PPROM 16+0 to 22+6 weeks’ gestation
A population-based UK study of 364 women with Early Preterm Prelabour Rupture of Membranes (PPROM)
Conducted September 2019 - March 2021

Maternal outcomes

Expectant Management 68%
Termination for Medical Reasons (TFMR) 32%
Remained pregnant a week after early PPROM 61%
Birth in the week after early PPROM 39%

Infant outcomes

Livebirth 44%
Left hospital alive 26%
Left hospital alive without severe morbidity 18%

Important considerations
• Severe morbidity was defined as requiring oxygen at 36 weeks postmenstrual age or intraventricular haemorrhage grades 3 or 4
  - Long term disability is hard to predict from these data
• At the time of the study there were no national best practice recommendations to guide care of women with early PPROM under 23 weeks gestation
  - Future improvements in care could alter outcomes
• Detailed data are available by gestational age at early PPROM in the full paper
  - Please follow the QR code

Baseline maternal mortality is 11 per 100 000 maternities

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