete cytogenetic response; CHR=complete haematological response; MMR=major molecular response; NR=not reported

Table 5: Efficacy outcomes, subgroup analyses of randomised controlled trials

Study	Intervention	Median EFS (95% CI)	Hazard ratio (95% CI)	Median OS (95% CI) Months	Hazard ratio (95% CI)
Gambacorti-Passerini 2012 ¹³ (abstract only)	Bosutinib 500 mg	≥65=2-year EFS 100%	NR	2-year OS 100%	NR
		<65=2-year EFS 91%	NR	2-year OS 97%	NR
	Imatinib 400 mg	≥65=2-year EFS 81%	NR	2-year OS 92%	NR
		<65=2-year EFS 88%	NR	2-year OS 95%	NR

EFS=event-free survival; CI=confidence interval; OS=overall survival; NR=not reported

6.3 Tolerability evidence

Both subgroup analyses^{13,14} reported at least one outcome of interest relating to tolerability. Details are presented in Table 6.

Neither study^{13,14} reported information relating to dose intensity; however, both studies^{13,14} reported data regarding discontinuations and/or withdrawals. Larson et al¹⁴ reported a higher number of withdrawals due to toxicity in older patients compared with younger patients when given nilotinib at a dose of 400 mg (36% vs 10%). However, when given at a dose of 300 mg, the withdrawal rates for older and younger patients were similar (6% vs 9%). Gambacorti-Passerini et al¹³ reported a higher number of withdrawals due to AEs with bosutinib (500 mg) in the older patients compared with younger patients (39% vs 22%), and this difference was statistically significant ($p=0.023$). There was no statistically significant difference in withdrawal rates due to AEs for imatinib when comparing older and younger patients, and these rates were relatively low (8% vs 9%). Gambacorti-Passerini et al¹³ reported higher rates of dose interruptions due to AEs in the older population for both treatment regimens (bosutinib: 89% vs 63%; imatinib: 69% vs 42%). Rates of dose reductions for any reason were higher for older patients in the imatinib arm (42% vs 18%) and the bosutinib arm (64% vs 40%).

The most frequently observed grade 3-4 AE reported by Larson et al¹⁴ was elevated glucose, which was more frequently observed in older patients compared with younger patients at the lower 300 mg dose of nilotinib (23% vs 4%). Grade 3-4 neutropenia was observed more frequently in younger patients at both 300 mg (14%) and 400 mg (12%); no cases of grade 3-4 neutropenia were observed in the older population. This was also the case for thrombocytopenia: 12% of younger patients experienced thrombocytopenia with the 300 mg dose of nilotinib compared with no older patients, and 13% of younger patients compared with 4% of older patients experienced thrombocytopenia in the 400 mg dose group. Gambacorti-Passerini et al¹³ reported that grade 3-4 neutropenia for bosutinib was 11% for both age groups. Neutropenia was also the most common grade 3-4 toxicity in the imatinib groups, and was only marginally higher in the older population (23% vs 22%).

Table 6: Tolerability evidence, subgroup analyses of randomised controlled trials

Study	Treatment received and/or dose intensity	Discontinuations and/or withdrawals	Dose modifications and/or interruptions	Proportion of patients with grade 3-4 adverse events
Gambacorti-Passerini 2012 ¹³ (abstract only)	NR	Bosutinib 500 mg ≥65 Discontinuations=57% Discontinuations due to AEs=39%	Dose reductions=64% Interruptions due to AEs=89%	Overall grade 3-4 toxicities=89% Grade 3-4 neutropenia=11%
	NR	Bosutinib 500 mg <65 Discontinuations=35% Discontinuations due to AEs=22% (comparing ≥65, p=0.023)	Dose reductions=40% Interruptions due to AEs=63%	Overall grade 3-4 toxicities=65% Grade 3-4 neutropenia=11%
	NR	Imatinib 400 mg ≥65 Discontinuations=35% Discontinuations due to AEs=8%	Dose reductions=42% Interruptions due to AEs=69%	Overall grade 3-4 toxicities=73% Grade 3-4 neutropenia=23%
	NR	Imatinib 400 mg <65 Discontinuations=28% Discontinuations due to AEs=9% (comparing ≥65, p=0.496)	Dose reductions=18% Interruptions due to AEs=42%	Overall grade 3-4 toxicities=56% Grade 3-4 neutropenia=22%
Larson 2011 ¹⁴ (abstract only)	NR	Nilotinib 300 mg ≥65 Withdrawn=25% Withdrawn due to toxicity=6%	NR	Neutropenia=0% Thrombocytopenia=0% Elevated glucose=23% Elevated lipase=11%
	NR	Nilotinib 300 mg <65 Withdrawn=25% Withdrawn due to toxicity=9%	NR	Neutropenia=14% Thrombocytopenia=12% Elevated glucose=4% Elevated lipase=7%
	NR	Nilotinib 400 mg ≥65 Withdrawn=46% Withdrawn due to toxicity=36%	NR	Neutropenia=0% Thrombocytopenia=4% Elevated glucose=16% Elevated total bilirubin=12% Elevated lipase=16%
	NR	Nilotinib 400 mg <65 Withdrawn=19% Withdrawn due to toxicity=10%	NR	Neutropenia=12% Thrombocytopenia=13% Elevated glucose=4% Elevated total bilirubin=8% Elevated lipase=7%

AE=adverse event; NR=not reported

6.4 Comprehensive geriatric assessment and quality of life

No studies reported outcomes of comprehensive geriatric assessment or quality of life.

6.5 Summary and discussion

There were two subgroup analyses^{13,14} of multicentre, international RCTs included in the review, with only a small percentage of older patients forming the study populations. The therapies investigated were all TKIs (bosutinib, imatinib, and nilotinib). Where reported, baseline data suggest that the patients were representative of older patients seen in practice in the UK. The cut-off age for 'older' patients was ≥ 65 years.

Both studies^{13,14} presented data for CCyR and MMR, and although there was a trend for younger patients to achieve more favourable outcomes than older patients, the results suggest that older patients also derive benefit from TKI therapy treatment. Only Gambacorti-Passerini et al¹³ presented outcomes relating to survival.

Data relating to tolerability suggest that treatment is tolerable for older patients, although withdrawal rates were higher for those aged ≥ 65 .

The authors' conclusions suggest that TKI therapy is well tolerated by older patients, and that responses to treatment are similar for older and younger patients.

7 POOLED ANALYSES

Four pooled analyses¹⁵⁻¹⁸ met the inclusion criteria and were included in the review. Study characteristics are presented in Table 7.

7.1 *Study characteristics*

All studies¹⁵⁻¹⁸ were multicentre and one study¹⁶ was international. Three of the studies^{15,16,18} were funded by a pharmaceutical company and one study was supported by research grants.¹⁷ The smallest study was Kantarjian et al,¹⁶ which recruited 223 patients, and the largest study was Berger et al,¹⁸ which recruited 856 patients. The proportion of older patients within each study ranged from 21%¹⁷ to 34%.¹⁶

Two studies reported the recruitment period, which ran from 1983 to 1994¹⁸ and from 2003 to 2007,¹⁷ respectively. All studies focussed on patients in the chronic phase of the disease who had tested positive for the Philadelphia chromosome mutation (Ph+). Two studies^{15,16} focussed on second-line treatment, and the other two^{17,18} focussed on first-line treatment. The cut-off age for 'older' patients was either ≥ 60 ^{16,18} or ≥ 65 years.^{15,17} Gulgiotta et al¹⁷ and Kantarjian et al¹⁶ reported patient ECOG PS, which was predominantly 0-1. Berger et al¹⁸ used the Karnofsky performance status (KPS), and again, most patients were in relatively good health (KPS $< 80\%$ ranged from 8% to 14%).

The authors' conclusions indicate that, in general, response to TKI therapy in older patients is similar to that in younger patients.

