

## PHYSIOTHERAPY SPECIFIC WELCOME PAGE

Course Title: BSc (Hons) Physiotherapy

UCAS Code: B160

Head of Physiotherapy Programme:

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Year	Session	Module code	Module Title	Module level	Module Credit	Total Credit
One	Semester 1	PHTY 120	Physiotherapy Core Skills 1	4	15	45
		PHTY 121	Foundations of Anatomy 1	4	15	
		PHTY 122	Cardio-respiratory Studies 1	4	15	
	Semesters 1 & 2	PHTY 115	Personal and Professional Development 1	4	15	30
		HEAL 116	Research Skills	4	15	
	Semester 2	PHTY 124	Physiotherapy Core Skills 2	4	15	45
		PHTY 125	Foundations of Anatomy 2	4	15	
		PHTY 126	Neuromuscular Studies 1	4	15	

- **Your Programme Timetable**

Academic timetables will be available to students in Welcome Week and you will be shown how to access these when you arrive in Liverpool. The timetable will vary each semester depending on the modules being studied. In Year 1 Semester 1 students will be actively learning via a hybrid approach of group work, essential practical, on-line synchronous and asynchronous activities. The timetable will be confirmed prior to welcome week and will incorporate allocated study time. Semester 1 module teaching begins on Tuesday 12<sup>th</sup> October and finishes on Friday 15<sup>th</sup> January. The Christmas break will be 21<sup>st</sup> December – 1<sup>st</sup> January.

- **Your Programme Handbook**

Programme handbooks will be available when you arrive in Liverpool and you will be shown where to access these during Welcome Week.

- **Your Academic Advisor**

All students at the University of Liverpool will be assigned a named academic member of staff as their Academic Advisor. Their role is to develop a relationship with you; to provide information, advice and guidance on academic matters and to direct you to further sources of information on academic matters as well as the wide range of information, advice and guidance on non-academic matters available to students at Liverpool.

- **Your Peer Mentor**

First year students are allocated a peer mentor from the year above. As a mentee you will have the opportunity to meet with your mentor soon after arrival here. They provide guidance, support and knowledge about the programme you are undertaking.

- **Uniform**

There is a high proportion of practical sessions within the programme and physiotherapy students are asked to provide the following items of gym kit for these sessions:-

1. Track suit (predominantly navy blue)
2. At least two plain white polo shirts
3. Navy blue shorts
4. Trainers

Female students may wish to wear a vest top with thin straps in practical sessions where the shoulder, neck or upper back needs to be exposed.

- **Suggested Reading List**

Below are 3 recommended texts for first year physiotherapy students. These are books which you will be using regularly throughout the first year, as well as throughout the rest of the programme.

Several copies of all recommended/suggested texts are stocked by the University's Harold Cohen Library and many relevant books are also available as e-books. However, it is useful to have your own copies as they may not be available at times of high demand.

### **Essential Core Texts**

1. Tortora, G.J., Derrickson B (2011) Principles of Anatomy and Physiology, 13<sup>th</sup> Edition, Chichester, John Wiley and Sons.
2. Palastanga, N, Soames, R, Palastanga, D (2008) Anatomy and Human Movement Pocketbook, Churchill Livingstone, Edinburgh.
3. Porter, S. (2013) Tidy's Physiotherapy. 15<sup>th</sup> Edition Edinburgh, Churchill Livingstone. This text is also available as an eBook so you do not have to purchase this unless you would like a hard copy for yourself.