

A celebration of resilience – how does an undergraduate programme adapt amidst a global pandemic?

Podcast Transcript

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Laura Blundell

Hello and welcome to the CIE Podcast. I'm Laura and I'm an educational developer at CIE.

Laura Blundell

In this episode we'll be joined by two colleagues, more nursing Department here at the University of Liverpool and will be discussing the changes to the programme amid a global pandemic. What is this meant for? Staff and students, and how the theme of resilience been dominant over the past few months. So without further ado and delighted to welcome our guests today, Claire Walker and Helen Marshall. If you just like to introduce yourselves and your role within the nursing Department, please.

Claire Walker

So hi everybody, I'm Claire and I've been working in this Department full time since September 2015 just gone really fast. My background is critical care nursing this year. I'm celebrating my 20th year beautiful brightness in my Velvet Department, module leader for modules 1:30 in Portugal and

one of the postgraduate modules in critical care. And I have also in the lead.

Claire Walker

Replacements for the clinical practise elements of the programme.

Helen Marshall

Hi everyone, my name is **Helen Marshall**. I came to the University last July so I like to think I'm still a relatively new member of staff. There's been a lot to learn. My background is in the community setting, so Community nurse then achieved the title of District Nurse and before I came to the University, our safeguarding adult specialist.

Helen Marshall

Since people at University I have been module leader for two year one modules so have one in semester one which is an introduction to nursing and one in Semester 2 which is applied nursing care and I've also recently took on the role of year one Tutor. So I've been helping to support the new students in this new way of working.

Laura Blundell

Thank you both and thank you very much for joining us today.

Laura Blundell

So to get started, then just wanted to ask how you both are, how working life is changed given the sort of current landscape? Yeah, so what's changed for you?

Helen Marshall

Amazon think me and clever, but had a pretty similar experience because we both got a 2 year old and I've also got a four year old so working in the very beginning of lockdown with no childcare and also trying to provide a good service to the students was quite challenging.

Helen Marshall

And maybe an I think for myself, developing modules that hadn't previously tar was quite a challenge, but I'm happy to say that the students found the experience gave positive feedback, and I think with regards to Brazilians we was able to share for myself personal storeys with the students for how I was feeling. So you know, I emailed my students on a weekly basis by academic advising students and just kind of told them what I was up to, checked in on them.

Helen Marshall

And include them to Talkback to me as well. Not all of them dead, but I think it was a comfort that they knew that I was there something.

Helen Marshall

Need.

Claire Walker

Yeah, just like you were saying in waking life changed dramatically overnight, I was one of the last people to leave campus and remember certain leaving campus on the Friday before lockdown happened until this Sunday starting on Monday to carry it out my computer and it seems very easy. Very strange and not really knowing what how long this is going to be Freeman.

Claire Walker

What was going to happen and how it's going to work out? Bless him, said childcare closed. My partner got spare load in so we had a little bit obviously in financial pressure as well. An I'm trying to work at home with a toddler. He wanted to do meetings and you have his saying as well as baby challenge remains a challenge as we still make how I think. The biggest thing that's all.

Claire Walker

I found was in.

Claire Walker

How do you have to work a little bit differently? Whatever you small Department and then you gone from being in a Department that we can just leap into each other's office and ask a question and then just run idea past somebody or get some cheques and be gay. They will pass a concern and that that was taken away from us. Now. Now it's a phone call and email trying to catch up with people in at the start of the pandemic are priority with our students, obviously.

Claire Walker

Keeping them safe.

Claire Walker

In 50, students were taken off placement. That was it. The decision was taken out of our hands.

Claire Walker

Actually building up, see both second and third year students were given the option to opt into actually country workforce and for the pandemic and so proud that all of our students an apartment in some very budgets.

But reasons you were able to join the workforce for the pandemic, but that was a massive logistical in.

Claire Walker

Nightmare I think.

Claire Walker

I've been safe to say just trying to get people placed in about time the right support risk assessments be adored. Being slightly this was, this was something that we've never been experienced before with a virus that we would be doing very, very little about. Back in March, April. It over to about it now and so yeah, it's been working from home has got some benefit.

Claire Walker

Boots in Davidsonville difficulties struggle to think and think as hell inside. Share with all the experience with this stupid our students as well. So say and then it is hard. I think you kind of get back so.

