

Treasure Island Pedagogies Episode 31

Podcast Transcript

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Tünde Varga-Atkins

Hi this is to Tünde Varga-Atkins and this is episode 31 of our Treasurer and Pedagogy podcast today from the Centre for Innovation in Education at the University of Liverpool, where we share light bulb movements, teaching props and pedagogies as we cool habit our treasure. Island the space for contact time with students today is. A very, very. Special edition as we welcome four students, so I have the pleasure of introducing them. Qi Qi Saw, Sherley Admane, Sophie Gresty and Yousaf Ditta.

Qi Qi Saw

Hi everyone. I'm Qi Qi. It's great to be on the podcast. Thank you so much. Sunday. So I'm a first year financial computing student, originally from Mali. Asia and I honestly love Liverpool. It's a city. I think it's a great student city. I'm here on this podcast because I have a part time job at the uni as a generative AI student advisor role at the C i.e., which I work with students and teachers and their experiences. With Jenny I, and that's been a great learning journey especially. Being a first year student at the UNI.

Tünde Varga-Atkins

Great. Thanks, Kiki. That's fantastic to have you. Can I go to Shirley, please?

Sherley Admane

My name is Sherley. I come from India and I study masters in digital marketing and analytics. I also work as social media and Don at the Ciie and the field of marketing has always intrigued me. So that's what to bring me here. And I'm loving my experience here. Thank you for.

Tünde Varga-Atkins

Me. Yeah. Lovely to have you, Shirley. And then next, Sophie.

Sophie Gresty

Hi, I'm Sophie. Thank you for having me. I am on an integrated masters course in physics and I'm in my 4th year and from Liverpool so I haven't had to travel.

Tünde Varga-Atkins

Very far. Yeah, that's very lucky. Lucky for us as well, Sophie, to have you on board. Yusuf.

Yousaf Ditta

I am Yousaf. I'm a third year computer scientist. I'm a teaching assistant for some modules in first year and 2nd year computer Science. And I I'm also a course Rep as well. I really like Liverpool and I really enjoy the university and the experience that they offer and I believe that it's the people that make the city and that's how one can enjoy the surroundings.

Tünde Varga-Atkins

Of it. Great. I think you've got a lot of notes there from from our other guests today. It's it's the people who make the city. That's definitely true of Liverpool. So, Kenna, thank you everyone for the introduction. We normally hear from from lecturers, teachers, light bulb moments with you students and it would be great to hear now from you of of your light bulb moment. So this is when, as a student, you were maybe grappling with something and you finally were getting it and we would like to hear some of these moments from you. And what made this happen? Made this happen or a little bit more about. About that.

Qi Qi Saw

I think I actually been a listener of the podcast since I first applied for the generative AI role. When I was researching the C i.e. Yeah.

Tünde Varga-Atkins

We love to love that Kiki.

Qi Qi Saw

Yeah. And I remember listening to the very first podcast and realised, and I think it was Kerry Colby, that said C i.e. Stands for cake is essential. And I

think that really. Is a great overview of ciie as a department because everyone's just so lovely and welcoming in terms of my light bulb moment, I'm going to talk about a moment of realisation, I guess in terms of career. So I think a year ago I had no idea where I was going.

Sophie Gresty

Me.

Qi Qi Saw

In university I was really struggling with what I wanted to do. I wasn't sure with the career path that I was chosen. I actually wanted to do dentistry at first, so very different to the financial computing degree at yeah. Yeah. And I kind of had.

Tünde Varga-Atkins

8.

Qi Qi Saw

A change of heart and a leap of faith into this degree and into a new city. But I'm so grateful for everything and meeting people in the C i.e. Has been amazing. So just a light bulb moment that I realised maybe like a few months ago is that. Life isn't in One Direction, if that makes sense. You know, you know, the people you meet and and your career path could change, and it's not set in stone. So my journey at university? Yeah.

Tünde Varga-Atkins

So and yeah. That. That's brilliant, Kiki. So can you talk a little bit about that moment of perhaps, obviously you're on a financial computing. Force and so some of the carried paths will be associated with that. So perhaps what are these other avenues that suddenly open for you? And I'm going to ask maybe the others as well, if you had maybe similar moments or maybe not yet, but I think that's so interesting. University can not just necessarily be about the subject, but opening different horizons for you.