Table 7: Study characteristics, pooled analyses

Study	Study details	Population details	Intervention (n)	Baseline data	Purpose	Author conclusions
Brummendorf 2012 ¹⁵ (abstract only)	Multicentre Median follow-up 31 months Funded by Novartis; Pfizer; ARIAD; Bristol-Myers Squibb & Deciphera Stratification NR	Chronic phase Ph+ Second-line ≥65=33%	Bosutinib 500 mg/day ≥65 (n=88) <65 (n=315)	NR	To measure efficacy and safety of Bosutinib in elderly vs younger CML patients	Bosutinib demonstrated similar efficacy and acceptable safety in both older and younger patients across Ph+ leukaemia cohorts
Gugliotta 2011 ¹⁷	Multicentre Italy 2003-2007 Median follow-up 60 months (1-83) Funded by GIMEMA CML Working Party; COFIN 2003; FIRB 2001; Associazione Italiana per la Ricerca sul Cancro; CNR; Fondazione del Monte di Bologna e Ravenna; European Leukemia Net; Bologna AIL Stratification NR	Early chronic phase Ph+ and BCR-ABL+ First-line ≥65=21%	Imatinib ≥65 (n=115) <65 (n=444)	Median age: ≥65=71 years (65-84) All patients=52 (18-84) Male: 60% ≥65 ECOG PS: 1=76% 2=24% <65 ECOG PS: 1=80% 2=20% ≥65 Sokal risk: L=9% I=72% H=19% <65 Sokal risk: L=47% I=30% H=23%	To analyse the difference between age and outcome for early chronic phase CML	Response to imatinib was not affected by age and the mortality rate linked to CML is similar in both age groups
Berger 2003 ¹⁸	Multicentre Germany 1983-1994 Median follow-up 7	Chronic phase Ph+ and/or BCR-ABL+ First-line treatment ≥60=23%	≥60 (n=199) IFN α (n=91) Hydroxyurea (n=63) Busulfan (n=45)	Median age: 66 years(60-85) Male: 45.2%	To assess the long-term outcome of older patients with Ph+ and/or BCR-ABL+ CML	We conclude that the course of CML is not different in the elderly. They require lower IFN doses, achieve the same

Study	Study details	Population details	Intervention (n)	Baseline data	Purpose	Author conclusions
	<p>years</p> <p>Funded by German Ministry of Education and Research (BMBF); Competence network 'Acute and chronic leukaemias-01 GI9980/6; Hoffmann-La Roche; Forschungsfonds der fakultat fur Klinische Medizin Stratification NR</p>		<60 (n=657)	<p>KPS: ≥60 <80%=14% <60 <80%=8%</p> <p>New CML score ≥60: L=8% I=61% H=31% <60: L=44% I=42% H=14%</p>		haematological and cytogenetic response rates and the same survival advantage at comparable toxicity
Kantarjian 2002 ¹⁶	<p>Multicentre International</p> <p>Median follow-up 17 months (1-21)</p> <p>Funded by Novartis Stratification NR</p>	<p>Chronic phase Ph+ Second-line ≥60=34%</p>	<p>Imatinib 400mg ≥60 (n=67) <60 (n=156)</p>	<p>Male: 57%</p> <p>PS: 0-1=98% 2=2%</p>	To evaluate the incidence and durability of cytogenetic responses over a longer follow-up period and to analyse pre-treatment and therapy-related factors associated with response and survival	Imatinib mesylate is highly effective in chronic-phase CML after IFN-α failure. We identified pre-treatment and treatment-associated factors that were associated with higher major cytogenetic response rates and with improved survival

CML=chronic myeloid leukaemia; Ph+=Philadelphia chromosome positive; IFN-α=interferon alpha; L=low; I=intermediate; H=high; NR=not reported

7.2 Efficacy evidence

7.2.1 Clinical outcomes

Data for clinical outcomes relating to cytogenetic response and haematological response are presented in Table 8.

Only one study¹⁵ presented data for major cytogenetic response (MCyR), with similar rates for older and younger patients treated with second-line bosutinib. Three studies^{15,17,18} reported results of CCyR. Berger et al¹⁸ reported no significant difference in CCyR between older and younger patients (10% vs 8%), Gugliotta et al¹⁷ also reported no significant differences in CCyR between the older and younger patients (74% vs 78% at 18 months), and Brummendorf et al¹⁵ reported similar results for older and younger patients, with slightly higher rates for older patients treated with bosutinib after imatinib than for bosutinib after dasatinib/nilotinib (38% vs 23%).

Complete haematological response (CHR) was reported by two studies,^{15,17} and results within studies were similar across age groups. MMR was reported by two studies.^{16,17} Gugliotta et al¹⁷ reported that there was little difference in MMR rates between older and younger patients treated with imatinib, and Kantarjian et al¹⁶ reported similar figures in each age group (57% vs 65%).

7.2.2 Efficacy outcomes

Efficacy data were available for at least one outcome of interest for all four studies,¹⁵⁻¹⁸ and are presented in Table 9.

One study¹⁷ presented data for rates of progression-free survival (PFS), failure-free survival (FFS) and EFS at 6 years, and reported statistically significantly higher rates for younger patients compared with older patients.

In terms of OS, Berger et al¹⁸ reported a higher OS across all treatment groups for younger patients compared with the older patients. The three remaining studies¹⁵⁻¹⁷ presented data for survival at different time points (2-year, 6-year and 1.5-year), and results were generally comparable between older and younger patients, with the exception of Gugliotta et al¹⁷ who reported statistically significant differences in 6-year OS results: 78% for older patients compared with 92% for younger patients ($p < 0.0001$).

Table 8: Clinical outcomes, pooled analyses

Study	Intervention	MCyR	CCyR	CHR	MMR
Brummendorf 2012 ¹⁵ (abstract only)	Bosutinib cohort 1 ^a ≥65	43%	38%	81%	NR
	Bosutinib cohort 1 ^a <65	57%	45%	87%	NR
	Bosutinib cohort 2 ^b ≥65	27%	23%	72%	NR
	Bosutinib cohort 2 ^b <65	34%	24%	74%	NR
Gugliotta 2011 ¹⁷	Imatinib ≥65	NR	69% (6 month) 78% (12 month) 74% (18 month)	97% (3 month)	47% (6 month) 58% (12 month) 57% (18 month)
	Imatinib <65	NR	67% (6 month) 77% (12 month) 78% (18 month) vs ≥65, p=0.82, 0.9, 0.38	96% (3 month) vs ≥65, p=0.999	48% (6 month) 59% (12 month) 63% (18 month) vs ≥65, p=0.83, 0.92, 0.24
Berger 2003 ¹⁸	IFN-α ≥60 (62% evaluable)	NR	Complete=10% Partial=4% Minor=3% Minimal=12% None=32%	NR	NR
	IFN-α <60 (72% evaluable)	NR	Complete=8% Partial=9% Minor=7% Minimal=16% None=33%	NR	NR
Kantarjian 2002 ¹⁶	Imatinib ≥60	NR	NR	NR	57%
	Imatinib <60	NR	NR	NR	65% vs ≥60, p=0.27

IFN-α=interferon alpha; MCyR=major cytogenetic response; CCyR=complete cytogenetic response; CHR=complete haematological response; MMR=major molecular response; NR=not reported

^a Chronic phase of chronic myeloid leukaemia (CML) after imatinib

^b Chronic phase CML after dasatinib and/or nilotinib

Table 9: Efficacy outcomes, pooled analyses

Study	Intervention	Median PFS/EFS (95% CI) Months	Hazard ratio (95% CI) P value	Median OS (95% CI) Months	Hazard ratio (95% CI) P value
Brummendorf 2012 ¹⁵ (abstract only)	Bosutinib after imatinib ≥65 <65	NR	NR	2-year survival=87%	NR
		NR		2-year survival=92%	
	Bosutinib after dasatinib and/or nilotinib ≥65 <65	NR	NR	2-year survival=80%	NR
		NR		2-year survival=85%	
Gugliotta 2011 ¹⁷	Imatinib ≥65	6-year EFS 55% (45 to 64) 6-year FFS 62% (52 to 70) 6-year PFS 75% (65 to 83)	EFS p=0.006 FFS p=0.0009 PFS p=0.0001	6-year OS 78% (68 to 85)	p<0.0001
	Imatinib <65	6-year EFS 67% (61 to 72) 6-year FFS 78% (73 to 82) 6-year PFS 90% (86 to 92)		6-year OS 92% (89 to 95)	
Berger 2003 ¹⁸	IFN-α	NR	NR	≥60=56	NR
				<60=65	
	Hydroxyurea	NR	NR	≥60=46	NR
				<60=57	
Kantarjian 2002 ¹⁶	Imatinib ≥60 <60	NR	NR	1.5-year survival=96%	p=0.98
		NR		1.5-year survival=96%	

IFN-α=interferon alpha; PFS=progression-free survival; EFS=event-free survival; FFS=failure-free survival; OS=overall survival; CI=confidence interval; NR=not reported

7.3 Tolerability evidence

One study¹⁸ reported data relating to tolerability outcomes. Details are presented in Table 10.

Berger et al¹⁸ presented information regarding duration of treatment and median daily dose for patients treated with interferon alpha (IFN- α). The median daily dose delivered to patients was statistically significantly higher for younger patients ($p=0.011$). Rates of withdrawals due to AEs were similar for both older and younger patients (20% vs 18%).

Table 10: Tolerability evidence, pooled analyses

Study	Treatment received and/or dose intensity	Discontinuations and/or withdrawals	Dose modifications and/or interruptions	Proportion of patients with grade 3-4 adverse events
Berger 2003 ¹⁸	IFN- α (2.5-3.4 x10 ⁶ IU/m ²) ≥60 Median duration of treatment=18 months Median daily dose 2.5 Mio IU/m ² /day	Withdrawn due to AEs=20%	NR	NR
	IFN- α (2.5-3.4 x10 ⁶ IU/m ²) <60 Median duration of treatment=17 months Median daily dose 3.4 Mio IU/m ² /day (vs ≥60, p=0.011)	Withdrawn due to AEs=18%	NR	NR

IFN- α =interferon alpha; AE=adverse event; NR=not reported

7.4 Comprehensive geriatric assessment and quality of life

No studies reported outcomes of comprehensive geriatric assessment or quality of life.