Claire Walker

Where is Facebook and picking Wildwood? Simply because we changed our data once like the telephone.

Laura Blundell

Just following on from not really. What about in terms of the programme? Obviously there's been a massive challenge facing everyone in terms of adapting to delivery online, but then obviously with yourselves in the nature of the programme there as there has been some face to face teaching that's been continued, so I suppose just interested to hear.

Laura Blundell

Firstly, how you found adapting to online and the highs and lows of that if you like, and then how you've managed logistically and everything else ready to put those face to face sessions in safely as well. Imagine there's been massive challenges for the Department.

Claire Walker

Yes, so programme changed overnight when she would imagine it very similar very hands.

Claire Walker

Old and very practical course will offer courses 50/50 years, 50% out in practise, have a lot of the stereotype that you spend with students is preparing them for their clinical practise, so it's it's real hands on or a bunch of girls depend on external speakers. Pointed talking to students about their role in healthcare, and you know, kind of what they did in healthcare, but obviously.

Claire Walker

So we promoted it, avails of hybrid bottle very.

Claire Walker

I will come for all three years and.

Claire Walker

Students have been able to come into campus with an essential critical skills which have been a roaring success in from both points of view. Valley students are really enjoyed coming on to campus in, you know, where do skills catching up with us? You know, being together, all being small bubbles.

Claire Walker

So we've had about six or seven students per session, so that's taken quite a lot of organising it. But we did change. It is round and I love going into campus, just getting out how sometimes you know, going into campus, each team is actually see people face to face that. That's kind of, you know. Close contact driving your screen with very cold and that's going to continue in its semester 2.

Claire Walker

Yeah, it's my answer. Bringing students those essential clinical skills that's really good, but we can carry out. So they got in the guards to the online perspective teaching. I think it's going to go challenge. I think we've had to use technology. You know, I've never heard is even till March I exam or something that my little boy made. Today's was playing with his cars were absolutely cruising with my life in. So it's it's been challenged.

Claire Walker

We get our heads around how the technology works. It's also good to challenge China instead of sure there are.

Claire Walker

All sessions are useful for students and are all practical things that we can take forward into clinical practise. And so it made a bunch of overwrite each other very well. You dependant on discussion.

Claire Walker

Do you know presented cases and and conditions? So in situations you know questions in class in small groups and that's been quite challenging to sorting online because.

Claire Walker

No, you have to stop several times for breakout rooms or will try to get people to engage with disc talking to talking to my laptop is much harder than if you did have a small country for the students and so.

Claire Walker

Anyway, but we take me about the technology to at least carry on, no.

Claire Walker

I will teach you, but I think that.

Claire Walker

Google little things, but never lie on when it's face to face teaching has been taken away from us. Those kind of here, but it's a bit late. Submit questionnaire. They know their precious time space and we benefit from very small cohorts in our programme and that's whether to bother. That's why all students will come to us.

Claire Walker

Yeah, I feel like that's something you kind of missed out when it will be also happy about those with smaller class debates and they haven't really just been great still online.

Helen Marshall

Yeah, I agree with what clothes saying about the small class debates. Thomas Le Clair is able to teach third years where they had the normal University experience.

Helen Marshall

An I teach the air ones for the new year. Ones have comments, trains, online learning and I think when you haven't made those friendships and you just on a computer with 70 other faces that you've never met you yet, you don't know who your friends are. You don't know who anybody is. It was often consumed Dons in to speak out, and so I think I reassess how I would deliver my session. So I made them smaller format, delivered them twice. I tried to use Padlet board, which again I've never heard of public pre lockdown.

Helen Marshall

You break up boom.

Helen Marshall

Just try and engage those small group chat and network with each other so I put them into the clinical skills group which they were on campus so at least he got familiar face and they actually lines, meaning that smaller room to virtually make network and make friends. If you like an we actually did a thing called a buddy system as well. Which one of our colleagues startle and it was kind of where a shooter would be given another student. They might not know them. Renard never speak to him and that will.

Helen Marshall

Do you have a kind of a point of contact to speak to someone? As a student, you know just text them. How are you? Because a lot of students they were confined to where the bubble was maybe where they live in the holes and residents, so actually not been able to form those friendships like when they come into the classroom environment. So I think he was trying

to do our best to try and facilitate students communicating with each other so that they've got friendships as opposed to just wear them.