Qi Qi Saw

For sure, my eyes have been open to so many things since moving to Liverpool.

Tünde Varga-Atkins

So what's this career path opportunity that you now considering that in addition to the degree that you're learning about?

Qi Qi Saw

Yeah, just different. You know, I I started exploring LinkedIn this year university and you just realise that people's education and pathways aren't linear and they do so many different things. You know, I guess. Something for me, like when I want to pursue something is I could do so many things and the and the things are limitless. So if it's working in the accounting firm or working with the start up, it's a very broad.

Speaker

M.

Tünde Varga-Atkins

That's brilliant. Anyone else maybe?

Sophie Gresty

I've done a lot over the course of my degree that isn't really related to my degree. But it's because of it. I've kind of ended up doing outreach for young kids, giving them planetarium shows, and I've done a chairing a conference at Liverpool. I've kind of done a whole wide range of things that have been. Somewhat related to the degree, but have kind of opened a lot of different things for me.

Tünde Varga-Atkins

That sounds brilliant. And what? Is there anything that you learned about yourself then as part of these experiences?

Sophie Gresty

It turns out I can't stand up in front of 200 people and. And which is useful to know?

Tünde Varga-Atkins

Yeah. That's amazing, isn't it? That's yeah. And not it sounds like it's an enjoyable part as well as you showing was that children school children showing some physics to them.

Sophie Gresty

200 was fellow students of undergrads.

Tünde Varga-Atkins

Can anyone else? So are we talking about light bulb movements as well? Any other light bulb moments you would like to share?

Sherley Admane

Yeah. So mild light bulb movement was during an activity that was organised by my professor while teaching services marketing module. She had organised a treasure hunt competition where we had to run around campus and look for cues and gather information. And finally, make a poster relating the class theory to the University service kit. So as marketers I'm I'm an aspirant marketer, so we have to be aware of our surroundings and how a particular service can impact the consumer or the customer that you have so. That was the highlight of the activity the moment clicked when I entered the library. The atmosphere was comfortable and the soft lighting it instantly put me in a focused mindset I would. Then it made me realise how the theory, which I learned in class about service SCAPE was about the impact of physical surrounding on your on the experiences as a customer. So it was playing right in front of me, the teachers guidance and framing the activity help me connect the dots. Between concepts and real life environments, this experience basically taught me the importance of considering a holistic environment in any service setting and as a. Marketer going forward, I'll pay more attention to elements like these and how they can contribute to overall service experience. And as a new student, as an international student, when I was only two or three weeks into the university, I was really lost because our campus is so huge and this activity. Actually help me help me to know where everything is. So now whenever I have any friends they ask me where is this place so I end the one or tell me oh you should go take a left. There's this place.

Qi Qi Saw

Yeah.

Tünde Varga-Atkins

That's amazing. So with this treasure hunt activity in you not only learns about marketing. But you you. I guess it sounds like it was a group activity as well. And then you also got familiar with the campus. Yeah. Yeah. And I, I love your idea that. Sorry. Go on.

Speaker

Yes.

Qi Qi Saw

Kiki. Oh, no. I was just going to say I totally relate to finding your way around the campus. I remember my first week in the. Who I I tried to explore every single part of the uni, you know, sat in every part of the library and both Sidney Jones and Harold Cohen. And it was it was just fun to explore and new new campus.

Sherley Admane

Yes.

Tünde Varga-Atkins

Anyone you saw for Sophie? Did you have any activities or did did you sort of Explore campus on arrival? How, how did this work for?

Sophie Gresty

You. Well, my first year was online, so we had what was sort of like a digital treasure hunt. But that doesn't really help because.

Tünde Varga-Atkins

Of course. Yes. OK.

Sophie Gresty

The campus is. All like small little pathways to get to different places, so a digital treasure hunt didn't really work. When we finally made it onto campus. A couple of my friends and I went on just a walk around campus to try and figure out where things are. We gave ourselves a campus tour. But I still don't know where some things are, but I know where the buildings I need. Are.

Tünde Varga-Atkins

That's good. And that that's good that you did. Yeah, yourself.