7.5 Summary and discussion

Four studies¹⁵⁻¹⁸ that presented pooled analyses of data from RCTs were included in the review. The proportion of older patients varied from 21%¹⁷ to 34%.¹⁶ Results from these studies should be interpreted with caution as it is unclear whether the primary RCTs stratified patients by age at randomisation. The studies investigated the use of imatinib,^{16,17} bosutinib¹⁵ and the now-obsolete IFN- α /hydroxyurea/busulfan,¹⁸ so this study is of historical interest only. All studies recruited patients with chronic phase disease. Where reported, patient baseline data showed that study populations had a good PS and predominantly low Sokal risk scores.

In terms of clinical outcomes, there were no significant differences between older and younger patients, suggesting that these therapies are viable treatment options for older patients. One study¹⁷ presented statistically significant efficacy results in favour of younger patients compared with older patients for PFS, FFS and EFS at 6 years. Results for survival rates were generally comparable between older and younger patients; however, one study¹⁷ reported statistically significant 6-year OS results in favour of younger patients.

Tolerability data were limited and no conclusions could be drawn from the data available.

The authors' conclusions suggest that response to treatment in older patients is similar to that of younger patients.

8 SINGLE COHORTS

Three single-cohort studies¹⁹⁻²¹ met the inclusion criteria and were included in the review. Study characteristics are presented in Table 11.

8.1 *Study characteristics*

Two of the studies^{19,21} were multicentre and one study²⁰ did not report this information. Two studies^{19,20} were conducted in Italy and one study²¹ was conducted in Spain. Rosti et al²⁰ was a phase II study; the phase was not reported in the other two studies.^{19,21} Two studies^{19,21} received funding from pharmaceutical companies and one study²⁰ was supported by research grants. Two studies^{19,21} recruited only older patients, and one study²⁰ recruited both older and younger patients, with 20% of the study population aged ≥ 65 years. The smallest cohort of older patients was Sanchez-Guijo et al,²¹ which recruited 36 patients, and the largest study was Breccia et al,¹⁹ which recruited 181 older patients, all of whom were aged >75 years.

All three studies¹⁹⁻²¹ investigated the use of imatinib, and were concerned with the chronic phase of the disease, with one study²⁰ looking more specifically at late chronic phase and including only patients who carried the Ph+ mutation. The definition of 'older' was ≥ 65 for two studies^{20,21} and >75 for one study.¹⁹ Across the studies, the proportion of males was similar. None of the studies reported patient PS; however, Sokal risk scores were presented by Breccia et al,¹⁹ with the majority of patients being at intermediate risk.

Table 11: Study characteristics, single cohorts

Study	Study details	Population	Intervention (n)	Baseline data	Purpose	Author conclusions
Breccia 2011 ¹⁹ (abstract only)	Multicentre Italy Funded by Novartis	Chronic phase >75=100%	Imatinib (n=181)	Median age: 78.6 years (75-93.6) Male: 52.5% Sokal risk: I=58.0% H=30.4% NE=11%	To observe the impact of concomitant diseases on both compliance and outcome	Our results suggest that treatment of very elderly CML patients might be influenced by personal physician perception: evaluation at baseline of comorbidities according to CCI should improve initial decision making in this subset of patients
Sanchez-Guijo 2011 ²¹	Multicentre Spain Median follow-up 24 months (2-35) Funded by Novartis	Chronic phase ≥65=100%	Imatinib (n=36)	Median age: 76.6 years (65-87) Male: 47%	To assess the toxicity and outcome of elderly CML patients treated with imatinib	Imatinib displays, in advanced-age patients with chronic phase CML, an efficacy and safety profile comparable to younger patients
Rosti 2007 ²⁰	Phase II Italy Median follow-up 36 months (12-54) Funded by COFIN 2003 (Molecular therapy of Ph- positive leukemias) FIRB 2001; University of Bologna; Italian Association for Cancer Research (A.I.R.C.); Fondazione del Monte di Bologna e Ravenna, European; LeukemiaNet; AIL grants	Late chronic phase Ph+ Interferon resistant/intolerant ≥65=20%	Imatinib 400 mg ≥65 (n=58) <65 (n=226)	Median age: 74 years (65-85) Male: 48%	To assess the effect of age on response and compliance to treatment in patients with CML	Older patients experienced more adverse events, both haematological and non- haematological: this worsened compliance did not, however, prevent a long-term outcome similar to that of younger patients

I=intermediate; H=high; NE=not evaluable; CML=chronic myeloid leukaemia; CCI=Charlson Comorbidity Index

8.2 Efficacy evidence

8.2.1 Clinical outcomes

Data for clinical outcomes relating to cytogenetic response and haematological response are presented in Table 12.

Only one study²⁰ reported data for MCyR and found that younger patients had higher rates (74%) compared with older patients (53%); the result was statistically significant ($p=0.003$). All studies²⁰⁻²² presented data for CCyR. Rosti et al²⁰ reported a statistically significantly lower CCyR in older patients compared with younger patients treated with imatinib (36% vs 58%; $p=0.002$). Sanchez-Guijo et al²¹ reported a CCyR of 61% at 6 months, which increased to 83% at 18 months. Breccia et al¹⁹ reported higher CCyR for those with a low Charlson Comorbidity Index (CCI) compared with high CCI (66% vs 57%).

Two studies^{20,21} reported data for CHR. Sanchez-Guijo et al²¹ reported a CHR of 86% at 6 months, which increased to 94% at 18 months for older patients, and Rosti et al²⁰ found that the response was statistically significantly lower in older patients compared with younger patients (53% vs 74%; $p=0.003$). Sanchez-Guijo et al²¹ was the only study to report MMR, which was 55% at 12 months and 69% at 18 months.

8.2.2 Efficacy outcomes

Efficacy data were available for at least one outcome of interest for all three studies.¹⁹⁻²¹ However, data were limited, as all studies focussed primarily on cytogenetic or haematological response.

One study¹⁹ presented data for EFS, which was higher in patients with low CCI compared with those with a higher CCI score (34 vs 23.5 months). The OS was reported by two studies.^{19,21} Breccia et al¹⁹ compared patients with low and higher CCI score, and those with a lower score achieved a higher median OS (40.8 vs 10.6 months). Sanchez-Guijo et al²¹ reported only the median OS, which was 34 months.

Table 12: Clinical outcomes, single cohorts

Study	Intervention	MCyR	CCyR	CHR	MMR
Breccia 2011 ¹⁹ (abstract only)	Imatinib	NR	CCI 0=66% CCI >3=56.5%	NR	NR
Sanchez-Guijo 2011 ²¹	Imatinib	NR	61% (6 month) 72% (12 month) 83% (18 month)	86% (6 month) 89% (12 month) 94% (18 month)	55% (12 month) 69% (18 month)
Rosti 2007 ²⁰	Imatinib ≥65	53%	36%	53%	NR
	Imatinib <65	74% vs ≥65, p=0.003	58% vs ≥65, p=0.002	74% vs ≥65, p=0.003	NR

MCyR=major cytogenetic response; CCyR=complete cytogenetic response; CHR=complete haematological response; MMR=major molecular response; CCI=Charleston Comorbidity Index; NR=not reported

Table 13: Efficacy outcomes, single cohort

Study	Intervention	Median EFS (95% CI) Months	Hazard ratio (95% CI)	Median OS (95% CI) Months	Hazard ratio (95% CI)
Breccia 2011 ¹⁹ (abstract only)	Imatinib CCI=0	34	NR	40.8	NR
	Imatinib CCI≥3	23.5		10.6	
Sanchez-Guijo 2011 ²¹	Imatinib	NR	NR	34 (27 to 41)	NR
Rosti 2007 ²⁰	Imatinib	NR	NR	NR	NR

CCI=Charleston Comorbidity Index; EFS=event-free survival; OS=overall survival; CI=confidence interval; NR=not reported

8.3 Tolerability evidence

All three studies¹⁹⁻²¹ reported tolerability data. Details are presented in Table 14.

None of the studies¹⁹⁻²¹ reported information regarding the dose intensity of treatment administered. Discontinuations were presented by two studies.^{19,20} Breccia et al¹⁹ reported higher rates of discontinuation in patients with a lower CCI score (58% vs 48%), and Rosti et al²⁰ reported slightly higher rates of discontinuation for older patients compared with younger patients (6% vs 2%).

Sanchez-Guijo et al²¹ reported only that 19% of patients required a dose reduction from 400 mg to 300 mg due to toxicity. Breccia et al¹⁹ reported a 37.6% rate of reduction for the overall study population.

The most commonly occurring grade 3-4 AE reported by Rosti et al²⁰ was neutropenia, which was significantly higher in older patients (43% vs 34%; $p=0.04$). The authors also reported a significantly higher occurrence of thrombocytopenia in older patients (33% vs 20%; $p=0.02$). Breccia et al¹⁹ reported higher grade 3-4 non-haematological toxicities in patients with a low CCI compared with higher CCI (62% vs 35%). The occurrence of grade 3-4 haematological toxicities was similar for both groups (39% vs 35%).

