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BSc (Hons)

# Occupational Therapy

UCAS code B920

## Entry requirements

A level: BBB

## Study mode

Full-time

## Duration

3 years

Apply by: **30 June 2026**

Starts on: **28 September 2026**

## About this course

Our Occupational Therapy programme is stimulating and rewarding, delivering a breadth of person-centred practical experience in a region with a particularly diverse population, providing an invaluable insight into a student's potential future career.

## Introduction

The Occupational Therapy programme at Liverpool will equip you with a range of both academic and practical skills for a rewarding career that enhances the quality of life for people encountering physical, emotional, social and cognitive challenges.

You will be taught by respected academics with a breadth of clinical and research experience and will graduate with up-to-date knowledge. You will learn about the human body and use the impressive Human Anatomy Resource Centre. This knowledge will help you learn

about disease and disability and how they impact on the ability to engage in everyday meaningful occupation.

Throughout the three years you will undertake clinical placements. We have extensive connections with a diverse range of clinical specialties in physical and mental health and learning difficulties, for all age groups from young children to the elderly, in our student placements. There are also opportunities for you to study abroad. In addition, there are opportunities for elective and role emerging placements.

More than 1,000 hours of clinical experience, together with the theoretical knowledge gained from the programme, will enable the Liverpool graduate occupational therapist to competently analyse the psychosocial, physical and environmental factors in the lives of the people in their care and devise appropriate interventions to help them.

The programme is approved by the Health and Care Professions Council (HCPC) and is accredited by the Royal College of Occupational Therapists (RCOT). The programme also has approval from the World Federation of Occupational Therapy (WFOT). Recognition of the programme by the RCOT and WFOT are important for graduates seeking international job opportunities.

## **Programme in detail**

During your three years you will engage in modules which are framed within four themes. These themes explore the person, occupation and environment relationship, which is a core underpinning philosophy for the practice of occupational therapy. They are:

- Core concepts and skills
- Professional identity
- Society and well-being
- Evidence for practice.

As a requirement for qualification you will experience a minimum of 1,000 hours practice placement education. Placements are integrated within each of the three years of the programme and are undertaken in a variety of health and social care settings.

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## **What you'll learn**

- Research gathering techniques
- Critical thinking skills
- Communication skills

- Self-directed learning techniques
- Patient care

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# Course content

Discover what you'll learn, what you'll study, and how you'll be taught and assessed.

## Year One

The aims of year one are to provide you with the opportunity to:

- Develop an understanding of the concept of 'person' as it relates to health and wellbeing
- Explore and experiment with the use of occupation as a therapeutic medium
- Demonstrate basic self-awareness and communication skills
- Demonstrate an understanding of normal biological and behavioural functioning that contributes to human lifespan
- Apply systematic problem-solving approaches to rehabilitation
- Develop critical appraisal skills
- Develop skills to inform occupational therapy practice and engage with research literature.

## Modules

Compulsory modules	Credits
MIND BODY PERFORMANCE 1 (OCCU170)	15
MIND BODY PERFORMANCE 2 (OCCU171)	15
OCCUPATIONS THROUGHOUT THE LIFE-COURSE (OCCU172)	15
OCCUPATIONAL THERAPY TOOLKIT 1 (OCCU173)	15
EVIDENCE FOR PRACTICE IN OCCUPATIONAL THERAPY 1 (OCCU174)	15

<b>Compulsory modules</b>	<b>Credits</b>
PERSON IN CONTEXT (OCCU176)	15
PROFESSIONAL PRACTICE 1 (OCCU178)	15
PROFESSIONAL PRACTICE 2 (OCCU179)	15

Programme details and modules listed are illustrative only and subject to change. As part of our commitment to continuous improvement, we are currently reviewing all of our programmes. This may include refining study pathways, strengthening links with employers, integrating generative AI, developing students' research skills, and enhancing alignment with our research strengths. The course content currently shown on this page reflects the programme as it is running in September 2026. This page will be updated for students beginning in September 2027 by 1 September 2026 at the latest.

## **Year Two**

The aims of year two are to provide you with the opportunity to:

- Demonstrate an understanding and evaluation of the philosophy and theory of occupation and occupational therapy
- Appreciate the importance and implications of a multicultural society
- Demonstrate an understanding of research methodology and the importance of evidence-based practice
- Apply core skills of occupational therapy
- Develop a well-being plan to promote health and well-being through engagement in occupation
- Demonstrate the ability to work both autonomously and collaboratively.