Yousaf Ditta

Yeah, I'm. I'm always really exploring campus, like, since first year, we're always doing something. So like, I think 2 weeks ago, a week ago, Sustainability week. And and they had a lot of tours going on, so I attended all of the tours. There was a tour of the spine tour of the Energy Centre. It was quite interesting. I didn't know that we had two energy centres. And and there was tours when other things as well and. The factory, the innovation factory as well. It was quite interesting going in there. And you can learn a lot. In general as well, I'm always up for seeing new buildings on campus going in. Seeing what we've got to offer, I found out like last year I went to the electrical engineering building that they have flight simulators there. Uh, three sets of different flights. Of milk or. When friends come over and stuff, I take them there and we have, you know, a bit of fun there. Switch the machine on and, you know, try and. Planes. And yeah, I like to explore a lot in my free time as well. I I just go to the Guild and just open random rooms and see what's going on. See what events are going on, just partaking where.

Qi Qi Saw

Yeah.

Tünde Varga-Atkins

That's a good strategy. Yeah. I like that strategy. Almost like treating spaces as a learning opportunities and learning points. And as you all said, perhaps sometimes the people who dare to welcome you or guide you around those spaces, they can really offer you different lenses on the same space. So like Shirley. I loved how you had that moment of epiphany in the library. That this is actually. A very branded marketplace in, in the good sense that people have really thought about how the customers are, students and staff will feel in that space. So it's it's not just the building, it's there's a lot more behind that. And and that knowledge can come from that, OK, any more light bulb moment. So Sophie, Yousuf, would you like to share one of yours?

Yousaf Ditta

I mean when when we're struggling with an assignment, for example, we'll go to extra lab sessions, you know? Go on our spare time, speak to the

teaching assistants and the lecturers, and then. You know it all clicks afterwards.

Tünde Varga-Atkins

So that's a a good point. That's something that you actively seek out and do. So I'm, I'm guessing not everyone might be doing that. So that's really good initiative on your part. So can you tell a little bit more about what makes that happen of?

Yousaf Ditta

Yeah, definitely. So just recently we were given an assignment and it was quite brief on what they were expecting from us. So we all, you know we, I spoke to my classmates and we all went together, had a discussion with the the lecturer there and the teaching assistants and they became clear as to what we needed to do.

Tünde Varga-Atkins

Yeah. OK, what about you?

Sophie Gresty

Sophie mine is slightly more random. Mine comes with a prop, so when we were doing GCSE chemistry, which is a long time ago now, we have these things called Molly Mods and they're basically like these sticks and balls that you attach together to make the molecules. And it's really different to see them physically. So this is one for people who can see. On clothing, yeah.

Tünde Varga-Atkins

We will take a picture of it, but people can imagine there's some balls connected with a central ball, but we will do a picture.

Sophie Gresty

And and basically it's really different to see it where you can hold it instead of when you can't hold it. And it's just a drawing and that kind of made me realise.

Tünde Varga-Atkins

MHM.

Sophie Gresty

That if I can hold something, I can understand a lot more about how it goes together or that kind of thing.

Tünde Varga-Atkins

So what is it about that tactile experience that helps you learn a little bit more? Can you give an example where that helped?

Sophie Gresty

In one of our lab projects we were building. A machine that kind of scanned the magnetic field and before we ordered those apart, so we needed like aluminium frame and stuff. I just took some cardboard and started with that to kind of get a feel for how we wanted it to look. That's.

Tünde Varga-Atkins

Brilliant. OK. So we had light bulb moments on this Treasure Island. So let's what we normally do when I start drawing in our boats and we need to take some stuff to this island so that we can make your learning experiences as good as. As big as it can be. So what sort of things would you take with you on this board to make sure that your learning experience will be goods or any teaching props or pedagogies or learning items for learning that helps your learning? What would be?

Qi Qi Saw

Put I I could pop in and say if if I took a generative AI with me, you know some touch.

Tünde Varga-Atkins

Gone so I. Have to use it. What would you use it?

Qi Qi Saw

For, I mean part part of my role at the C i.e. Has been figuring out how students have been using generative AI in their learning. And I'm definitely quite an optimist on generative AI. I use it personally to just help clarify my understanding, or to provide a framework to start an assessment or assignment or task, and I find that it can really break down things into smaller steps. You know, I sometimes we think something is so

overwhelming, but if you look at it and take it one step at a time, then it's not too bad. So I would take, I would take generative AI with me.