Table 14: Tolerability evidence, single cohorts

Study	Treatment received and/or dose intensity	Discontinuations and/or withdrawals	Dose modifications and/or interruptions	Proportion of patients with grade 3-4 adverse events
Breccia 2011 ¹⁹ (abstract only)	NR	Imatinib CCI=0 Discontinuation due to toxicity=58%	Overall dose reduction rate=37.6% (all patients) Reduced standard dose=43.6% Further reduction=39%	Grade 3-4 haematological toxicity=39% Grade 3-4 non-haematological toxicity=62%
	NR	Imatinib CCI≥3 Discontinuation due to toxicity=48%	Reduced standard dose=>50% Further reduction=21%	Grade 3-4 haematological toxicity=35% Grade 3-4 non-haematological toxicity=35%
Sanchez-Guijo 2011 ²¹	NR	NR	Imatinib 400 mg Interruptions=33.3% Median time of=28 days Dose reduction due to toxicity=19% (400 mg to 300 mg)	NR
Rosti 2007 ²⁰	NR	Imatinib 400 mg ≥65 Discontinued=6%	NR	Neutropenia=43% Thrombocytopenia=33% Non-haematological toxicity=12%
	NR	Imatinib 400 mg <65 Discontinued=2%	NR	Neutropenia=34% (vs ≥65 p=0.04) Thrombocytopenia=20% (vs ≥65, p=0.02)

NR=not reported; CCI=Charlson Comorbidity Index

8.4 Comprehensive geriatric assessment and quality of life

No studies reported outcomes of comprehensive geriatric assessment or quality of life.

8.5 Summary and discussion

Three single cohort studies¹⁹⁻²¹ were included in the review. All studies investigated the use of imatinib in patients ≥ 65 / >75 years in the chronic/late chronic phase of the disease. Baseline data were not well reported.

Data for clinical and efficacy outcomes were not comprehensively reported. Results generally suggest that treatment is effective for older patients, with some results favouring the older patients. In terms of tolerability, the rates of discontinuation were similar for older and younger patients; however, rates of haematological toxicity were relatively high for older patients.

The authors' conclusions suggest that efficacy and safety results for the older population are comparable to results for the younger population of patients with CML.

9 RETROSPECTIVE DATA

Six retrospective studies²²⁻²⁷ met the inclusion criteria and were included in the review. Study characteristics are presented in Table 15.

9.1 Study characteristics

All studies²²⁻²⁷ were multicentre, four studies^{22,23,25,26} were conducted in Italy, one study²⁴ was conducted in Slovakia and the Czech Republic, and one study²⁷ was conducted in the UK. One study²⁷ was funded by a pharmaceutical company; the other studies²²⁻²⁶ did not provide details of funding. The smallest study was Sheehy et al,²⁷ which recruited 69 participants, and the largest study was by Faber et al,²⁴ which recruited a total of 661 participants. Only one study²⁴ described the recruitment period, which was between 2000 and 2008.

Two studies^{22,25} recruited only participants who were in chronic phase disease, two studies^{24,27} included >90% of participants in chronic phase and two studies^{23,26} did not provide information regarding the phase of disease. The study by Faber et al²⁴ was predominantly of chronic phase disease (92%), but some patients also had accelerated and blastic phase CML. Three studies^{23,24,27} specifically included patients who carried the Ph+ mutation. Four studies were second-line,^{22,25-27} one study²⁴ had a mix of first- and second-line treatments, and the remaining study²³ did not report the line of treatment.

The definition of older was ≥ 60 years^{22,23,25-27} or ≥ 65 years.²⁴ None of the studies reported PS, but they did all report Sokal or Hasford scores. Five studies^{22-25,27} reported a Sokal risk of low to intermediate for the majority of participants. One study²⁶ reported only 44% low to intermediate risk, although not all data were available.

Table 15: Study characteristics, retrospective data

Study	Study details	Population	Intervention (n)	Baseline data	Purpose/outcomes	Author conclusions
Tiribelli 2013 ²³	Multicentre Italy Median follow-up 21.4 months	Ph+ Imatinib resistant BCR-ABL mutation ≥60=100%	Dasatinib Non-mutated (n=36) Mutated (n=40) N=76	Median age: Non-mutated=70 (60-86) Mutated=70 (60-84) Male: Non-mutated=43% Mutated=53% Sokal risk: Non-mutated L=25% I=40% H=20% NE=15% Mutated L=33% I=39% H=6% NE=22%	To assess the impact of BCR-ABL kinase domain mutations on dasatinib response in elderly CML patients	In elderly patients, detection of BCR-ABL mutations negatively affects response to dasatinib
Breccia 2011 ²²	Multicentre Italy	Chronic phase Second-line treatment >60=100%	Dasatinib (n=125)	Median age: 69.9 years (65.4-74.4) Male: 50.4% Sokal risk: L=27% I=39% H=15% NE=20%	To establish associations between comorbidities and the development of pleural effusions or compliance with dasatinib	In elderly patients with chronic CML treated with dasatinib, the rate of drug reduction or suspension and the incidence of pleural effusions seem to be associated with the presence of comorbidities
Faber 2011 ²⁴	Multicentre Czech Republic and Slovakia 2000-2008 Median follow-up 46.1 months (0-122.2)	Chronic phase=92.1% Accelerated phase=5.5% Blastic phase=2.4% Ph+ First-line=57.3% Second-line=29.2% ≥65=10.6%	Imatinib 400 mg ≥65 (n=70) <65 (n=591) N=661	Median age: All patients=51 (15-83) ≥65, first-line=69 (65-81) Second-line=69 (65-80) Male: 54.5% ≥65 Sokal risk: L=10.0% I=56.0% H=33.0%	The observation of treatment preferences and results in patients with CML diagnosed after 2000	The ability to achieve results comparable to those of previous clinical studies in our CML cohort was influenced by centralised care. Decisions not to initiate imatinib or to delay AHSCT may have a negative impact on OS, but comorbidities may limit the treatment potential of

Study	Study details	Population	Intervention (n)	Baseline data	Purpose/outcomes	Author conclusions
				Whole group Sokal risk: L=36.9% I=33.4% H=26.3% ≥65 Hasford risk: L=16% I=66% H=17% Whole group Hasford risk: L=39.3% I=42.7% H=14.7%		imatinib in the elderly
Latagliata 2011 ²⁵	Multicentre Italy Median follow-up 20.7 months	Chronic phase Second-line treatment >60=100%	Dasatinib (n=125)	Median age: At treatment=69.9 (65.4-74.4) At diagnosis=63.1 (58.6-69.2) Male: 50.6% Sokal risk: L=25.5% I=39.2% H=15.2% NE=20%	To describe the tolerability and the efficacy of dasatinib in a wide unselected cohort of older adult patients with CML resistant or intolerant to imatinib	Dasatinib, at the recommended dose of 100 mg/day, is effective and safe also in unselected elderly patients
Porrini 2010 ²⁶ (abstract only)	Multicentre National Italy Median follow-up 25 months (0.7-56.3)	Second-line ≥60=100%	Dasatinib ≥60 (n=129) [reduced dose (n=70)]	Sokal risk (for patients in reduced dose cohort): L=16% I=28% H=15%	To evaluate the impact of dose reduction on dasatinib efficacy	Dasatinib given at a lower dose than currently recommended is still effective in elderly CML patients. Very close molecular monitoring is advised when lower doses are prescribed. Studies in larger series are warranted to better define optimal dose and schedule of dasatinib in this frail patient population

Study	Study details	Population	Intervention (n)	Baseline data	Purpose/outcomes	Author conclusions
Sheehy 2008 ²⁷	Multicentre UK Novartis and Bristol-Myers Squibb	Chronic phase=96% Accelerated phase=4% Ph+ Second-line Older ≥60=36%	Imatinib ≥60 (n=25) <60 (n=44) N=69	Median age: 60-69=52% 70-79=28% ≥80=20% Male: 60% Hasford risk: Evaluable=72% L=5.5% I=89.0% H=5.5%	To compare survival and molecular response rates in elderly patients with younger patients presenting with CML since the introduction of imatinib	No significant survival difference was found when this group was compared with younger patients. In the elderly group, 53% of those with molecular data (36% of all elderly patients) had a major molecular response as assessed by real-time quantitative PCR

Ph+=Philadelphia chromosome positive; L=low; I=intermediate; H=high; NE=not evaluable; NR=not reported; CML=chronic myeloid leukaemia; AHSCT=Autologous Hematopoietic Stem Cells Transplantation; OS=overall survival; PCR=polymerase chain reaction

9.2 Efficacy evidence

9.2.1 Clinical outcomes

Data for clinical outcomes relating to cytogenetic response and haematological response are presented in Table 16.

Five studies²³⁻²⁷ presented outcomes of interest; however, none of the studies reported data for MCyR. Tiribelli et al²³ reported statistically significantly higher rates of CCyR for non-mutated patients than mutated patients treated with dasatinib (57% vs 31%; $p=0.05$), and Latagliata et al²⁵ found that older patients had a higher CCyR with 100 mg than 140 mg. Porrini et al²⁶ reported much lower CCyR for older patients (24.3%). Where comparisons between older and younger patients were reported, Faber et al²⁴ reported statistically significantly higher rates for patients aged <65 compared with those aged ≥ 65 for both first- and second-line treatment ($p=0.017$ and $p=0.099$, respectively). Sheehy et al²⁷ reported a higher CCyR for older patients than younger patients (91% vs 52%).

