

OCCUPATIONAL THERAPY SPECIFIC WELCOME PAGE

Course Title: BSc (Hons) Occupational Therapy

UCAS Code: B920

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Year	Session	Module code	Module Title	Module level	Module Credit	Total Credit
One	Semester 1	OCCU170	Mind Body Performance 1	4	15	60 credits
		OCCU172	Occupations throughout the life-course	4	15	
		OCCU176	Person in Context	4	15	
		OCCU178	Professional Practice 1		15	
	Semester 2	OCCU171	Mind Body Performance 2	4	15	60 credits
		OCCU173	Occupational Therapy Toolkit 1	4	15	
		OCCU174	Evidence for Practice 1	4	15	
		OCCU179	Professional Practice 2 4	4	15	

- **Programme Timetable**

Academic timetables will be available to students in Welcome Week (week of the 28th September 2020) and students will be shown how to access these during Welcome Week. Semester One teaching begins during Foundation Week (week of the 5th October 2020). The semester finishes on Friday 18th December 2020. Semester two starts on Monday 25th January 2021 and finishes on Friday 11th June 2021. Teaching in both semesters will take place on Mondays (flexible teaching day), Tuesdays (key - note lectures), Wednesday mornings (OCCU178 timetabled on some Wednesday mornings) and Thursdays (group tutorials). Friday is timetabled as self-directed study.

- **Programme Handbook**

Programme handbooks will be available when students arrive in Liverpool and students will be shown where to access these during Welcome Week.

- **Academic Advisors**

All students at the University of Liverpool will be assigned a named academic member of staff as their Academic Advisor. Their role is to develop a relationship with their students; to provide information, advice and guidance on academic matters and to direct students to further sources of information on academic matters as well as the wide range of information, advice and guidance on non-academic matters available to students at Liverpool. Students will meet their academic advisor from the occupational therapy programme team during Welcome Week.

- **Peer Mentors**

First year students are allocated a peer mentor usually from the 2nd year student cohort. This is just one of the ways that the University seeks to support new students. As a mentee first year students will have the opportunity to meet with their student mentor for the first time during Welcome Week. Mentors provide guidance, support and knowledge about the University experience and occupational therapy programme.

- **Practice Placements**

There are two Practice Placements during the first year of study. In semester one there is a one-week placement, week beginning 16th November 2020. In semester two there is a four - week placement starting on Monday 1st March 2021 and finishing on Friday 26th March 2021. In addition, in semester one there is a one-week simulated practice placement week beginning 14th December 2020.

- **Uniform**

Occupational Therapy students are asked to wear clothing suitable for practical sessions. Students are provided with a uniform for practice placements and are also expected to wear uniform in University for some sessions.

For some practice placements, students will be expected to wear uniform. For others (when specified), students will be required to wear smart casual clothing.

Students will be given detailed guidance about presenting with a professional appearance whilst on practice placement when they arrive in University. This will include guidance about general presentation and cleanliness, wearing of jewellery, hair colour and style and covering up of some tattoos.

Students must have footwear which in accordance with moving and handling guidance is flat soled, non-slip, and must be a full shoe which covers the entire foot including the heel. Shoes must be all black in colour and without logos. Shoes should be able to be thoroughly cleaned.

Smart casual clothing should be modest for example, covering the chest, stomach and above knee adequately. Please note that denim, suede or leather clothing is not suitable. Examples of appropriate clothing include black or dark coloured trousers/skirts, shirt style tops, jumper or cardigan.

- **Occupational Health Screening and DBS clearance**

Students will receive guidance about carrying out their occupational health screening and DBS clearance after being offered a place on the occupational therapy degree course. It is essential that this guidance is followed in a timely manner to ensure that these requirements are met for practice placement. Students who have not completed these processes are not able to attend practice placement.

- **Mandatory Training and E-Learning for Health**

The completion of Mandatory Training and E-Learning for Health is an essential requirement for attending placement. Students are required to complete learning via an on-line platform. Details are circulated during the first few weeks of semester one about how to log on and access this training. Students will be provided with dates of sessions throughout the year for Mandatory Training such as Basic Life Support, Moving and Handling and Infection Control.

- **Human Anatomy Resource Centre (HARC)**

Students receive teaching sessions from HARC in order to help with anatomy knowledge and understanding. Guidance will be given in OCCU170: Mind Body Performance 1 module.

- **Student well-being**

The Disability Advice and Guidance Team can help if the students require a support plan to be put in place. There is access to a student counselling service, mental health advisory service and a diversity and disability contact for each academic programme. Information is available by following the link: <https://www.liverpool.ac.uk/studentsupport/>

- **Suggested Reading List**

Students may wish to purchase some texts before starting the programme, however **many students prefer to wait until they have started the modules before deciding which books to buy.**

In preparation for starting the first year on the BSc Occupational Therapy programme, the following suggested reading list has been compiled which students may find useful. This is just a guide to some resources that could be helpful to develop knowledge prior to starting on the course.

General Occupational Therapy Textbooks

- Duncan, E. A. S (2012) *Foundations for Practice in Occupational Therapy* 5th edition (£32). Please note there is a new edition coming out on June 15 for £33
- Bryant, W. Fieldhouse, J., Bannigan, K (2014) *Creek's Occupational Therapy and Mental Health*, 5th edition (£38)
- Curtin, M., Egan, M., Adams, J. (2017) *Occupational Therapy for people experiencing Illness, Injury or Impairment: Promoting occupation and participation*. 7th Edition (£42)

Anatomy and Physiology

For those who do not have any recent study in anatomy or physiology the following texts may be useful to read through and some A-level text books on Human Anatomy (Often these would be in A-level sports science text books) or Physiology (In A-level Biology, Human Biology

or Sports Science text books. In addition, BBC Bitesize may be useful or the Anatomy and Physiology for Dummies (2017) book which is around £11 on Amazon.

- Crossman, A.R. and Neary, D. (2019) *Neuroanatomy: An Illustrated Colour Text*. 6th Edition. (£16)
- Martini, F. Nath, J.(2018) *Fundamentals of Anatomy and Physiology*. 11th Edition. (£52)
- Mooney, M. And Ireson, C. (2009) *Occupational Therapy in orthopaedics and trauma*. (£32)
- McMillan, I. and Carin–Levy, G. (2011) Tyldesley and Grieve's *Muscles, Nerves and Movement in Human Occupation*. 4th edition (£19)

Autobiographies - consider sociological concepts relating to physical and psychological impairments

- Haig, M (2015) *Reasons to stay alive* (£8)
- Martinez, F. (2015) *What the **** is Normal?!* (£10)

Useful Websites

- Royal College of Occupational Therapists; www.rcot.org.uk Have a look in particular at the following two sections:
 - "Practice resources" including *Standards and ethics, Occupational Therapy Topics, Policy and legislation, Practice guidelines*.
 - "Promoting Occupational Therapy" including *Podcasts, Occupational Therapy posters and Leaflets, Occupation Matters leaflets* and the *Improving lives, saving money campaign*.
- World Federation of Occupational Therapists: www.wfot.org Have a look in the "Resources" and "About" sections

Students may also find it useful to follow the RCOT and WFOT on twitter

NB: A PADLET has been produced to support occupational therapy students to access useful resources during the COVID-19 pandemic. It may be interesting to look through some of these links and documents. The PADLET can be accessed here: https://padlet.com/j_linforth/f1azwk8hbh52papt