Helen Marshall

To have.

Helen Marshall

Helen Marshall

Nothing Ann.

Helen Marshall

I think the students obviously they would. You would love to be on campus, but I have taken some positives from the online such as during previous Cod sessions occasionally, where the students can watch them whenever they want. So when we go back to normal, I might not be bringing them in every single time face to face because actually they got good feedback from that and I've actually developed the skills and knowledge myself of how to how to create.

Helen Marshall

Knows if I had been in a pandemic and probably once about the time to do a preview card, sessional or learner an with regards to Nurse and actually we just got validated from our new programme. So in the middle of the pandemic we actually started delivering a new curriculum which was validated virtually by BMC so it was kind and then we started using Canvas. We've got a new practise document so I think the staff and students have adapted to everything that's been thrown at them.

Helen Marshall

Apple.

Helen Marshall

Helen Marshall

Learning all these new things and it's kind of just being.

Helen Marshall

Kind of getting on with that, but with a positive mindset. Because obviously if you are negative that that comes across to the students, and hoping that I will positive mindset showing we've had all these barriers but we still doing it was still providing the service that we hope you enjoy it and the students and found it a good experience predominantly an obviously in a virtual world is it's hard to engage people known as the cameras on, but I think as we going forward it's the new norm now and I think the students accessing notice. New Norman appreciated.

Helen Marshall

It's a new environment for us and kind of working with us to try and make it as the best that we come in. The situation that we.

Call

Laura Blundell

Hey, congratulations on the programme validation. That's fantastic news.

Laura Blundell

So have you had much of a sense from students? How they finding these changes? And are you saying that everyone seems to be adapting really well? Have you had opportunity for much feedback? Or will that come in late?

Laura Blundell

Today

Helen Marshall

Well, we have evaluations at the end of each module, and we actually done like a live question and answer session for the students. So we did a zoom meeting. It was optional, however, a lot of students did attend and it was just their opportunity to kind of get anything off the chest. Ask us any questions. Duvall got WhatsApp groups where they communicate with each other and that doesn't always get to us, and sometimes it could be. You know, someone might say something and then more opinions. And actually I think they found having the question answer session with those to get the actual answer was.

Helen Marshall

Mainly benefit.

Helen Marshall

Philtre to quash any rumours. Our suspicions are things like that, and it was really good to hear their viewpoint. You know, thinking was honest feedback about how the sessions of be. You know how it how it feels to be looking at a screen all the time. So I'm on their feedback. We did take things away that we're going to that we're going to implement for

semester two and we were trying to encourage them to say that we only know what your experiences by 10.

Helen Marshall

Finals so it was really beneficial to get their feedback and actually the third years actually sent a survey around to the students get on his feedback and a lot of it was predominantly of positive to say. We really happy with what you've delivered given the circumstances that we found ourselves in the first year is also the nurses site has been really good about trying to engage them in virtual.

Helen Marshall

Phone events if you like, you know, rather than just having lectures, so the nesting sites you've done to get the Halloween event where they played games and you know like just fun things just to try and get those networks there so that they know they've got someone to talk to the context someone it's you know can be quite isolating sat in front of the computer out there. Not seeing anybody so it's trying to make people feel less isolated with actually without actually physically.

Helen Marshall

And always knowing that we are here than to talk to Anna. Do feel that our students hopefully do email or the benefit of our lines. We can just come on and on line chat straight where we don't have to book an appointment consuming two days on campus we can just get straight on another chat with them there and then. Which has been a benefit of virtual working so

hopefully building that resilience with the students by friendships and social networks and being faring that even though you sat on your own influence for computer.

Helen Marshall

You never alone, if you need somebody that makes.

Since.

Claire Walker

Yeah, I think I shouldn't have missed.

Claire Walker

Being on campus needles, certainly.

Claire Walker

The students have missed that, but don't see just to be predicted. Say hello about anything. I'm just passing by. As you know, it does take a little bit more.

Claire Walker

EBay Lizabeth walkover tired but it was like that. But I think our students have ever adapted. Amazing about and it isn't adapt. It really is adapt. It's it's not worth just getting on with it. We've all had to adapt and I think they've been there.

Claire Walker

Free.