Results for CHR suggest that younger patients fare better than older patients. Faber et al²⁴ reported that patients aged <65 had a significantly higher CHR than those aged ≥ 65 for both first- and second-line imatinib ($p=0.032$ and $p=0.115$, respectively). Two studies reported CHR for elderly patients receiving dasatinib therapy and these results were comparable.^{25,26}

Four studies^{23,25-27} reported data on MMR. Tiribelli et al²³ reported better MMR outcomes for non-mutated patients than for mutated patients (37% vs 17%; $p=0.11$), and Sheehy et al²⁷ reported that older patients taking imatinib had a higher MMR rate than their younger counterparts (53% vs 36%).

9.2.2 Efficacy outcomes

Four studies^{23,24,26,27} reported efficacy outcomes. Details are presented in Table 17.

Three studies^{23,24,26} presented data regarding PFS/EFS; however, the results for Tiribelli et al²³ were incomplete. Porrini et al²⁶ reported an EFS of 21.3 months for older patients treated with dasatinib. Faber et al²⁴ compared PFS for older and younger patients receiving first- and second-line imatinib but these were not found to be statistically significant ($p=0.963$ and $p=0.406$).

Three studies^{24,26,27} presented data on OS. Porrini et al²⁶ reported an OS of 27.3 months for older patients treated with dasatinib. For both first- and second-line treatment, Faber et al²⁴ reported a significant survival advantage for younger patients ($p<0.001$). Sheehy et al²⁷ reported that patients aged 60 or older had a worse survival rate than younger patients ($p=0.052$) but no data were presented.

Table 16: Clinical outcomes, retrospective studies

Study	Intervention	MCyR	CCyR	CHR	MMR
Tiribelli 2013 ²³	Dasatinib ABL non-mutated	NR	57%	NR	37%
	Dasatinib ABL mutated	NR	31% vs mutated, p=0.05	NR	17% vs mutated, p=0.11
Faber 2011 ²⁴	Imatinib first-line ≥65	NR	53.2%	85.1%	NR
	Imatinib first-line <65	NR	71.3% vs ≥65, p=0.017	94.3% vs ≥65, p=0.032	NR
	Imatinib second-line ≥65	NR	47.8%	73.9%	NR
	Imatinib second-line <65	NR	67.5% vs ≥65, p=0.099	87% vs ≥65, p=0.115	NR
Latagliata 2011 ²⁵	Dasatinib 140 mg	NR	42.3%	34.6%	11.5%
	Dasatinib 100 mg	NR	58.1%	23.6%	20%
	Dasatinib all patients	NR	49.1%	27.8%	15.6
Porrini 2010 ²⁶ (abstract only)	Dasatinib >60	NR	24.3%	25.7%	15.7%
Sheehy 2008 ²⁷	Imatinib ≥60	NR	91%	NR	53%
	Imatinib <60	NR	52%	NR	36%

MCyR=major cytogenetic response; CCyR=complete cytogenetic response; CHR=complete haematological response; MMR=major molecular response; NR=not reported

Table 17: Efficacy outcomes, retrospective data

Study	Intervention	Median EFS (95% CI) Months	Hazard ratio (95% CI)	Median OS (95% CI) Months	Hazard ratio (95% CI)
Tiribelli 2013 ²³	Dasatinib Non-mutated	Not reached	NR	NR	NR
	Dasatinib Mutated	14.2		NR	
Faber 2011 ²⁴	Imatinib First-line	NR	PFS ≥65 vs <65, p=0.963	NR	OS ≥65 vs <65, p<0.001
	Imatinib Second-line	NR	PFS ≥65 vs <65, p=0.406	NR	OS ≥65 vs <65, p<0.001
Porrini 2010 ²⁶ (abstract only)	Dasatinib (>60)	21.3	NR	27.3	NR
Sheehy 2008 ²⁷	Imatinib	NR	NR	NR	p=0.052

EFS=event-free survival; OS=overall survival; PFS=progression-free survival; CI=confidence interval; NR=not recorded

9.3 Tolerability evidence

Five studies^{22,23,25-27} reported tolerability data for at least one outcome of interest. Results are presented in Table 18.

Discontinuations were reported by three studies.²⁵⁻²⁷ Latagliata et al²⁵ reported discontinuations due to toxicity for dasatinib 140 mg compared with 100 mg (15.2% vs 53.6%), Porrini et al²⁶ reported discontinuations due to intolerance (11.4%), and Sheehy et al²⁷ reported that one patient discontinued imatinib due to oedema.

Dose modifications or treatment interruptions were reported by three studies.^{22,23,25} Tiribelli et al²³ reported that 15% and 11% of delays were due to toxicity in non-mutated and mutated groups, respectively. Breccia et al²² reported a statistically significant difference for both the number of dose reductions ($p=0.0001$) and the number of dose delays ($p=0.0002$) between the lowest and highest CCI groups. Latagliata et al²⁵ reported statistically significantly higher rates of dose reductions due to toxicity in the dasatinib 140 mg group compared with the 100 mg group (88.4% vs 26.7%; $p<0.001$).

Breccia et al²² reported that 100% of patients with the highest comorbidity index (3-4) experienced grade 3-4 adverse events, compared with 78% for CCI 0, 43% for CCI 1 and 36% for CCI 2. Latagliata et al²⁵ reported statistically significantly higher rates of haematological toxicities in the dasatinib 140 mg group compared with the 100 mg group (50% vs 19.6%; $p=0.001$).

Table 18: Tolerability evidence, retrospective data

Study	Treatment received and/or dose intensity	Discontinuations and/or withdrawals	Dose modifications and/or interruptions	Proportion of patients with grade 3-4 adverse events
Tiribelli 2013 ²³	Dasatinib non-mutated Mean±SD dose=94±25 mg	NR	Delays due to toxicity=15%	NR
	Dasatinib mutated Mean±SD dose=101±19 mg	NR	Delays due to toxicity=11%	NR
Breccia 2011 ²²	Dasatinib 300-800 mg	NR	Increased dose in 46.4% of patients	NR
	Median duration of treatment=46.6 months (21.8-61.8)			
	NR	NR	CCI=0 Dose reductions=49% Delays=29%	Grade 3-4 haematological toxicity=78%
			CCI=1 Dose reductions=63% Delays=46%	Grade 3-4 haematological toxicity=43%
			CCI=2 Dose reductions=74% Delays=58%	Grade 3-4 haematological toxicity=36%
			CCI=3-4 Dose reductions=100%, p=0.0001 Delays=100%, p=0.0002	Grade 3-4 haematological toxicity=100%
			ACE27=0 Dose reductions=39% Delays=10%	Grade 3-4 haematological toxicity=25%
			ACE27=1 Dose reductions=4% Delays=21%	Grade 3-4 haematological toxicity=14%
			ACE27=2 Dose reductions=68% Delays=40%	Grade 3-4 haematological toxicity=39%
			ACE27=3 Dose reductions=61% Delays=77% Reduction p=0.02 Delay p=0.0001	Grade 3-4 haematological toxicity=15%
Latagliata 2011 ²⁵	NR NR	Dasatinib 140 mg Discontinuations due to	Dose reductions due to toxicity=88.4% 100 mg=26.7%	Haematological toxicities=50.0% Non-haematological=30.7%

Study	Treatment received and/or dose intensity	Discontinuations and/or withdrawals	Dose modifications and/or interruptions	Proportion of patients with grade 3-4 adverse events
		toxicity=15.2%	(All patients=53.6%)	
		Dasatinib 100 mg Discontinuations due to toxicity=53.6%	Dose reductions due to toxicity=26.7% (vs 100 mg, p<0.001)	Haematological toxicities=19.6% (vs 140 mg, p=0.001) Non-haematological=21.4%
Porrini 2010 ²⁶ (abstract only)	NR	Dasatinib 100 mg Discontinuations due to intolerance=11.4%	NR	NR
Sheehy 2008 ²⁷	NR	Imatinib Discontinuations=4% (1 patient), due to oedema	NR	NR

NR=not reported; CCI=Charlson Comorbidity Index; ACE27=adult comorbidity evaluation 27

9.4 Comprehensive geriatric assessment and quality of life

No studies reported outcomes of comprehensive geriatric assessment or quality of life.

9.5 Summary and discussion

Six retrospective studies²²⁻²⁷ were included in the review. Reporting of study and patient characteristics was poor; where reported, the studies focussed on patients in the chronic phase. None of the studies reported PS; however, Sokal risk scores for older patients were low. The cut-off age for 'older' patients was $\geq 60/\geq 65$ years, which was lower than in some of the studies discussed previously.

For clinical outcomes, where comparisons were presented, older patients often achieved more favourable outcomes than younger patients for CCyR and MMR. However, there were statistically significant results favouring younger patients for survival outcomes. Tolerability data were difficult to compare due to the limited data available and the differences in how data were reported.