## **Modules**

<b>Compulsory modules</b>	<b>Credits</b>
OCCUPATIONAL THERAPY TOOLKIT 2 (OCCU272)	15

<b>Compulsory modules</b>	<b>Credits</b>
OCCUPATIONAL THERAPY TOOLKIT 3 (OCCU273)	15
EVIDENCE FOR PRACTICE IN OCCUPATIONAL THERAPY 2 (OCCU274)	15
EVIDENCE FOR PRACTICE IN OCCUPATIONAL THERAPY 3 (OCCU275)	15
ENGAGING IN SOCIETY (OCCU276)	15
OCCUPATIONAL PARTICIPATION IN A PUBLIC HEALTH CONTEXT (OCCU277)	15
PROFESSIONAL PRACTICE 3 (OCCU278)	15
PROFESSIONAL PRACTICE 4 (OCCU279)	15

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## **Year Three**

The aims of year three are to provide you with the opportunity to:

- Consolidate an understanding of the relationship between person, occupation, environment and wellbeing
- Demonstrate creativity, innovation and entrepreneurship through the application of technology to practice
- Demonstrate competent acquisition of the basic professional skills
- Make explicit the acquisition of professional standards of practice.

It may be possible to undertake a placement overseas as an elective personal choice in year three.

## Modules

Compulsory modules	Credits
IMPROVING OCCUPATIONAL THERAPY SERVICES (OCCU373)	30
EVIDENCE FOR PRACTICE IN OCCUPATIONAL THERAPY 4 (OCCU374)	30
OCCUPATIONAL JUSTICE IN CONTEXT (OCCU376)	30
PROFESSIONAL PRACTICE 5 (OCCU378)	15
PROFESSIONAL PRACTICE 6 (OCCU379)	15

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## Teaching and assessment

### How you'll learn

Learning is promoted through a wide variety of activities that enable the students to become autonomous and continuous learners. Interactive lectures, practical and clinical skills group work, directed study, role play, problem-based learning, small group work, student-led seminars, collaborative project work and interactive tutorials are key learning strategies of the programmes. Practical work using our imaging suite digital equipment, the Clinical Skills Resource Room and the Human Anatomy Resource Centre complement teaching activities.

Face-to-face interactions between all students will occur at shared lectures, tutorials and group work and online interaction will be encouraged and facilitated. There is also inter-professional education and learning opportunities across all Healthcare Professions programmes.

## **How you're assessed**

Using a mixture of coursework and examination, a range of assessment methods can be seen across the programmes. These include seen and unseen written examinations, essay assignments with specific word lengths, multiple choice questions, case study presentations, video analysis and interactive practical examinations. Assessment of the work-based learning element of all programmes is an important aspect. You will be required to communicate your views orally and in written form; analyse, implement and evaluate your practice; and to extend the research and evidence base of your chosen profession.

The various methods of assessments have been chosen to provide a balance that will permit the undergraduates to demonstrate their intellectual abilities in all areas to the full.

## **Liverpool Learning Framework**

At Liverpool, we take a distinctive approach to education through the Liverpool Learning Framework. This means teaching that is engaging, inclusive and designed to help you succeed during your studies and beyond.

You'll develop specialist subject knowledge alongside the skills employers value most, including:

- Digital fluency
- Confidence
- Global citizenship

Our curriculum is characterised by the three Liverpool Hallmarks:

- Research-connected teaching – learning informed by the latest ideas and discoveries
- Active learning – taking part, applying knowledge and learning by doing
- Authentic assessment – assessments designed around real-world tasks and challenges

We also embed key priorities across our curriculum, including AI literacy, employability, and sustainability, helping you prepare for the future and make a positive impact in the world.

We're committed to creating a supportive and inclusive learning environment where every student can thrive.

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# Careers and employability

Occupational Therapy graduates are eligible to apply for membership of the Health and Care Professions Council (HCPC), the Royal College of Occupational Therapists (RCOT) and the World Federation of Occupational Therapy (WFOT) to work outside the UK.

Your qualification allows opportunities to build a career in the NHS, Social Services, and independent third-sector employers.

Successful completion of the programme will allow you to work in a range of specialist services with people of all ages to support them to address the psychological, physical, cognitive, social, and environmental challenges that impact their day-to-day functioning.

You can work in a variety of settings including:

- hospitals
- schools, higher and further education
- community centres
- prisons
- clients' homes.

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# Fees and funding

Your tuition fees, funding your studies, and other costs to consider.

## Tuition fees

### UK fees (applies to Channel Islands, Isle of Man and Republic of Ireland)

Full-time place, per year - £9,790

Year in industry fee - £1,955

Year abroad fee - £1,465 (applies to year in China)

### International fees

Full-time place, per year - £32,000

Year in industry fee - £1,955

Year abroad fee - £16,000 (applies to year in China)

The fees shown are for the academic year 2026/27. Please be advised that tuition fees may increase each year for both UK and international students. For UK students, this will be subject to the government's regulated fee limits.

