

## ICQ13: TOUR PACKAGE FOR ACCOMPANYING PERSONS

*You can book the tour by sending mail to DLR, [dlrdhuli@gmail.com](mailto:dlrdhuli@gmail.com) and copying to [icq13@liv.ac.uk](mailto:icq13@liv.ac.uk). You can pay for these activities to DLR after your arrival.*

**19<sup>TH</sup> SEPTEMBER 2016**

**HIKE TO NAMOBUDDHA**

**LUNCH AT NAMOBUDDHA RESORT**

**DRIVE TO PANAUTI FROM THE RESORT**



**Namo Buddha** is a beautiful place. There is no need to exaggerate this. The place is very quiet and pure. Its environment is very clean, with no pollution, and the natural air is so fresh, cool and healthy. It is also the right place for meditation and practice. In the morning when you wake up, you can see a beautiful sunrise. In the evening you can see a wonderful sunset. You can enjoy snow-covered Himalayan ranges which look so amazing and pure.

From the Buddhist point of view, Namobuddha is one of the most important religious sites in Nepal. There are three major Buddhist pilgrimage sites: Boudha Stupa, Swayambhunath Stupa and Namobuddha.

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**Panauti** is situated about six km south-east from Banepa. The beautiful village of Panauti is located between Punyamati and Roshi Khola. It is said that the then king Ananda Deva installed four dikapalas (guardian deities) in four directions and founded Panauti by uniting the then scattered small villages with seven hundred people in Kaligat in the year 4197 (1006 AD). The local people believe that the Basuki Naga (serpent deity) has occupied the area of Panauti to protect them from evils and keep them safe. Hence, people are not allowed to use dhiki as the sound might disturb the sleep of the deity. It is also believed that the village itself rests upon one which is why not a single house was broke or dismantled during the great earthquake in 1990 BS (1925 AD). It is also one of the very important trade centers lying next to Banepa as it lies in a small valley surrounded by the villages. However, most of the people here are involved into farming.

#### **COST PER PERSON**

**CAR: USD 24**

**TATA SUMO: USD 19**

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20<sup>TH</sup> SEPTEMBER' 2016

DRIVE TO BHAKTAPUR

VISIT BHAKTAPUR DURBAR SQUARE

DRIVE TO NAGARKOT

LUNCH AT COUNTRY VILLA

VISIT TO NAGARKOT TOWER

DRIVE BACK TO THE RESORT





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### **Bhaktapur**

Located about 20 km east of Kathmandu in the Kathmandu Valley, Bhaktapur is known as the 'City of Devotees', the 'City of Culture', the 'Living Heritage', and 'Nepal's Cultural Gem'. It is one of the 3 royal cities in the Kathmandu Valley. The others are Kathmandu, the capital of Nepal, and [Patan](#). Bhaktapur is filled with monuments, most terra-cotta with carved wood columns, palaces and temples with elaborate carvings, gilded roofs, open courtyards. The city is dotted with pagodas and religious shrines. Lying along the ancient trade route between India and Tibet, Bhaktapur is surrounded by mountains and provides a magnificent view of the Himalayas.



### **Nagarkot**

Nagarkot is a popular tourist resort of Nepal. It is situated 32 kilometers east of Kathmandu at an altitude of 2,175 m above the sea-level. The panorama of the major peaks of eastern Nepal Himalayas including Sagarmatha, (Mt. Everest), can be seen from here.

Himalayan peaks like Manaslu (8,463 m), Ganesh Himal (7,111 m), Langtang (7,246 m), Choba Bhamre (6,016 m), Gaurishanker (7,134 m), and Numbur (6,957 m), are also clearly seen from Nagarkot. A motorable road links Nagarkot with Bhaktapur.

If you want to be blown away by some of the most stunning and most memorable sunrise and sunsets in the world, then head for Nagarkot. Situated 32 kilometers east of Kathmandu and rising to an elevation of 2099 meters above sea level, Nagarkot is one of the most scenic spots in the Bhaktapur region. Visitors to the surrounding areas often travel here just to get a glimpse of the Himalayas bathed in the most splendid morning glory imaginable.

#### **COST PER PERSON**

**CAR: USD 30**

**TATA SUMO: USD 26**

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**22<sup>ND</sup> SEPTEMBER' 2016**

**DRIVE TO PANAUTI AND WALK FROM PANAUTI TO BALTHALI**

**LUNCH AT BALTHALI VILLAGE RESORT**

**DRIVE BACK TO THE RESORT**



Just beyond Panauti town and Khopasi (40 KM southeast from Kathmandu) lies one of the rich cultural and natural destination of Balthali, where upon sits on top of a hill – Balthali Village Resort – a small, cozy retreat with bird's eye view of green terrace fields dotted with ochre painted houses and faint hue of Himalayan peaks in the north horizon.

It offers a sunrise in the east, speculating Himalayan range of Manaslu, Langtang & Everest in the north, innumerable rice terraces in the west & huge bodied green forest of Mahabharata range in the South. One of the most important factors of this spot is that it is warm in the winter & cool in the summer. The area of Balthali is cover of various flora, colorful rhododendron forest, and magnolia & Sal trees.

Deciding to come to Balthali is deciding to go really off the beaten path. Till now the resort has been a closely guarded secret kept by serious mountain bikers, hikers and of course, writers. Balthali Village Resort is that little piece of untouched Nepal that all the tourists yearn to find but always seem too late to get to.

**COST PER PERSON**

**TATA SUMO: USD 23**