Claire Walker

In

Claire Walker

Turn aware that we were adapted to that this is a new change rules, so there's been so you know, it's it's going to be awesome in Judy together it's not like me, you know it is as much as we've struggled with things students and struggled with figuring some students and struggled with the technology side of it as well in some shades of suddenly finding that, you know, looking at a screen.

Claire Walker

For long time is caused by strains to point out and you still got some of those super experience that obviously we have some students there who submitted well. You know the impact to isolated there when I've had counted, and you know I did something okay, but I'm still recovering created without other members of the team. We've had problems with their party and they put tonight's late.

Claire Walker

It does feel like, well, Bissell JD together and things that students are you an we, wherever experiment, set up ourselves personally or you know we can sort of say to you.

Claire Walker

Well, you don't mind if we can. That's kind of what we could achieve the students to juice was now we just keep in touch.

Claire Walker

Juice.

Claire Walker

Claire Walker

But we weren't.

Claire Walker

Maybe they will say slow down in all three.

Claire Walker

The.

Claire Walker

Leeds severely regular. We could contact with each cohort of students. Even just said. I don't know why somebody I I was still here I lead begin with Pandemic and I just you know when we had just sent them at all.

Claire Walker

Getting around just to let you know I am so busy today I wanted for they know, I hope you hope you guys find it funny as well. You know where I am not bombarded people with information. Just letting people know that you still out there. Yeah you do still exist even if it's just in the virtual world.

Helen Marshall

A little bit, I think, with what Claire said about keeping in touch with students, I personally with my academic advisor students feel about we got a stronger relationship because the kind of got to know everything about what I was doing. You know, we have this takeaway. We do not daily exercise here. I send them pictures of where we've been. Are things like

that. So I do feel that we've got stronger relationship because they could see that was just a normal person as opposed to their teacher. If you like, and I do feel that.

Helen Marshall

It got is closer together because they were like, well, I've been here. I've done this ET cetera, and I think with the I often use the use of humour to try and make light of the situation, especially technology. Another first hammer did my online on line T chain. I'm using zoom trying to breakout room and I actually got kicked out of my own lecture by the can.

Helen Marshall

So I just got kicked out the maintain another came back into the meeting and at one point where she got when she got and then I just popped up. Now she's back so I'll just lend obviously, you know I wasn't saying anything interesting so the computer answers. Took me out. So thank you from just made light of the situation an just kind of Mecca, Mecca, laugh or feel it better if that's just how I'm learning to get through things like not trying to just take take the Mickey out myself and and can at that mate. I feel like that puts him in a bit more comfortable.

Helen Marshall

Mission because the rest of the lecture we are we were talking. We spent five attendees talk about technology and there is actually so I can't get in this. I'm trying to do that, so I think that we all felt we was in the same boat and all in it together, if that makes sense.

Laura Blundell

Yeah, definitely it. It sounds like you both in absolute Sonic to be honest, to wear a very difficult and challenging time, Anne and it's it's a really sort of refreshing approach I think.

Laura Blundell

Say to be so personable, but to kind of just crack on with it as well. Like you say, with a bit of humour and that's fantastic.

Helen Marshall

Say that comes from the profession in nursing. You know I can remember days I've had come back to the District nursing officer like Oh my God, you'll never guess what happened to me today and it's not something you should laugh about if that makes sense. But if I didn't laugh and that camaraderie, and that teamwork, that's after what gets nurses through, because this is a very difficult time. But in the profession that we've been in, we've had lots of difficult times with patients and things like that so.

Helen Marshall

Maybe the resilience is always being that will bring into University life because we have to work together as a team. We have to support each other because there's very difficult situations that we found ourselves in before that. But if we didn't laugh, we prob.

Laura Blundell

Can pull.

Claire Walker

Unison's quite in baby spirits here. Thank you.

Claire Walker

Yeah it is.

Claire Walker

It is a way of keeping Internet. Humour is a way of keeping you know. Some people have the stiff upper lip. Some people backed up a bit in the you know about it. All the people here go and do something completely different. But I think sometimes you just how cool it takes about even trying to find something positive in something you know trains are more clinical in about situation in the normally is something that normally eating discovered. That person was really nice.

Claire Walker

Maybe not, but situation there's always something good, so think you know their sensor helps us to do that little bit, because there is no even in my real real horrible Europe situation here. Impatient, but it's terrible when we do, there is something.