Tuition fees cover the cost of your teaching and assessment, operating facilities such as libraries, IT equipment, and access to academic and personal support. [Learn more about paying for your studies.](#)

## Additional costs

We understand that budgeting for your time at university is important, and we want to make sure you understand any course-related costs that are not covered by your tuition fee. This includes the cost of stationery and equipment, professional association fees, and travel to placements. Students can choose to undertake a placement overseas that would incur additional costs.

Students should expect to cover the following costs.

### Stationery and equipment

- In years two and three, students may be required to purchase materials for group work (approximately £25 per year)
- Students are advised to purchase a USB pen drive to use when carrying out presentations (£10).

### **Professional association fees**

Optional (but strongly recommended) Royal College of Occupational Therapists fee. The cost to join is £60 per year / £5 per month.

### **Travel to placements**

Students will complete 33 weeks of placement experience. Most clinical placements are a daily commute (students are placed within 50 miles of the University). Student concessions are also available from local travel companies.

Additional accommodation costs apply for students wishing to complete a placement in the Isle of Man at the cost of £343 per month (placement lengths vary from 4- 8 weeks)

### **Elective placements**

Elective placement (6 weeks in semester two, year three) is mandatory. The same travel costs will be incurred as those on a clinical placement.

Students can choose to complete placements in the UK or abroad (these are self-funding).

- Vaccination costs apply if going abroad to certain countries and vary from £10-£50 approx.
- Visa fees apply in certain countries costs vary
- To travel abroad student must be a member of professional body approximately cost £12 per month
- First aid course is required to complete a placement in Australia £30
- Australian Police checks are required to complete a placement in Australia \$46.90
- Food, travel and accommodation costs up to £3,000 for a six week elective placement in Australia.

\*Home students are able to apply for reimbursement of travel/accommodation costs in relation to placement from the NHS Business Services Authority.

[Find out more about additional study costs.](#)



# Entry requirements

The qualifications and exam results you'll need to apply for this course.

NHS Values will be assessed in all areas of an application including UCAS Personal Statement and at interview. For more details, please download our explanation of [Value Based Recruitment](#).

We believe in treating applicants as individuals and we take into account a range of factors, both academic and non-academic, in assessing applicants' merit and potential. We consider personal circumstances and backgrounds and may be able to make offers that differ from those indicated as 'typical' below when taking extenuating circumstances or relevant experience into account.

If you would like us to consider any extenuating circumstances, please provide evidence of these and their impact on your educational achievement from an appropriate individual (school headteacher, medical practitioner, etc).

Please find below indicative offers for the BSc Occupational Therapy programme. If you would like to discuss your qualifications please contact School of [Health Science Admissions office](#) on +44 (0)151 794 9490/5712/5901 for further information.

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## A levels

BBB

to include at least one Science subject from Biology, Health & Social Care, Psychology, Sociology or Physical Education. General studies is not acceptable.

You may automatically qualify for reduced entry requirements through our contextual offers scheme. Based on your personal circumstances, you may automatically qualify for up to a two-grade reduction in the entry requirements needed for this course. When you apply, we consider a range of factors – such as where you live – to assess if you're eligible for a grade reduction. You don't have to make an application for a grade reduction – we'll do all the work.

Find out more about [how we make reduced grade offers](#).

If you don't meet the entry requirements, you may be able to complete a foundation year which would allow you to progress to this course.

Available foundation years:

- [Foundation to Occupational Therapy \(Year 0\)](#) BSc (Hons)
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## **T levels**

T levels in Health, Health Science and Science is accepted with an overall grade of Merit to include in the core.

Applicants should contact us by [completing the enquiry form on our website](#) to discuss specific requirements in the core components and the occupational specialism.

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## **GCSE**

5 GCSEs at grades A\*-C or 4-9 including Maths and English Language. Please note English Language must be achieved at a minimum of grade 5. A GCSE Science subject (not applied) must be achieved at grades 4-9 or A\*-C if applicants are not offering an A-level Science qualification or level 3 equivalent.

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## **BTEC Level 3 National Extended Diploma**

BTEC Nationals are considered in addition to the GCSEs outlined above.

### **BTEC National Extended Certificate**

We will accept one National Extended Certificate at a minimum of Distinction. This must be accompanied by two A2 subjects at grade B. The A2 subjects must include Biology/Human Biology, Sociology, Psychology, PE or Health & Social Care. In total between the two types of qualification 3 separate subjects must be taken.