The authors' conclusions suggest that the presence of BCR-ABL mutations negatively affects response to dasatinib. Other studies concluded that treatment is effective and safe for some older patients, but comorbidities can negatively affect outcomes.

10 DISCUSSION

This review included 15 studies¹³⁻²⁷ that investigated the use of systemic anti-cancer therapy to treat older patients with CML.

No RCTs that enrolled only older patients were identified, and this is perhaps a reflection of the fact that CML is not a common cancer and therefore the organisation of a multinational trial may not be feasible. Four study types were included in the review: subgroup analyses of RCTs, pooled analyses of RCTs, single-cohort studies and retrospective studies. The methodological quality of the included studies is questionable as study characteristics were often poorly reported. In addition, the studies that recruited only older patients were relatively small, as were the proportions of older patients in studies of the general CML population. Studies primarily investigated the use of TKI therapies (imatinib, dasatinib, bosutinib and nilotinib); however, one study¹⁸ investigated the use of IFN- α , hydroxyurea, or busulfan, which are now rarely given to CML patients in any phase but blast crisis.

Where reported, baseline data (e.g. age, PS, Sokal risk score) were generally representative of the characteristics of older patients with CML seen in routine practice in the UK. All studies that reported stage of disease included patients in the chronic phase, with mainly low to intermediate Sokal risk scores, which indicates a good response to treatment. As anticipated, one of the findings of this review is that there is no agreed definition to describe the age (or age range) of 'older' patients recruited to CML studies; the age of patients described as 'older' in the included studies was most commonly ≥ 60 or ≥ 65 years.

Reporting of clinical outcomes relating to cytogenetic and haematological responses was good; almost all studies reported data on one or more of these outcomes. Efficacy outcomes such as PFS/EFS, and OS were not reported as comprehensively as other outcomes, and there was variability in how outcome measures were reported, which made it difficult to make comparisons across studies. Although two-thirds of studies reported data relating to tolerability outcomes, the data were difficult to interpret due to the variations in measures used and the nature of the outcomes reported. Taking all of this into consideration, this review presents a limited evidence base to support the view that systemic anti-cancer therapy is effective for older people with CML and that treatment may confer survival benefit to older patients. Studies generally conclude that systemic anti-cancer therapy is a feasible treatment option for older people with CML.

There was no reporting of the use of CGA or QoL measures, which reflects a lack of use in clinical practice. This may be due to practical reasons such as limited resources, or the accepted practice of using PS or Sokal risk scores as an appropriate assessment for study eligibility and/or suitability for treatment.

10.1 *Strengths and limitations of the review*

The main strength of this review is that evidence has been drawn from a range of study designs in order to build up a comprehensive evidence base to describe systemic anti-cancer treatment in older patients with CML. This review focusses not only on survival and response to treatment, but also on tolerability, which is often a key factor in the decision-making process for both clinicians and patients. Although data were limited, it has been possible to compare results for efficacy and tolerability outcomes between older and younger patients.

The inclusion criteria of this review were deliberately broad in order to include all studies of older patients with any phase of CML. The review did not identify any RCTs that recruited only older patients, and therefore the evidence base is derived from studies that utilised a less-robust methodology and are predominantly small. It is therefore difficult to draw conclusions, and comparisons across study designs and treatment regimens are not necessarily meaningful. Although the results of this review highlight that systemic anti-cancer therapy is a viable treatment option for older people with CML, it should be noted that any conclusions drawn are not treatment recommendations; the evidence should instead be used to enable clinicians and patients to have meaningful discussions about treatment options.

11 CONCLUSIONS

The review has highlighted a lack of RCTs designed specifically to assess the tolerability and efficacy of systemic anti-cancer therapy in older patients. The available data suggest that systemic anti-cancer therapy can be safely used, with good response to treatment and no consistent excess toxicity in older patients. Where comparisons were made between older and younger patients, the evidence shows that although younger patients often achieve better responses to treatment than older patients, systemic anti-cancer therapy can be used to treat patients with CML regardless of age, which is certainly reflective of current clinical practice.

11.1 Suggested research priorities

Given that the risk of CML increases with age, and that the median age at diagnosis is 60 years, older patients are underrepresented in clinical studies. The lack of RCTs recruiting only older patients is perhaps a factor that needs to be addressed in order to synthesise good-quality evidence on the efficacy and tolerability of systemic anti-cancer therapy for older patients with CML.

It would be useful to standardise how outcomes relating to tolerability are measured and reported; the tolerability outcomes used in the studies were often reported differently. It is interesting that none of the studies measured QoL, which could give a clearer picture of what happens to older people who undergo systemic anti-cancer therapy, for example in terms of improvements or decline in overall wellbeing, pain, and fatigue. Development of standardised tools that measure toxicity and QoL for future trials would be useful.

12 REFERENCES

1. American Cancer Society. Leukemia-chronic myeloid (myelogenous). 2013 [cited 2014]; Available from: <http://www.cancer.org/cancer/leukemia-chronicmyeloidcml/detailedguide/leukemia-chronic-myeloid-myelogenous-what-is-c-m-l>.
2. National Cancer Institute. Chronic myelogenous leukemia treatment. 2014 [cited 2014]; Available from: <http://www.cancer.gov/cancertopics/pdq/treatment/CML/Patient/page1>.
3. National Institute for Health and Care Excellence. Dasatinib, high-dose imatinib and nilotinib for the treatment of imatinib-resistant chronic myeloid leukaemia (CML) (part review of NICE technology appraisal guidance 70), and dasatinib and nilotinib for people with CML for whom treatment with imatinib has failed because of intolerance. 2012; Available from: <http://www.nice.org.uk/Guidance/TA241>.
4. Tidy C, Borton C. Chronic myeloid leukaemia. 2012 [cited 2014]; Available from: <http://www.patient.co.uk/doctor/chronic-myeloid-leukaemia-pro>.
5. Cancer Research UK. Chronic myeloid leukaemia (CML) risks and causes. 2014 [cited 2014]; Available from: <http://www.cancerresearchuk.org/about-cancer/type/cml/about/chronic-myeloid-leukaemia-risks-and-causes>.
6. Besa EC, Krishnan K, Buehler B, Markman M, Sacher RA, Sarkodee-Adoo C, *et al*. Chronic myelogenous leukemia 2014 [cited 2014]; Available from: <http://emedicine.medscape.com/article/199425-overview#showall>.
7. Cancer Research UK. Staging for chronic myeloid leukaemia (CML). 2013 [cited 2014]; Available from: <http://www.cancerresearchuk.org/about-cancer/type/cml/treatment/staging-for-chronic-myeloid-leukaemia>.
8. Cancer Research UK. Statistics and outlook for chronic myeloid leukaemia (CML). 2013 [cited 2014]; Available from: <http://www.cancerresearchuk.org/about-cancer/type/cml/treatment/statistics-and-outlook-for-chronic-myeloid-leukaemia#cml>.
9. National Institute for Health and Care Excellence. Dasatinib, nilotinib and standard-dose imatinib for the first-line treatment of chronic myeloid leukaemia (part review of technology appraisal guidance 70). 2012 [cited 2014]; Available from: <http://www.nice.org.uk/guidance/ta251>.
10. Cancer Research UK. Treating chronic myeloid leukaemia (CML). 2014 [cited 2014]; Available from: <http://www.cancerresearchuk.org/about-cancer/type/cml/treatment/>.
11. World Health Organisation. Definition of an older or elderly person. 2014 [2014]; Available from: <http://www.who.int/healthinfo/survey/ageingdefnolder/en/>.
12. British Geriatrics Society. Good practice guides. 2010 [2014]; Available from: http://www.bgs.org.uk/index.php?option=com_content&view=article&id=44:gpgacutecare&catid=12:goodpractice&Itemid=106.
13. Gambacorti-Passerini C, Brummendorf TH, Kim DW, Dyagil I, Kantarjian HM, Pavlov D, *et al*. Efficacy and tolerability of bosutinib and imatinib in older versus younger patients with newly diagnosed chronic phase chronic myeloid leukemia-BELA trial. *Blood*. 2012; 120:abstract 4442 (21).
14. Larson RA, Bunworasate U, Turkina AG, Goldberg SL, Dorlhiac-Llacer P, Lopez JL, *et al*. Nilotinib shows safety and efficacy in older patients (≥ 65 years) with newly diagnosed chronic myeloid leukemia in chronic phase comparable with that in younger patients with chronic myeloid leukemia in chronic phase: Results from ENESTnd. *Blood*. 2011; 118:abstract3768.
15. Brummendorf TH, Carlo GP, Schafhausen P, Khoury HJ, Hochhaus A, Kindler T, *et al*. Efficacy and safety of bosutinib (BOS) for Philadelphia chromosome-positive (Ph+) leukemia in older versus younger patients (pts). *J Clin Oncol*. 2012
16. Kantarjian HM, Talpaz M, O'Brien S, Smith TL, Giles FJ, Faderl S, *et al*. Imatinib mesylate for Philadelphia chromosome-positive, chronic-phase myeloid leukemia after failure of interferon-alpha: Follow-up results. *Clin Cancer Res*. 2002; 8:2177-87.
17. Gugliotta G, Castagnetti F, Palandri F, Breccia M, Intermesoli T, Capucci A, *et al*. Frontline imatinib treatment of chronic myeloid leukemia: No impact of age on outcome, a survey by the GIMEMA CML Working Party. *Blood*. 2011; 117:5591-9.