Tünde Varga-Atkins

Great. I think we we we know we have established that there would be solar powered Wi-Fi on the island. We might need some super Wi-Fi. To offset the carbon that need is needed to work with generatively and some other issues that we will consider. But can I just ask anyone else if Kiki puts this in the boat? Who, who? Also can you see yourself using generative AI for any of your learning? Are you using it already?

Sherley Admane

Yeah, no, of course, having a student a lot and enhancing our ability to understand what is being taught in the class. Of course you have to use it ethically and abiding by to the rules that the university has given out, but still, even I'm optimistic about generate away and I think I would take generative air with me too. On the island, I totally agree.

Speaker

This.

Qi Qi Saw

Yeah, I think we all need an AI assistant.

Sophie Gresty

I don't really use it that much. It doesn't really fit with physics because it tends to make up its own references. Which is really not helpful, but I definitely use the Wi-Fi.

Tünde Varga-Atkins

OK. Yeah. What would you bring, Sophie or, but before you answer that yourself, can you make? Can you see yourself utilising generative AI on the island?

Yousaf Ditta

Perhaps. Yeah, I'll get the upgraded version and pay for the. You can get all the full benefits, yeah.

Tünde Varga-Atkins

Yeah, I think so. For the more premium versions are much better at referencing and yeah, so yeah, that that would definitely be improvement. Is there anything if we were to create a ChatGPT or our own GPT on the island, is there anything, any task or any learning? Area that you would. Love to make it into a GPT, for instance, or whatever other tool generated they are. Tools may be out there, so something that you wish. Ohh I I wonder if you could help me with this because I feel like I would like to source this out to some generative AI model, yeah.

Sophie Gresty

So I like what's called the Feynman technique, which is basically where you try and explain your understanding to maybe a child or someone who hasn't got a clue what. Well, it would be really useful to do it to ChatGPT, because I think my friends are sick of hearing me trying to explain stuff to them, so maybe maybe that would be a good idea.

Tünde Varga-Atkins

Would be brilliant. Sorry kontiki.

Qi Qi Saw

I was just going to say that is a really good use of chatting BT that I haven't thought of yet. I mean, I'd try to explain things to myself just talking to myself so that I can understand it, but having a conversation with ChatGPT and making it ask me questions to clarify their understanding. Might be a really cool way that the. Students could use it to improve their understanding, so yeah.

Tünde Varga-Atkins

That sounds a brilliant suggestion, Sophie. So almost like cause. Yeah, you can use this to clarify understanding. Ask questions, but also off the feedback on what you are, just maybe. So it becomes a conversation. So that would definitely be worth checking out or maybe testing how it could.

Sophie Gresty

Yeah.

Tünde Varga-Atkins

Deal with some of that and then maybe you could use it. To. Prepare for some of those widening. Outreach tasks as well, because I'm guessing that comes in handy when you communicating science to non scientific audiences as well. That sounds like a brilliant suggestion, definitely. So what else shall we put in the board? Any other teaching props, pedagogies or learning artefacts?

Sophie Gresty

Yeah.

Sherley Admane

So we were talking about. Generative AI how it can help you understand the other thing which helps my understanding specifically is interaction. So if I'm going on an island with my professors, I would like them to use interactive. Apps such as polls everywhere. I know a lot of professors in Augusta and I personally enjoy when they are putting it out on the screen, so there is a collective feedback from our students we vote, which could be the right answer so it has opinions from all of the students. And I think it positive it positively and impacts our learning capability. And even plus, they have. Everybody gets to participate and there's a sharing of ideas which directly impacts our learning. So yeah.

Tünde Varga-Atkins

That sounds like a beneficial, very beneficial suggestion. Shirley picking, yeah.

Qi Qi Saw

Yeah, just to add on that note. I was just thinking about like. Gay. Defying with the learning experience and having that really interactive like my accounting teacher, he uses a who's every at the end of every lecture, so that really allows us to test our understanding. And then he gives some gummies to the winner, so there's that extra level of motivation. On top of that. To really. Understand. Then do your best.

