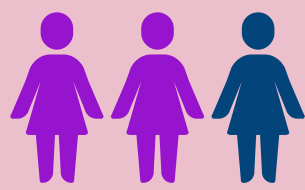


PPROM under 23 weeks of pregnancy

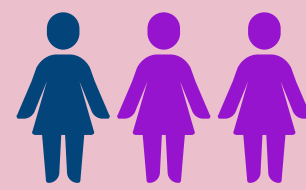
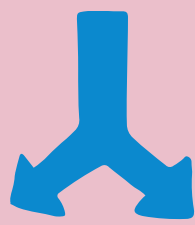
When your waters break very early

A UK wide study of 368 women who experienced early PPROM (Preterm Prelabour Rupture of Membranes) from 16 weeks and 0 days to 22 weeks and 6 days of pregnancy
Conducted September 2019 to February 2021

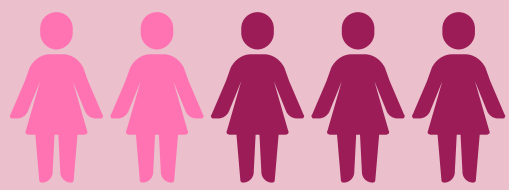
What happened after the early PPROM?



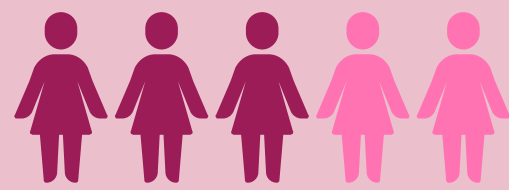
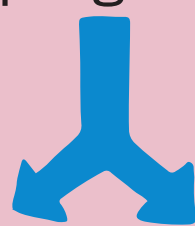
2 in 3 women continued their pregnancy



1 in 3 women ended their pregnancy (also called TFMR: Termination For Medical Reasons)



2 in 5 women gave birth in the week after early PPROM

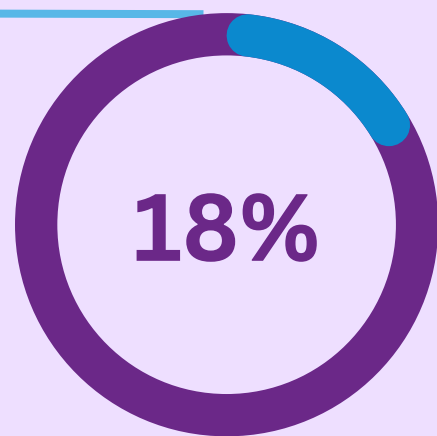
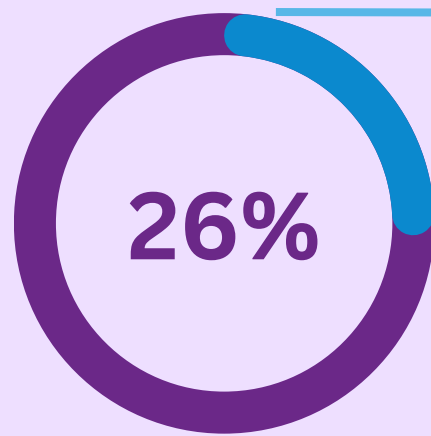
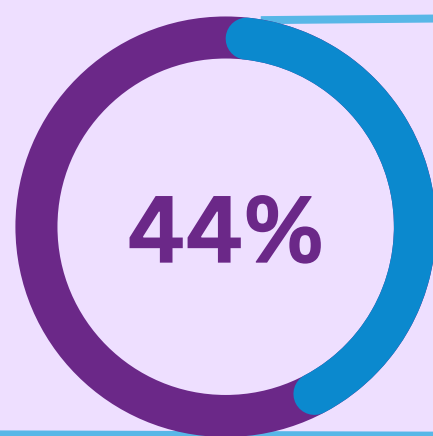


3 in 5 women were still pregnant one week after early PPROM

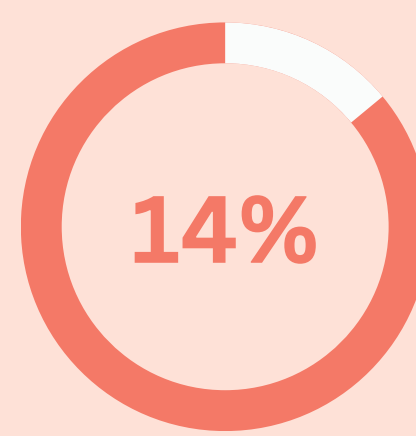
How common is it?

Early PPROM happens to at least 2 women every 3 days in the UK

Babies' health outcomes



Women's health outcomes



How can this research help?

1. By alerting healthcare professionals to the serious nature of sepsis with early PPROM and the need for urgent treatment
2. By alerting pregnant women to seek medical help promptly if they are unwell, especially if they have concerns about infection

Symptoms of infection

- Feeling hot and shivery
- Unusual vaginal discharge
- A high temperature
- Abdominal (tummy) pain or cramping

How certain are these numbers?

- There is uncertainty within these numbers because some women had a termination
- The proportion of women whose babies leave hospital without severe illness could be as low as 12% or as high as 49%

Important considerations

- In this study when we say a baby has “severe illness” it means that the baby needed oxygen after birth when the mother would have been 36 weeks of pregnancy and/or the baby had a significant bleed on the brain, which in some babies leads to cerebral palsy.



Long term disability is hard to predict from these data



- There are currently no national guidelines about how women with PPROM between 16 and 23 weeks of pregnancy should be cared for

Outcomes may be different if guidelines were introduced

A fuller explanation of the research and sepsis symptoms are available in this summary. Please follow the QR code

