**PHYSIOTHERAPY SPECIFIC WELCOME PAGE**

**Course Title: BSc (Hons) Physiotherapy**

**UCAS Code: B160**

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| ***Year***  | ***Session*** | ***Module code*** | ***Module Title*** | ***Module level*** | ***Module Credit***  | ***Total Credit*** |
| *One* | *Semester 1* | *PHTY140* | *Foundations of Anatomy & Clinical Practice* | *4* | *15* | *45* |
| *PHTY141* | *Musculoskeletal System – Lower Limb* | *4* | *15* |
| *PHTY142* | *Cardio-respiratory System* | *4* | *15* |
| *Semesters 1 & 2* | *PHTY 143* | *Shaping the Professional 1* | *4* | *15* | *30* |
| *PHTY144* | *Research & Development 1*  | *4* | *15* |
| *Semester 2* | *PHTY145* | *Musculoskeletal System – Upper Limb* | *4* | *15* | *45* |
| *PHTY146* | *Central Nervous System*  | *4* | *15* |
| *PHTY147* | *Exercise for Health 1*  | *4* | *15* |

* **Your Programme Timetable**

Academic timetables will be available to students in Welcome Week and you will be shown how to access these within the timetabling app. The timetable will vary each semester depending on the modules being studied. In Semester 1 students will be actively learning via an approach of group work, practicals, on-line synchronous and asynchronous activities. The timetable will be confirmed prior to welcome week and will incorporate allocated study time. Semester 1 module teaching begins on Monday 22nd September and finishes on Friday 12th December. The Christmas break will be 15th December – 4th January. Semester 2 module teaching begins on Monday 26th January 2026, following Semester One Assessment period, and finishes on Friday 29th May 2026

* **Your Programme Handbook**

Programme handbooks will be available electronically and you will be shown where to access these during Welcome Week.

* **Your Academic Advisor**

All students at the University of Liverpool will be assigned a named academic member of staff as their Academic Advisor. Their role is to provide information, advice and guidance on both academic and non-academic matters. You will initially meet them in welcome week and will get to know them over the course of three years via a series of meetings arranged at various points throughout the course.

* **Your Peer Mentor**

First year students will have the opportunity to have a peer mentor from the year above. As a mentee you will have the opportunity to meet with your mentor soon after arrival here. They provide guidance, support and knowledge about the programme you are undertaking.

* **Uniform and Equipment**

There is a high proportion of practical sessions within the programme and physiotherapy students are asked to provide the following items of gym kit for these sessions:-

1. Track suit (predominantly navy blue)
2. At least two plain white polo shirts
3. Navy blue shorts
4. Trainers
5. Stethoscope (not required until Year 2 of the programme)

Female students may wish to wear a vest top with thin straps in practical sessions where the shoulder, neck or upper back needs to be exposed.

Students are expected to wear clinical uniform during clinical placements and for clinical exams. The cost of this uniform will be covered by the University, you will be contacted by the Student Experience Team in relation to uniform.

* **Occupational Health Screening and DBS clearance**

Students will receive guidance about carrying out their occupational health screening and DBS clearance after being offered a place on the physiotherapy degree course. It is essential that this guidance is followed in a timely manner to ensure that these requirements are met for practice placement. As soon as you receive information about these processes ensure that you complete and return any required documentation as soon as possible. In addition, if you receive an Occupational Health appointment you must attend, informing the appropriate Module Lead, or member of the academic staff, if you must take time away from teaching. It is important to note that students who have not completed these processes are not able to attend practice placement.

* **Suggested Reading List**

There are 3 recommended texts for first year physiotherapy students. These are books which you will be using regularly throughout the first year, as well as throughout the rest of the programme.

Several copies of all recommended/suggested texts are stocked by the University’s library and many relevant books are also available as e-books. Older editions of textbooks are readily available in the library and are appropriate for this programme.

**Essential Core Texts**

1. Tortora, G.J., Derrickson B (2023) Principles of Anatomy and Physiology, 16th Edition, Chichester, John Wiley and Sons.
2. Palastanga, N, Soames, R, Palastanga, D (2008) Anatomy and Human Movement Pocketbook, Churchill Livingstone, Edinburgh.
3. Porter, S. (2013) Tidy’s Physiotherapy, 15th Edition, Edinburgh, Churchill Livingstone.

These texts are also available as eBooks so you do not have to purchase them unless you would like a hard copy for yourself.