Tünde Varga-Atkins

OK. So we yeah, you still face that anything else you would like to add to the mix?

Yousaf Ditta

I mean, if I could take the whole department and all the lecturers, that would be very helpful.

Sherley Admane

And.

Tünde Varga-Atkins

So is that linked to what you said before when you you like that learning moment where you go with some problems or issues and then they can give you feedback and some direction. So I think it links to what Shirley was saying about that interaction. So that that seemed to be saying that you learn from that interaction, that conversation that that then helps your understanding, which is is very important. And as this is not a desert island, it's very much populated by people like you. And we can definitely take our lecturers there. So yeah.

Yousaf Ditta

Well, that's excellent. Splendid.

Tünde Varga-Atkins

Anything else, Kiki?

Qi Qi Saw

Just to add one thing, when you were talking, I just just making mistakes and not being afraid to. Make them if that makes sense. You know, because I think so much of the learning journey is you learn so much from making those mistakes and learning from those. And I feel like a lot of the times people are scared to shout out in the lecture holds when when the lecturers asking about a question. And I did that. They actually I I raised my hand for the wrong answer and then I just kind of shrivelled in shame when he said the other one was right. But it's all a learning journey and then I guess maybe I'd remember that more because I was a little bit embarrassed to to say the wrong answer in the lecture hall.

Tünde Varga-Atkins

And I bet no one else remembers what you have selected. Everyone will remember what they have selected, surely.

Sherley Admane

Yeah, as he said that some of the students, they are shy to answer or maybe they're afraid to ask questions. So if you are using apps like this, give a fight version of some apps, I think everyone gets to share their opinion or even ask questions. Anonymous. Honestly, I would say so. The so if there's a teaching and learning experience going on, so the answer the person would answer without directly addressing the person. So I think it might help, yeah.

Tünde Varga-Atkins

So yeah, so there's there's answers for tackling the anonymity and some of the interactive. And polls and quizzes that you can eat. So in coming back to maybe Kiki's point about because I just wanted to ask a little bit more on that. The this importance in the learning experience to allow people to make mistakes of what, where do you feel people have created or the lecturers or professors have created that environment where you. What? What does that environment look like when you feel like you can make mistakes?

Qi Qi Saw

Yeah. I mean, I think still at the moment it is students are still afraid to make those mistakes and that actually because they're afraid of. You know what? What are people gonna think about me if I don't know this answer and you know the times when the lecturers are like, ohh. Does everyone understand? Even though sometimes in my head I'm like no. But like, I don't know how to say it out loud and not be embarrassed about it. So even I'm trying to just prevent that. But I think the lectures. I've been good with using poll everywhere and you know, just reduce that. You know, embarrassing part no.

Speaker

OK.

Tünde Varga-Atkins

So is there anything apart from maybe using some of those tools? But is there anything else that they could do to make you feel that you would be less feeling less embarrassed, or if you were making a mistake or?

Qi Qi Saw

I think it's hard lectures try their best to really engage with. Students on a one to one and having that. Connection with them, you know, but it is hard being in a large lecture room. I think we will always tend to feel that way. Mm-hmm. I think as well, what's useful is saying that makes some mistakes.

Yousaf Ditta

Uh-huh.

Sophie Gresty

So that it's OK. Well, they've made a mistake, so we can also make mistakes.

Tünde Varga-Atkins

And I think that's very genuine and and no one is perfect. So and and I think you know in every learning experience you will have to go with something and things won't work out. And yeah, I think that's a really useful point. Sophie. Shirley, what did you want to say?

Sherley Admane

Yes, if I mean students are having difficulty in understanding. Anything or ask questions in the lecture. I think seminars are a good place to ask questions because I am not sure if if seminars happen for everybody, but I'm sure it does. So you are divided into smaller group of people and you are asked to work together and it's a great opportunity to ask questions to your professor. I believe because they're #1 because there are fewer, still wouldn't. So you don't you might not feel that anxiety or social pressure, plus you're you're in a group. So. Your friends or your group members would have the same doubts as you. So if you can together work I mean work together to ask those questions and things like that, yeah.