18. Berger U, English G, Maywald O, Hochhaus A, Reiter A, Metzgeroth G, *et al.* Chronic myeloid leukemia in the elderly: Long-term results from randomized trials with interferon alpha. *Leukemia*. 2003; 17:1820-6.
19. Breccia M, Luciano L, Latagliata R, Castagnetti F, Ferrero D, Cavazzini F, *et al.* Age influences initial dose and compliance to imatinib in chronic myeloid leukemia elderly patients but concomitant comorbidities appear to influence overall and event-free survival. *Blood*. 2011; 118:abstract 2751.
20. Rosti G, Iacobucci I, Bassi S, Castagnetti F, Amabile M, Cilloni D, *et al.* Impact of age on the outcome of patients with chronic myeloid leukemia in late chronic phase: Results of a phase II study of the GIMEMA CML Working Party. *Haematologica*. 2007; 92:101-15.
21. Sanchez-Guijo FM, Duran S, Galende J, Boque C, Nieto JB, Balanzat J, *et al.* Evaluation of tolerability and efficacy of imatinib mesylate in elderly patients with chronic phase CML: ELDERGLI study. *Leuk Res*. 2011; 35:1184-7.
22. Breccia M, Latagliata R, Stagno F, Luciano L, Gozzini A, Castagnetti F, *et al.* Charlson comorbidity index and adult comorbidity evaluation-27 scores might predict treatment compliance and development of pleural effusions in elderly patients with chronic myeloid leukemia treated with second-line dasatinib. *Haematologica*. 2011; 96:1457-61.
23. Tiribelli M, Latagliata R, Luciano L, Castagnetti F, Gozzini A, Cambrin GR, *et al.* Impact of BCR-ABL mutations on response to dasatinib after imatinib failure in elderly patients with chronic-phase chronic myeloid leukemia. *Ann Hematol*. 2013; 92:179-83.
24. Faber E, Muzik J, Koza V, Demeckova E, Voglova J, Demitrovicova L, *et al.* Treatment of consecutive patients with chronic myeloid leukaemia in the cooperating centres from the Czech Republic and the whole of Slovakia after 2000 – a report from the population-based CAMELIA Registry. *Eur J Haematol*. 2011; 87:157-68.
25. Latagliata R, Breccia M, Castagnetti F, Stagno F, Luciano L, Gozzini A, *et al.* Dasatinib is safe and effective in unselected chronic myeloid leukaemia elderly patients resistant/intolerant to imatinib. *Leuk Res*. 2011; 35:1164-9.
26. Porrini R, Montefusco E, Latagliata R, Breccia M, Vigneri P, Luciano L, *et al.* Low-dose dasatinib as front-line therapy for elderly (> 60 years) patients with CML. *Blood*. 2010; 116:abstract 2293.
27. Sheehy OM, Irvine AE, Cuthbert RJG, Humphreys MW, McMullin MF. Use of imatinib mesylate in elderly patients in Northern Ireland: Evidence of comparable haematological and molecular responses to younger patients. *Hematology*. 2008; 13:133-6.
28. Katawani T, Tajima F, Ishiga K, Omura H, Endo A, Ago H, *et al.* Effect of interferon-alpha on patients with previously untreated chronic myelogenous leukemia in the early chronic phase: Comparison between interferon-alpha continued patients and interferon-alpha discontinued patients. *Hematology*. 2001; 5:429-34.
29. Portlock CS. CHOP and rituximab in elderly patients. *Curr Oncol Rep*. 2002; 4:414. (5)
30. Anstrom KJ, Reed SD, Allen AS, Glendenning GA, Schulman KA. Long-term survival estimates for imatinib versus interferon-alpha plus low-dose cytarabine for patients with newly diagnosed chronic-phase chronic myeloid leukemia. *Cancer*. 2004; 101:2584-92.
31. Rea D, Legros L, Raffoux E, Thomas X, Turlure P, Maury S, *et al.* High-dose imatinib mesylate combined with vincristine and dexamethasone (DIV regimen) as induction therapy in patients with resistant Philadelphia-positive acute lymphoblastic leukemia and lymphoid blast crisis of chronic myeloid leukemia. *Leukemia*. 2006; 20:400-3.
32. Fruehauf S, Topaly J, Buss EC, Fischer T, Ottmann OG, Emmerich B, *et al.* Imatinib combined with mitoxantrone/etoposide and cytarabine is an effective induction therapy for patients with chronic myeloid leukemia in myeloid blast crisis. *Cancer*. 2007; 109:1543-9.
33. Kanda Y, Okamoto S, Tauchi T, Kizaki M, Inokuchi K, Yabe M, *et al.* Multicenter prospective trial evaluating the tolerability of imatinib for Japanese patients with chronic myelogenous leukemia in the chronic phase: Does body weight matter? *Am J Hematol*. 2008; 83:835-9.
34. Mounier N, Heutte N, Thieblemont C, Briere J, Gaulard P, Feugier P, *et al.* Ten-year relative survival and causes of death in elderly patients treated with R-CHOP or CHOP in the GELA LNH-985 trial. *Clin Lymphoma Myeloma Leuk*. 2012; 12:151-4.

35. Trask PC, Mitra D, Iyer S, Candrilli SD, Kaye JA. Patterns and prognostic indicators of response to CML treatment in a multi-country medical record review study. *Int J Hematol*. 2012; 95:535-44.
36. Efficace F, Baccarani M, Breccia M, Alimena G, Rosti G, Cottone F, *et al*. Health-related quality of life in chronic myeloid leukemia patients receiving long-term therapy with imatinib compared with the general population. *Blood*. 2011; 118:4554-60.
37. Bjorkholm M, Ohm L, Eloranta S, Derolf A, Hultcrantz M, Sjoberg J, *et al*. Success story of targeted therapy in chronic myeloid leukemia: A population-based study of patients diagnosed in Sweden from 1973 to 2008. *J Clin Oncol*. 2011; 29:2514-20.
38. Bittencourt H, Funke V, Fogliatto L, Magalhaes S, Setubal D, Paz A, *et al*. Imatinib mesylate versus allogeneic BMT for patients with chronic myeloid leukemia in first chronic phase. *Bone Marrow Transplant*. 2008; 42:597-600.
39. Brunner AM, Campigotto F, Drapkin BJ, Sadrzadeh H, Neuberg DS, Fathi AT. Trends in all-cause mortality among older patients with CML: A SEER database analysis. *Blood*. 2012; 120:abstract 3772.
40. Efficace F, Baccarani M, Breccia M, Alimena G, Rosti G, Deliliers GL, *et al*. Health-related quality of life in patients with chronic myeloid leukemia undergoing first line treatment with imatinib for at least three years compared with the general population. A multicenter study including 448 patients. *Blood*. 2010; 116: abstract 3423.
41. Ferrero D, Latagliata R, Trawinska MM, Cavazzini F, Gugliotta G, Breccia M, *et al*. Moderate/severe pleural effusion as a side effect in very old chronic myeloid leukemia (CML) patients undergoing imatinib treatment. *Blood*. 2011; 118:abstract 4445.
42. Gugliotta G, Castagnetti F, Palandri F, Breccia M, Cavazzini F, Di Lorenzo R, *et al*. Incidence and mortality of second malignancies in 559 patients with chronic myeloid leukemia (CML) treated with imatinib frontline: Data from the gimema cml working party. *Blood*. 2010; 116:abstract 2281.
43. Qian S, Liu P, Li J. Effect of low-dose cytarabine and aclarubicin in combination with decitabine and granulocyte colony-stimulating factor priming on the outcome of patients with myeloid neoplasms. *Blood*. 2011; 118:abstract 5047.
44. Quintas-Cardama A, Cortes JE, Jabbour E, O'Brien SM, Garcia-Manero G, Shan J, *et al*. Improved survival in chronic myeloid leukemia (CML) since introduction of imatinib therapy: A single-institution experience in 1,570 patients referred within 1 month from diagnosis. *J Clin Oncol*. 2011; 1.
45. Rea D, Maloisel F, Huguet F, Okada H, Bourdeix I, Nicolini FE, *et al*. EOSTA: An observational study on the compliance and quality of life (QoL) of chronic myeloid leukemia (CML) patients treated with second line nilotinib (Tasigna): Interim results at 6 months of follow-up. *Blood*. 2011; 118:abstract 3782.

