

## CLIENT INFORMATION SHEET

## Overground Endoscopy

### What will be the timeline of my horse's visit?

#### At the hospital:

Please arrive with your tack. We will perform a basic clinical examination and admit your horse to a stable in the hospital. We will then perform a clinical examination and any other tests that do not require sedation before the overground endoscopy. We will then tack your horse up with our dynamic scope saddle pad, and your riding equipment.



We will then place the scope up your horse's nostril and start to get a live video of the horse's larynx and pharynx (upper airway). Once the scope is in place we will let you mount up and start riding in our arena (or lunging if this is preferred). Please do not allow your horse to rub his nose

We like 10 minutes of warm up to make sure the scope is in place and then we ask for you to repeat the work / exercise that replicates when you experience the respiratory noise or problem with your horse.

After the exercising period (usually 20 minutes, depending on your horse's fitness), the endoscopy apparatus will be removed. We will download the data, untack the equipment, and your horse can be cooled off. We will then assess the video (although this is typically performed following the exam, a thorough evaluation may require 24 hours).

If more tests or surgery are required then your horse can stay at the hospital for these to be performed.

#### At your yard or gallops:

If we are performing the overground endoscopy at your yard or an exercising arena / gallops then we will meet you at the pre-determined place.

The examination will be the same but at the end of the exercise we will need to take the data back to the hospital to assess the video thoroughly. Then we will call you and your vet with the results and discuss the next steps. You will typically receive your results within 24 hours.





### **What do I need to do to prepare my horse for his/her visit to the Hospital?**

Bring your tack and make sure the horse is not due shoeing. It is important that your horse is sound and fit enough for the exercising test (usually 10 minutes trot, 10 minutes canter, depending on fitness). Do not give any calmer or sedative prior to attending the hospital as this may affect the results of the endoscopy. If this is required for transport, we may suggest your horse stays overnight in the hospital prior to evaluation.

### **What treatment/surgery/ intervention will my horse have during their stay?**

This will be determined by the results of the test. Necessary interventions and treatment will be discussed with you prior to performing any additional procedures.

### **When will I get my horse's test results/reports?**

Most overground reports are verbally reported the same day and written reports are provided within 48 hours.

### **Is there anything I need to prepare at home before my horse leaves the Hospital?**

Further management will depend on the diagnosis made. Your discharge instructions will advise you of any management that is needed.

### **After my horse comes home, what veterinary care will be required?**

Further veterinary care will depend on the diagnosis made. Your discharge instructions will advise you of any management that is needed.

### **After my horse comes home, how can I best care for my horse?**

Following endoscopy, you can manage your horse as recommended by your veterinarian. If any changes are needed due to a diagnosis being made, we will inform you of this.

### **Will my horse require medications when they come home?**

Following endoscopy alone, medication is not required. Further management will depend on the diagnosis made. Your discharge instructions will advise you of any medication that is needed.

### **Will my horse require a special diet when they come home?**

Your horse can be maintained on their usual diet.