Qi Qi Saw

Yeah, I just remembered something actually. My quite a lot of my teachers have suggested. Using the discussion board more, which I think is a great idea which is just a part of canvas that people can put any questions in it, and then other students can collaborate on that as well. I think that's a good way, but it's underutilised. I think and more students could use it more. I know I've definitely put some questions in there and I think once you start getting the ball rolling then more people start to join in and that's a good.

Tünde Varga-Atkins

Way great Sophie.

Sophie Gresty

We had something similar for one of our modules but it. Was just a Word document that everyone had access to, so it was completely anonymous and you could just ask questions and the answers would be posted with the question so everyone had access to the answer to. So if someone's asked something that you didn't want to ask, you can still find out the answer because. They've asked instead.

Speaker

MHM.

Qi Qi Saw

I guess that adds to like the power of just collaboration with students. We were talking about collaborating and group work before the podcast, and I mean, I think the with so many ideas and more minds together make up more powerful.

Tünde Varga-Atkins

Though this island is definitely going to be a collaborative. Discursive common experience where. We probably go around and treasure hunt the island and look at every every corner of it to explore it and then see what we learn from from having a look. We talked a lot about re sharing our teaching, our learning in the form of teaching so that you you get a better understanding. Lots of. Talk about gamifying or having fun and ability to learn mistakes. Is there anything else that you would like to have on this treasure islands? Any final requests? Before we talk about luxury items, so anything that you could see could improve our learning experience based on what we've all talked about.

Yousaf Ditta

Maybe. The canvas so that we can upload our assignments on time and we don't.

Speaker

Mm-hmm.

Tünde Varga-Atkins

Miss umm, yes. So we will have our virtual learning environments on the islands and that's that kind of links to some of the tools that you mentioned as well that we can make sure we can use in in between the learning experiences. Anything around maybe group work. The core or any. So we have got, uh, financial computing, a computer science students, a marketing student and a physicist on the island. Can you imagine? I don't know, creating something exciting for these islands for the benefit of the other students based on your expertise.

Sophie Gresty

I can give you a tour of some different stars. I could bring a.

Tünde Varga-Atkins

Lovely. I think that would be awesome.

Qi Qi Saw

Yeah, I could use some of my accounting skills, I guess to you know, make sure we have we ration enough food for our time there on the island.

Tünde Varga-Atkins

Yeah, that sounds a very sensible, a very useful skill, Kiki.

Sherley Admane

Yeah, I think Sophia and Yusuf team up and some create something which is a revolutionary product. As she said, a telescope or anything I could use their business to walk, they told the people on the island. Yeah, and create awareness about.

Speaker

It so yeah.

Sophie Gresty

You could buy them more food, right?

Tünde Varga-Atkins

Yeah, yeah, yeah. Let's go on to talk about luxury items. So this is now, you've been working very hard. You've been doing a lot of. Collaboration group work studying submitting assignments. Now you want to chill out and relax the what would you take to the island to do that?

Yousaf Ditta

I think I'd definitely take some ice cream because ice cream is very nice too. After a good session of hard work and it cools you down and you can't really go wrong with ice cream.

Tünde Varga-Atkins

Any either ice cream lovers here.

Qi Qi Saw

Mint Chocolate chip is the best flavour, no? Yeah. Is that a no?

Tünde Varga-Atkins

And. What's your favourite Sofie? What flavour shall we?

Sophie Gresty

Have I'm really basic and just I think vanilla is my favourite. You can't go wrong with it.

Qi Qi Saw

It is. It is a classic. Yeah, I'm.

Sherley Admane

I'm a huge chocolate now, but I also like coffee flavour. And I'm now more inclining towards pistachio. I don't know why I just tried one pastry, which was a pistachio. And then I want to try it in every form now. Maybe it's a cheesecake or ice cream or anything.

Qi Qi Saw

That's true.

Tünde Varga-Atkins

You saw what's your ice cream of? Voice. If you were pushed to choose one, wait.

Speaker

Uh.

Yousaf Ditta

Cappuccino flavour? Definitely.

Tünde Varga-Atkins

OK, so there's like you could share with Shirley some of the coffee one in addition to the pistachio?

Sherley Admane

You have to get.

Tünde Varga-Atkins

If Kiki has done the job well of sharing things out, then should be enough for everybody. And any other luxury item.