Claire Walker

Good that you can find from partner, even if it's not the fact that is the best. Yes that patient is dying, but you were able to provide some comfort. You will be able to leave their pain or or ease their distress by holding their hand. Or you know cleaning your mouth or something like that. Something really simple. There's always something good in every situation that we can take from and I think our profession certainly stats open at Tik T.O.K will look for the good.

Times.

Laura Blundell

Definitely think I'm kind of with all appreciated everywhere. Also of heroes in the NHC. Even more so that the normally these past few months sounds like you guys have had an. I suppose that that attitude should be able to adapt very quickly and kind of get on with it. I suppose in a way.

Laura Blundell

Space, one of the challenging things as well about the nursing programme is different from a lot of other University programmes is the fact that it is dominated quite heavily by placement.

Laura Blundell

And how has that gone an? I suppose, have you managed to support these placements? Those ones that have gone ahead any differently than if you just talk us through that?

Claire Walker

Placement.

Claire Walker

So yeah, so 50% of our programme is it is is placement is clinical practise and our students have to come.

Claire Walker

Wait a minimum set about to become there. So that's a minimum of \$2300, or which is? It's a lot of clinical practise in.

Claire Walker

We really located in the universe in an actual available key in Cheshire based side. To be honest we have some excellent excellent in hospitals and healthcare systems.

Claire Walker

Is moving around, you know in some cases, but some of these procedures that we do look appealing. This really hard with her, but it was and that's why Liverpool isn't it three and you know all the usual things so our hospitals have been overload in this activity can still train to other people. Have still had heart attacks and their appendix are still being burst and people still broken their legs and either people still been along with other things.

3.

Claire Walker

Just how big an so I didn't say before in our placements changed overnight our first.

Claire Walker

She is were taken off placement so I thought it was on September 2019. Cohort will take about placement in March. About are you 2 cohorts and I gave three cohort so our butts, the YouTube horses barrel off Virgin cobalt and will Sergio careful at the time is now those that are about to graduate on Friday which is really excited. Then we're all able to deploy.

Claire Walker

Intern in critical areas counters, placement accounts, credit card with another purpose to be able to go to the programme we have to work very closely with our practise partners to do that to make sure that your students are going to the right place. So don't even tag me bout it was supported as well so that.

Claire Walker

Is Bing so boost bank those bridges to, you know get those sitting in my ships working as well. It also meant that we had to work really closely with our order. HER is the other universities that some students took to our placement areas as well, so again that's better or positive that we would sort of set up a bit of a network in Cheshire and Mersey, Haiti eyes. But also Northwest H Ers as well.

Claire Walker

It was.

Claire Walker

I don't think would have happened if this if the public would happen because you just don't want, don't you just carry on and and we we didn't? We had to really work together.

Claire Walker

You just.

Claire Walker

Claire Walker

The issue has been supporting our students in different way legally and we go out with visit our students grannies.

Claire Walker

New book about we spend time with the students. We will talk to their practise of faithful will talk to their supervisors, will talk to the people that may be working with a basically making sure that you stupid is progressive. It would be supportive of any issues in any professional. She's critical cheese, but we can sort it out. We weren't allowed to go into hospitals as academics.

Claire Walker

Stop so we have to support our students in other ways.

Claire Walker

I think we did that quite well. He added that by keeping in touch with students in still carried on, utilising their offline practise. Record and practise online assessment so we were able to use that platform as well. So to contact students in and talk with their assessors and supervisors. But we also work really well lying.

But we.

Claire Walker

Paps normal practise education facilitators.

Claire Walker

Big ***** all.

Claire Walker

Starts interests aren't employed to look after learners really. So look after look after that, ensure that students are getting. There's really good practise in opportunities in the Pepsi.

Claire Walker

Babe little trip is it just be Angels already have again something discovered one positive indexes teacher the 1st way I had a weekly meeting with the sugar busy patterned so the path whistle at me from all about basin areas into the other week that week.

Claire Walker

Super Bowls weeks. It was a little bit more like a counselling session or pianist muzzle. What will the times you were able to deal with issues straight away? You know, I'm just happy that so weekly capture put me what's going on and what's happening.

