

12th June, 2020

INSTITUTE NEWS

Institute of Population Health Bulletin

Welcome to the latest edition of the IPH weekly bulletin. We hope that you're finding these updates helpful and starting next Monday, we will also launch a separate weekly update highlighting upcoming events and research opportunities.

Blogs from institute colleagues

Blog post by Julie Hanna - Lecturer in School of Health Sciences, Occupational Therapy programme

I have learned whilst studying for a PhD that good qualitative and interpretative research that both addresses a gap in knowledge and is trustworthy necessitates a good dose of courage, an openness to dialogue and feedback and a fair bit of perseverance. I have applied and increased my understanding and confidence in research activities by contributing to two research projects which have led to publications in peer reviewed journals. I joined a small qualitative research team at the Walton Centre exploring the experiences of young adults living with chronic pain. And I participated in a mixed methods research project evaluating the effectiveness of mindfulness in enhancing the wellbeing of veterinary students. On 4th May 2020 I sat my on-line viva (and passed, with minor corrections) for my doctoral thesis in dance and health. I am now keen to engage in post-doctoral research enabling me to both build on research findings and further develop my qualitative research skills. I am involved in a Somatic Practice and Chronic Pain network which is helping to build potential research opportunities. I am looking forward to developing links across the new Institute and am excited to see what opportunities may develop.

Why not follow us on Twitter as well - @livuniiph