Qi Qi Saw

So I I'm a very big music lover and I I managed to lock my ukulele all the way from Malaysia to Liverpool, so I guess I could bring it to the island as well, play some music, you know, sing around the campfire I think would be great.

Tünde Varga-Atkins

That sounds idyllic as well. We already have the stars with sorceries.

Qi Qi Saw

Yeah.

Tünde Varga-Atkins

Anything else, Shirley?

Sherley Admane

Yeah, uh, why luxury item is an activity, so it's cooking. So for item I would like to take my saucepan, my spatulas and mix of spices because when it comes to relaxation and fun, we are cooking is my luxury item and as. I mean, I'm always trying to recreate flavours and memories from home and we got an island. It would be a difficult place for me. This survive without my staple dishes. So yeah, I would take that. And also I think that cooking is about creating a sense of. Comfort and belonging. So these would be my items.

Qi Qi Saw

Yeah, just to add on that, I think cooking is such a therapeutic act. Yeah, I know. When I go back to my flat and I have, I've had a stress day. At Uni I know just that 1520 minutes of just me focusing on the meal. I'm going to make just really allows my stress to dissipate and yeah, just enjoy the process.

Tünde Varga-Atkins

That sounds lovely, and I'm sure we everyone else will be enjoying the fruits. Of that as well.

Sherley Admane

Yeah. Then after cooking the output that you get, you just want to indulge in this delicious food while watching your favourite movie or series. I think it's the best feel, best time of the day actually.

Qi Qi Saw

Let's.

Tünde Varga-Atkins

And I love Shirley, that it really makes a connection that you use cooking and eating as a way to connect as well. So I think that's a lovely idea. Sophie, what's your luxury item?

Sophie Gresty

I think I'd bring some Lego sets. I've got quite a lot that I haven't got round to building yet, so maybe some time on the island I might get time to build them. Maybe a place to put them. I have got a lot of the kind of space themed ones. And that I'm waiting to build the Mars Rover. So I think I'd definitely be

bringing that one very fitting for a physicist. Yes, I've got a big a, a big rocket one. And the International Space Station already built.

Tünde Varga-Atkins

Wow, that is awesome. OK, so thank you all so much. Is there any final words before we sail away?

Yousaf Ditta

Well, you mentioned Mars, the planet, but I would also like to bring like a Mars. Well, a lot of people because, well, when we used to we we used to work, we used to do a lot of work last year and at the end of the day myself and all of our friends would go to the local shop and we're all treat ourselves to a nice Mars bar and we do this like every single day for a good few. Weeks. We used to call it Mars motif, so I. Definitely.

Speaker

No.

Yousaf Ditta

Mars bars. They help you get through a lot.

Tünde Varga-Atkins

Sounds amazing. Is there anything just because we talked about connections and belonging, is there any foods or item that you sort of connect with your Liverpool experience? But Kiki, you can say what you were going to say before.

Qi Qi Saw

Then no, I just wanted to know what what would your luxury item be? What would you bring? To the island.

Tünde Varga-Atkins

Ohh I I I know don't normally reveal my love, but I mean all those items that you mentioned I I think would be great. You have on the island. But yeah, I think chocolate would definitely be one luxury item for me as well. Oh yes. So I was going to ask, is there anything that so for you, Sophie is the Mars bar

that sort of connects to be your Liverpool learning experience. Anything else, surely.

Sherley Admane

No, I was just gonna say, I mean, it sounds like fun Island people enjoying music, cooking delicious food. Lego chaji petty. I mean, generative AI and all things. So that I think our. Island is. Pretty well equipped, I thought so. And we're going to have a lot of fun.

Tünde Varga-Atkins

Sounds like a very self-sustaining and perfect space you will created. So thank you so much. I've really really enjoyed the conversation with you and we definitely have created this quite perfectly formed island which has got everything for everybody here. Thank you so much for joining our podcast and it's time to sail away now to our treasure islands together. Thank you for our listeners. If you enjoy the episode, you can subscribe to our podcast and and to join as a guest. Find the expression of interest from our Liverpool UCI website. Where you can also access the blog post of our previous episodes and goodbye for now. And finally a big thank you to our special guests, our students today. So goodbye.