### **BTEC Level 3 National Diploma**

We will accept in Health & Social Care at grade DD plus one accompanying A2 level subject at grade B.

### **BTEC Level 3 National Extended Diploma**

We will accept in Health and Social Care, Sport and Exercise Science or Applied Science at grade DDD.

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## **International Baccalaureate**

30 points overall with no score less than 4 or pass the IB Diploma plus 5,5,5 in 3 HL subjects. Biology must be offered at a minimum of a Grade 5.

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## **European Baccalaureate**

74% overall with a minimum mark of 8 in biology and no subject mark below 6.

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### **Irish Leaving Certificate**

6 Higher Level subjects including Biology, English and Mathematics. Four subjects graded at H2 or above which should include Biology. The remaining two subjects should be graded at a minimum of H3.

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### **Scottish Higher/Advanced Higher**

#### **Advanced Higher Level/Higher Level**

A minimum of 5Bs from any combination of Higher levels and advanced Higher levels. Consideration will only be given to advanced highers in different subjects to those of highers. All grades offered must be at least B.

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### **Welsh Baccalaureate Advanced**

B plus BB at A Level

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### **Cambridge Pre-U Diploma**

Grade M2 accepted in addition to 2 A-levels achieve at BB. At least one subject must be taken from Biology, Health & Social Care, Psychology, Sociology, P.E or Sport Science. Three separate subjects must be taken between the two qualifications.

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### **AQA Baccalaureate**

Will be considered.

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### **Graduate application**

We welcome applications from graduates holding a 2:2 classification, or above. For queries about the suitability of your degree, please contact the Admissions Tutor in the first instance. Experience in health care is also an advantage.

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### **Access**

The Access to HE Diploma should include 45 credits at Level 3 in a Biological, Psychological, Sociological or Health related subject (all should be new learning, ie. GCSE awards cannot be APL'd against the Diploma). 30 credits passed at distinction and the remaining 15 credits

must be passed at merit or higher. The diploma qualification should be supported by a sound academic background. In addition, 2 GCSEs in English Language and Maths at grade 4/C. We also accept Functional Skills in Maths at a pass.

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### **Academic Reference**

An academic reference must be included within the UCAS application. If the applicant is a graduate and has been working since graduating (within three years), an employer reference is acceptable.

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### **Profession-specific knowledge and skills required**

Candidates must show evidence, in their UCAS Personal Statement, of a good understanding of the scope of Occupational Therapy practice, preferably indicated by observational experience. It is recommended that applicants have observed Occupational Therapists at work and reflect this in their personal statement. It is preferable to have at least two visits, one being in the field of mental health and one being in the physical field.

The Personal Statement of the UCAS application form will be screened for evidence of what has been learned from these visits. Health Trust Open Days, careers conventions, information leaflets and websites may also provide useful background information. Experience in a paid or voluntary capacity in a health and well-being environment that demonstrates your caring nature.

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### **Declaration of criminal background**

You will understand that as an allied health professions and nursing student, and when you qualify, you will be asked to treat children and other vulnerable people. We therefore need information about any criminal offences of which you may have been convicted, or with which you have been charged. The information you provide may later be checked with the police.

If selected for interview you will be provided with the appropriate form to complete.

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### **Health screening**

The University and the School of Allied Health Professions and Nursing has an obligation to undertake health screening on all prospective healthcare students. Any offer of a place to study is conditional on completion of a health questionnaire and a satisfactory assessment

of fitness to train from the University's Occupational Health Service. This will include some obligatory immunisations and blood tests.

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## Disability information

If you have, or think you have dyslexia or a long term health condition or impairment that may have the potential to impact upon your studies and/or your Fitness to Practice duty, please complete the [Disability form](#). We will contact you to discuss your support needs.

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## International qualifications

[Select your country or region to view specific entry requirements.](#)

The IELTS requirement is an overall score of 7.0 with no component less than 6.5

Please note – whilst we do accept **IELTS** qualifications, we do not accept IELTS qualifications that have been sat and gained **online**. We only accept qualifications that have been sat and gained **in person**.

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## Alternative entry requirements

- If your qualification isn't listed here, or you're taking a combination of qualifications, [contact us](#) for advice
  - [Applications from mature students](#) are welcome.
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## English language requirements

You'll need to demonstrate competence in the use of English language, unless you're from a [majority English speaking country](#).

We accept a variety of [international language tests](#) and [country-specific qualifications](#).

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## IELTS

7.0 overall, with no component below 6.5

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### **International Baccalaureate English A: Literature or Language & Literature**

Grade 6 at Standard Level or grade 6 at Higher Level

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### **International Baccalaureate English B**

Grade 7 at Higher Level

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Generated: 5 May 2026, 13:58

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