Claire Walker

Inflation back towards students, so she's kind of hot like it constantly speed really going out of what was happening, trust.

Claire Walker

Students have.

Claire Walker

You know how to really good experience, so we did see some upsetting things and some challenging things that depend on it has brought, but I

think overall all of the students enjoyed being part of a team and actually kind of, you know.

Claire Walker

Cricket on the job that they ultimately want today and I'm ready for the challenges that became the pandemic as well.

Claire Walker

We could really fortunate that we've been able to.

Claire Walker

Go fish dishes as well as a two weeks ago. I want clinical placements and our second year students. So that was the cohort. 29 September 20, nineteen 84. When I went to placement in September as well and they are having a really good opportunity then they are learning lots they see. And obviously so this is what I'm little bit differently. You know, some services aren't fully back up to capacity, obviously.

Claire Walker

Claire Walker

Still seeing if there's really sick patients, it indeed took to work a little bit differently because of Cambridge or the students are working in services that are brand new, so they haven't got students that work with the brand new parts of the hospital about having a great time there. So breaking a bit, you know, working with the new technologies and things

there. So we've been really lucky. But placements in themselves haven't been stopped onto it in.

Claire Walker

As we in.

Claire Walker

We had to adapt a little bit and will have to think of different ways to support our students and students have had to settle in, adapt to those as well while they've been out with clinical placements available as a changed invite that. But then they were really looking at as of September, will be able to sort you. Don't want to for students if it able to place more. 38 students will be given out in January, but just sort confirmed orders placements now and I think those.

Claire Walker

She does it every GP, break the parts so being away from critical areas. But I know certainly my students already looking forward to getting back out there as a third year student so you know the last sort of very months ago programme. I'm really sorry you know getting getting to grips with things as well. Developing new skills.

Helen Marshall

Contact the team can still work together face to face in the community. They've had to go down in real virtual routes such as having virtual handovers, seeing patients virtually if they can do for consultations. However face to face visits still still go ahead and the students have been lucky enough to attend those. But I think with every service.

Helen Marshall

Then we I personally found all the things I've I've gotta take where that I would never have the opportunity to learn to develop going forward. When we've got the new norm way of working.

Laura Blundell

That leads me very nicely actually on to my closing question, which is kind of.

Laura Blundell

Well, it is the pandemic and it tomorrow.

Laura Blundell

We kind of went back to pre coded life as we knew it. Is there anything that you would continue to do that you kind of have to maybe been forced down the route of of dealing with students or the way that you weren't yourself that you'll continue because you found it positive? So any sort of positive takeaways I suppose.

Claire Walker

Oh, I can't wait to hug people again.

Claire Walker

This talking people.

Claire Walker

Okay, sorry, I just can't wait to be back on time. Puts an just to be able to just take speak to people close by. With that I'm probably I just can't wait. Just can't wait to go, you know.

Claire Walker

It's the back into the hospital as an academic. Obviously I still do do some critical work. Can you give us a different no one other than some critical work? I can't wait to go back in as an academic and just to thank you, don't these people person?

Claire Walker

I just yeah, it's working with Gordon. Please posted the Parkway better when you finish lines. Is it science type for which there is definitely something that I will take from this. I think variously I'm going to take today. Well, actually, no. We we are with active or we can change things quite quickly if we need to. So I think that's all I've gotta be. Something in the back of my head.

Claire Walker

We recommend that night changed the way I deliver a whole Banjul, but today working, you know, changed.

Claire Walker

My Bible, Kimberly Dawson.

Claire Walker

So I think I'll take that would be, but I think two things for being fiercely is the networks that we've made, but I've been able to make. So as I say before, I've been able to join in nursing, NW Network, and so these are just, you know, practise lead from nursing programmes across the North West,

just focusing on that will be able to set up a weekly meet and cleaner and also that we want this to continue.

Claire Walker

The great thing about it being the way we wanted we had to do it virtually.

Claire Walker

If we do not anyway, it would have been a real pain, because no.

Claire Walker

Lancaster baby Bolton may be down to shoes. Bree, it's not absorb your whole day to go to a 2 hour meeting where there's you know next week. The team meeting is between you know more than three and I can sit in their house. Do that about activity about trouble. Adapting to Lancaster in December will be stuck in snow potentially in so definitely sort bills online.