13 APPENDICES

Appendix 1: Literature search strategies

Elderly Cancer Search History (35 searches)

Ovid MEDLINE(R) and Ovid OLDMEDLINE(R) 1946 to Present with Daily Update

# ▲	Searches	Results
1	exp Breast Neoplasms/	206832
2	(breast\$ adj5 (neoplasm\$ or cancer\$ or tumor?\$ or carcinoma\$)).ti,ab.	57204
3	exp Colorectal Neoplasms/	139935
4	(colorectal adj5 (neoplasm\$ or cancer\$ or tumor?\$ or carcinoma\$)).ti,ab.	63395
5	exp Lung Neoplasms/	165165
6	(lung adj5 (neoplasm\$ or cancer\$ or tumor?\$ or carcinoma\$)).ti,ab.	116112
7	exp Carcinoma, Renal Cell/	20951
8	((renal cell or kidney) adj5 (neoplasm\$ or cancer\$ or tumor?\$ or carcinoma\$)).ti,ab.	21641
9	exp Leukemia, Myelogenous, Chronic, BCR-ABL Positive/ or exp Leukemia, Myeloid, Chronic-Phase/ or exp Leukemia, Myeloid, Chronic, Atypical, BCR-ABL Negative/	15723
10	(chronic myel\$ adj2 leuk?emia).ti,ab.	19580
11	exp Lymphoma, Non-Hodgkin/	80985
12	(Lymphoma\$ adj5 (non-hodgkin\$ or non hodgkin\$)).ti,ab.	28219
13	or/1-12	663599
14	**Aged, 80 and over"/ or *Aged/	21737
15	(senil\$ or geriatr\$ or older or elder\$ or late-life or later-life or late\$ life).ti,ab.	392827
16	14 or 15	401572
17	13 and 16	15012
18	chemotherap\$.tw. or drug therapy.fs.	1734499
19	(adjuvant adj5 chemotherap\$).tw.	17651
20	exp Antineoplastic Agents/ or exp Antineoplastic Combined Chemotherapy Protocols/ or exp Chemotherapy, Adjuvant/	821443
21	or/18-20	2172920
22	exp Medication Adherence/ or adherence.tw.	58141
23	(survival adj benefit\$).tw.	7695
24	(recurrence risk\$ or relapse-free survival).tw.	6612
25	exp Drug Toxicity/ or exp Drug Tolerance/ or exp Safety/ or exp Treatment Outcome/ or exp Disease-Free Survival/	719437
26	(adverse adj2 (effect or effects or reaction or reactions or event or events or outcome or outcomes)).tw.	208607
27	(side effect\$ or undesirable effect\$ or treatment-emergent or treatment-related or tolerability or safety or toxic effect\$ or dose intensity or toxicity).tw.	617560
28	(clinical adj5 (effectiveness or efficacy or effect\$ or benefit\$)).tw.	113247
29	exp "Quality of Life"/ or (quality of life or qol).tw.	164254
30	or/22-29	1568681
31	21 and 30	520864
32	17 and 31	2926
33	(animals not (humans and animals)).sh.	3760147
34	32 not 33	2924
35	limit 34 to (english language and yr="2000 -2013")	2146

EMBASE Search History (33 searches)
Embase 1974 to 2013 May 24

	Searches	Results
1	exp breast cancer/	258454
2	(breast\$ adj5 (neoplasm\$ or cancer\$ or tumor?\$ or carcinoma\$)).ti,ab.	75564
3	exp colon carcinoma/ or exp colon cancer/ or exp colorectal cancer/ or exp rectum cancer/ or exp rectum carcinoma/	158617
4	(colorectal adj5 (neoplasm\$ or cancer\$ or tumor?\$ or carcinoma\$)).ti,ab.	89748
5	exp lung tumor/ or exp lung cancer/	241425
6	(lung adj5 (neoplasm\$ or cancer\$ or tumor?\$ or carcinoma\$)).ti,ab.	160685
7	exp kidney cancer/	65356
8	((renal or kidney) adj5 (neoplasm\$ or cancer\$ or tumor?\$ or carcinoma\$)).ti,ab.	62964
9	exp chronic myeloid leukemia/	28802
10	(chronic myel\$ adj2 leuk?emia).ti,ab.	24827
11	exp nonhodgkin lymphoma/	116117
12	(Lymphoma\$ adj5 (non-hodgkin\$ or non hodgkin\$)).ti,ab.	37418
13	or/1-12	878499
14	exp geriatric patient/ or *aged/	50605
15	(senil\$ or geriatr\$ or older or elder\$ or late-life or later-life or late\$ life).ti,ab.	531929
16	14 or 15	546878
17	13 and 16	22973
18	chemotherapy\$.tw.	353300
19	(adjuvant adj5 chemotherapy\$).tw.	26741
20	exp antineoplastic agent/ or exp consolidation chemotherapy/ or exp multimodal chemotherapy/ or chemotherapy/ or exp induction chemotherapy/ or exp cancer combination chemotherapy/ or exp maintenance chemotherapy/ or exp cancer chemotherapy/ or exp adjuvant chemotherapy/ or exp combination chemotherapy/	1462883
21	or/18-20	1546201
22	(clinical adj5 (effectiveness or efficacy or effect\$ or benefit\$)).tw.	165108
23	*patient compliance/ or adherence.tw.	149576
24	(survival adj benefit\$).tw.	12002
25	(recurrence risk\$ or relapse-free survival).tw.	9402
26	exp drug toxicity/ or exp drug tolerance/ or exp drug safety/ or exp treatment outcome/ or exp disease free survival/	1218587
27	(adverse adj2 (effect or effects or reaction or reactions or event or events or outcome or outcomes)).tw.	311356
28	(side effect\$ or undesirable effect\$ or treatment-emergent or treatment-related or tolerability or safety or toxic effect\$ or dose intensity or toxicity).tw.	886887
29	exp "quality of life"/ or (quality of life or qol).tw.	277356
30	or/22-29	2407159
31	21 and 30	418422
32	17 and 31	5575
33	limit 32 to (human and english language and yr="2000 - 2013")	4047

The Cochrane Library, Issue 2 of 4, April 2013
Search History

[Breast Neoplasms] explode all trees 7763
breast cancer* or breast neoplasm* or breast tumour* or breast carcinoma*:ti,ab,kw (Word variations have been searched) 14703
[Colorectal Neoplasms] explode all trees 4628
"colorectal cancer":ti,ab,kw (Word variations have been searched) 4311
[Lung Neoplasms] explode all trees 4272
"lung cancer":ti,ab,kw (Word variations have been searched) 6836
[Carcinoma, Renal Cell] explode all trees 419
kidney cancer or renal cell cancer:ti,ab,kw (Word variations have been searched) 789
[Leukemia, Myelogenous, Chronic, BCR-ABL Positive] explode all trees 304
"chronic myeloid leukaemia":ti,ab,kw (Word variations have been searched) 101
[Lymphoma, Non-Hodgkin] explode all trees 1136
non-hodgkin's lymphoma:ti,ab,kw (Word variations have been searched) 1203
#1 or #2 or #3 or #4 or #5 or #6 or #7 or #8 or #9 or #10 or #11 or #12 30561
(senil* or geriatr* or older or elder* or late-life or later-life or late*):ti,ab,kw (Word variations have been searched) 67255
Aged] explode all trees 554
#14 or #15 67394
#13 and #16 2332
(chemotherap* or drug therap*):ti,ab,kw (Word variations have been searched) 111982
MeSH descriptor: [Drug Therapy] explode all trees 108765
#18 or #19 173119
#17 and #20 1068

Web of Knowledge

Results:

Topic=(breast cancer* or colorectal cancer* or renal cell carcinoma* or chronic myeloid leukemia* or non-hodgkin lymphoma*) AND Topic=(chemotherap* or Bevacizumab or Avastin or Cetuximab or Erbitux or Everolimus or Afinitor or Fulvestrant or Faslodex or Lapatinib or Tyverb or Bendamustine or Levact or Bortezomib or Velcade or Rituximab or Mabthera or Rituxan) AND Topic=(aged or senil* or geriatr* or older or elder*)

Refined by: Languages=(ENGLISH) AND Web of Science Categories=(ONCOLOGY OR HEMATOLOGY) AND Document Types=(PROCEEDINGS PAPER OR MEETING ABSTRACT) AND Research Areas=(ONCOLOGY OR HEMATOLOGY)

Timespan=2000-01-01 - 2013-02-03. Databases=Conference Proceedings Citation Index- Science (CPCI-S).

Appendix 2: Table of excluded studies with rationale

Study	Reason for exclusion
Katawani 2001 ²⁸	Population
Portlock 2002 ²⁹	Not CML
Anstrom 2004 ³⁰	Eco model
Rea 2006 ³¹	Not all CML
Fruehauf 2007 ³²	Population
Kanda 2008 ³³	Population
Mounier 2012 ³⁴	Not CML
Trask 2012 ³⁵	Population
Efficace 2011 ³⁶	Outcomes
Bjorkholm 2011 ³⁷	Treatment
Bittencourt 2008 ³⁸	Outcomes/population
Brunner 2012 ³⁹	Treatment
Efficace 2010 ⁴⁰	Outcomes
Ferrero 2011 ⁴¹	Outcomes
Gugliotta 2010 ⁴²	Population
Qian 2011 ⁴³	Outcomes
Quintas-Cardama 2011 ⁴⁴	Treatment/population
Rea 2011 ⁴⁵	Population