Claire Walker

My meetings in collaborations with all this, I think also what I take him for the is in electronic resources and actually they should complement our teaching.

Claire Walker

I think that's the whole thing. It's about complemented arboreal teaching, and you know that availability of recording the session and I'm having it there for the students to to pick up so you know when they're doing beneficiary or otherwise. You could absolutely compliment that face to face teaching, but we're all desperate to go back to Anne and other online resources that we discovered.

Claire Walker

You know lots and lots of companies is obviously taking advantage of it as well. Other are producing some really good houses. Tesco kissed in resources an and online games and assessments and also to support student from you know back within three weeks.

Claire Walker

Definitely I would. I'm going to use the technology sign things to definitely component in and support my refuge teacher definitely. And I probably wouldn't do that if I haven't been put my hand up your back early this time. So that's that meaty things.

Claire Walker

I take forward with me, but I just can't wait to be.

Claire Walker

Back on campus with the students.

Claire Walker

It is all sharing storeys and it allowed classroom with, you know, having a really good discussion and I can't wait. I can't wait to make sure like my top my Christmas list.

Helen Marshall

I agree with everything that close said. I think bringing technology into the delivery of the module, so I suppose it's kind of.

Helen Marshall

Also, meeting with a student once as well. You know having to nursing is quite demanding. Cars coming in all the time. People do have children outside of that care responsibilities. So after narrowly I think he's looking at how I would develop the module, as in it doesn't have to be. Every session tart has to be with them sat in Fundsmith cut. There's a lot of resources that we can do.

Helen Marshall

Now that is tailored to other styles of learning. Some people prefer to learn. I've had comments where when it's recorded, they can stop. That can be windy. Can listen again. They can make notes at their own pace. So I think playing to other people's strengths and how they learn. And I think from a personal level level, having the best of both World Trade that we can work from home and still do.

Helen Marshall

Our job, therefore, is more of a mix to working from home and being on campus, and if there is a meeting then we can have an iPod with one of us on Microsoft Teams on zoom and still be in the meeting is not that we have to physically be there ourselves, so there can be a lot more agile dynamic working going on and I think we do more work when we're not travelling when we're not commuting things like I will actually that time that were commuting we can actually start doing productive work with regards to this too.

Helen Marshall

If a student was to come and see you mate, I only was in the uniform. Think six months before I was working from home full time, so I

haven't experience a normal academic year. What it's like to be normal if you like, but I think if a student wanted to see myself, I come and see me on such a day was now with the email Mercantile. If you free now I can speak to you now so it's just that instant response that you can give to students was.

Helen Marshall

My viewers after Death Committee, which I think was everyone's view, I'm not alone in that, so there's a lot of positives that lies, Claire said. I've had to learn all these electronic things that ordinarily I wouldn't spend the time to learn, but we bout to be an obviously was stressful learning all these things. Especially lockdown one when I didn't have the right desk and didn't have the right working environment because I kept thinking will be going back. So I will be going back soon. I didn't want my dining room to be turned into my workspace.

Helen Marshall

Wanted some work life balance.

Helen Marshall

An which which I admit I don't always have, but the light is at the end of the tunnel and I think we just plodding on because we know it's going to get better. So the end is insight and I want a personal level. I think spending time as a family, doing things that we might not ordinarily have done because there was nothing open. So you know, we want to go out for walks anywhere. But walking around town looking at Christmas tree decorations when nothing is open, the kids laugh as much as paying to go and do so.

Helen Marshall

Stop.

Helen Marshall

Helen Marshall

Don't think so. I'll save you money now just walk downtown hospital cost me anything and I actually started voting in lockdown one just to get out the house. That's how desperate I was. I'm hopefully going to carry on doing that because now I don't need an ambulance when I'm doing it. But that's a positive that I'm going to take when appreciating the small things. You don't realise what how good something is until it is taken away from you. And I think we can definitely all feel that you know, going to the shop going out for.

Helen Marshall

Intimate boy socialising with friends going on night out. You know my children like playing with their friends and they've just adopted that they just don't see the friends. They just like SEPTA and the back steps in that we are where mass and so I think kids have been really resilient as well as adults as well students as well as people in employment. And so I think going forward I'm just feel very fortunate to be healthier an and that we still are able to go and do these things when everything goes back to normal.

Helen Marshall

And I actually created a memory book, which I've never.

Helen Marshall

And it created a scrapbook because I was thinking to myself, this is a piece of history around in 20 years when the kids have learnt about this in history lesson, I'll pull up the scrapbook with all the pictures of all the good things that we did. And then we thinking. So we went. We drove round in the car and we had a picnic in the car and that was good. But actually was always a fab. Let you know and we can't have made the best out of a bad situation and I want them to remember it is a good time not rubbish time and I'm helping the students who have been on this car.

Helen Marshall

Divide the arbiter. Very unique situation to be undertaken. Nursing in the middle of a global pandemic and I want them so so takeaway. Good memories that even though it wasn't what I thought, we wasn't totally bad, it was still an experience that was unique and important. Humour.

Laura Blundell

I think Cam yeah, I think you both smell beautifully. I think it is very much making the the best out of a very challenging and difficult situation. An I mean it's clear to see that you both have not only just adapted, but I do it. Amazing things with the students. There's there's such as.

Laura Blundell

It says this variance and community and kind of all pulling together an from from yourselves, and I think you should.

Laura Blundell

When you get a chance, perhaps reflect on that. How much you actually achieved an um, yeah, how amazing it sounds like you've both been.

Claire Walker

Municipalities reflection.

Helen Marshall

Helen Marshall

Eddie

Helen Marshall

Helen Marshall

Now one I was like did that even happen. How did we get through it like this just feels so surreal and I'm not going to lie advanced in bad day where I have been drinking about lag with my tea just to cope with just to cope with what?

Claire Walker

Yeah.

Helen Marshall

But then the good days have outweighed the bad. When you look back it has been a strange situation and I just think if we can get through this that all of the world can get through anything. Currently you know this has been a massive learning curve for so many people and to think to value things that we talked for. Granted like BNHS, you know when it's going to be taken away from us, we realise how important it was and how we really need. And so I think that is a massive positive to always know that.

Helen Marshall

We always need a minute.

Laura Blundell

Laura Blundell

Absolutely, absolutely.

Claire Walker

Such thing as bad weather is just that cleans and you don't want put your wellies on but you can't get out and walk a big ****

Claire Walker

Tobacco power, you know we did used to do lots of indoor things and painful lesson pay for that, but do not know my little boy has had the best time putting wellies aren't the portal suit and just trample through Leeds and Preston Park competitors instead went out for it's it's been lots to take from it. It's been lots of fun. I want to forget.

Claire Walker

There's been lots that are, you know. Yeah, I. I have got to make sure I'm doing easy, but I definitely see the back of 2020. But yeah, I'll make sure that goodnight rings in Britain, but likewise in is this things that I didn't want to take forward in, and I'm not forget about it. And you know little things now.

Claire Walker

Street party that we had a lovely day. You know with our babies and my little boy was just in the middle of the footpath in the paddling pool is a great way to give everything that people you know sharing no intelligent you know do cheers across across the street isn't like that it's.

Goodbye.

Claire Walker

Explain 2020 is better here. Been putting his ethical forget their single never forget it and ironically 2020 disposed to be international aims to boost the midwife.

Claire Walker

How what is it to be to be international overdose? And that's why you should forget.

Claire Walker

I think we need to take a lot troubles and a lot. If you know we've got through it, you know it's it's the great December. I'm here, we are. And you know what we've spent longer in the pandemic. They will spend out of it. And here we are. This this is like to be able to do the back seats here will board about this virus though. We've got. We've got our testing.

Claire Walker

Turn.

Claire Walker

It always does this. Things that are shared.

Claire Walker

I know that there will still be science will win their single word health. Caroline can always do because that's what we do. That's what we've always done, and we will win and will come out strong. But I don't know anywhere.

Laura Blundell

I've got a bullet. Yeah, I couldn't agree more.

Laura Blundell

Thank you so much to both of you for joining us today on the podcast. It's been fantastic to speak to you both and have a wonderful Christmas.

Laura Blundell

And do come on again as well whenever you.

Laura Blundell

Like I didn't say much.

Claire Walker

Yes, Merry Christmas. Merry Christmas over the Daytona Healthy and happy.

Claire Walker

2020 world

Laura Blundell

Yeah, here's the 2021.

Claire Walker

The rolling 20s can officially start.