

MSc

Clinical and Health Psychology

Study mode

Full-time

Duration

1 year

Apply by: **11 September 2026**Starts on: **28 September 2026**

About this course

Discover the MSc Clinical and Health Psychology programme, designed to provide an advanced understanding of mental and physical health and wellbeing. Located in vibrant Liverpool City Centre, this course uniquely blends cutting edge academic expertise with the latest clinical insights from experienced practitioners, enabling you to pursue a career in clinical or health psychology.

Introduction

The MSc Clinical and Health Psychology course offers a unique curriculum, combining expert academics with cutting edge research, practitioner guest speakers, and those with lived experience to provide advanced knowledge in the research, theory and practice of Clinical and Health psychology. Build your understanding of the psychology of mental and physical health and wellbeing, psychological distress, and behavioural issues alongside receiving training in professional practice and research methods.

This course has been designed to prepare you with the academic knowledge and skills to prepare students to apply for further postgraduate study or careers in Clinical and Health Psychology. In particular, the course has been designed with input from the Doctorate in Clinical Psychology Team to help prepare students who wish to pursue a DClInPsy following

graduation. The Department of Psychology also works closely with the University's Careers and Employability Service to ensure students are provided with opportunities to undertake training to enhance their employability skills, as well as support students seeking to find either research or clinical volunteering or paid opportunities.

Who is this course for?

This programme is designed for Psychology graduates looking to gain advanced knowledge in Clinical and Health psychology, prepare for a PhD in a clinical or health-related area, or pursue a career as a Practitioner Psychologist.

What you'll learn

- The knowledge and skills to prepare you for further postgraduate studies in the professions of clinical and health psychology
- The knowledge and skills to prepare you for research studies in clinical and health psychology
- Transferable skills which will enable you to pursue a wide range of careers in cognate disciplines
- A broad base of knowledge in clinical and health psychology, equipping you with the ability to scrutinise and critically evaluate both established theories, and more contentious ideas about human behaviour and experience.
- Specialised knowledge in selected areas of the disciplines of clinical and health psychology, informed by cutting-edge research and taught by an internationally recognised faculty.
- Developing, testing and communicating research ideas and highlighting the role of empirical research in the creation of knowledge
- High levels of discipline-specific and employability skills to ensure successful transition to further education and employment, either as Chartered Psychologists or psychologically literate professionals in other careers.
- A comprehensive understanding of professional working in research and practice settings, including ethical and statutory obligations.

Course content

Discover what you'll learn, what you'll study, and how you'll be taught and assessed.

Semester one

Each of the first two semesters include 2 x 20 credit discipline specific modules which focus on the key principles, theories, interventions, and debates within Clinical and Health psychology and how they are applied in practice. There are also 2 x 20 credit modules in Research Methods and Qualitative and Quantitative Analysis Techniques in Semester 1 and Semester 2. The 60 credit Empirical Research Project module runs across all three semesters.

Modules

Compulsory modules	Credits
ADVANCED RESEARCH METHODS IN CLINICAL AND HEALTH PSYCHOLOGY (PSYC740)	20
PROFESSIONAL ISSUES AND CAREERS IN CLINICAL AND HEALTH PSYCHOLOGY (PSYC741)	20
FUNDAMENTALS OF APPLIED CLINICAL AND HEALTH PSYCHOLOGY (PSYC742)	20

Programme details and modules listed are illustrative only and subject to change.

Semester two

Each of the first two semesters include 2 x 20 credit discipline specific modules which focus on the key principles, theories, interventions, and debates within Clinical and Health psychology and how they are applied in practice. There are also 2 x 20 credit modules

in Research Methods and Qualitative and Quantitative Analysis Techniques in Semester 1 and Semester 2. The 60 credit Empirical Research Project module runs across all three semesters.

Modules

Compulsory modules	Credits
CONTROVERSIES IN CLINICAL PSYCHOLOGY (PSYC743)	20
CONTROVERSIES IN HEALTH PSYCHOLOGY (PSYC744)	20
QUANTITATIVE AND QUALITATIVE ANALYSIS TECHNIQUES IN CLINICAL AND HEALTH PSYCHOLOGY (PSYC745)	20

Programme details and modules listed are illustrative only and subject to change.

Semester three

Each of the first two semesters include 2 x 20 credit discipline specific modules which focus on the key principles, theories, interventions, and debates within Clinical and Health psychology and how they are applied in practice. There are also 2 x 20 credit modules in Research Methods and Qualitative and Quantitative Analysis Techniques in Semester 1 and Semester 2. The 60 credit Empirical Research Project module runs across all three semesters.

- The PSYC700 Empirical Research Project (60-credits) will run across Semester 1, 2, and 3.

Modules

Compulsory modules	Credits
EMPIRICAL RESEARCH PROJECT (PSYC700)	60

Programme details and modules listed are illustrative only and subject to change.

Teaching and assessment

How you'll learn

Each of the first two semesters include 2 x 20 credit discipline specific modules. In Semester 1, students are provided with foundational knowledge of the key principles, theories, and interventions used within clinical and health psychology and how they are applied in practice. They will be also introduced to professional skills and career development issues for working in clinical and health psychology. These modules scaffold learning for Semester 2 where they are then introduced to current, topical controversies in clinical and health psychology, which require students to debate, utilise evidence, and to form positions based on their teaching and learning. Discipline-specific modules involve lectures and research seminars delivered to the full cohort. Lectures cover important theory and research across the whole module syllabus to provide students with a solid understanding on which to base detailed investigation of specific subjects.

Seminars involve independent learning where students work in small groups to answer lecture generated core questions. Seminar sessions are student-led and facilitated by staff. All teaching will be delivered by core teaching staff and where possible by guest practitioner speakers working in Clinical and Health Psychology, including D-Clin trainees.

There are 2 x 20 credit modules in Research Methods and Qualitative and Quantitative Analysis Techniques. Research Methods and Analysis modules will involve lectures and practical laboratory sessions delivered to the full cohort. Lectures will introduce a specific research method or analysis technique and will be delivered by core teaching staff. Practical laboratory sessions are student-led and facilitated by staff. They aim to deepen students learning about various research methods and provide them with practical skills to apply quantitative and qualitative analysis techniques to clinical and health psychology research data.

There is also a 60 credit empirical research project module which runs across all three semesters. Students will complete an empirical project in which they will work largely independently, still under the guidance of an experienced member of staff in exploring their own interests by designing and carrying out an independent research project in an area of Clinical and Health Psychology. In addition, as part of this module there will be taught components including assessment workshops for research proposals, posters, and report writing. Students will also undertake a Personal Development Portfolio, which will address skill development, self-reflection and employability.

How you're assessed

The programme adopts a range of assessments, which enable students to demonstrate the knowledge and skills they have acquired and ensure that module and programme outcomes have been achieved. Particular emphasis is placed on the introduction of 'authentic' assessments, which allow students to practise tasks more closely aligned to future employment and study demands. Authentic assessment means that we assess students using tasks that mirror those they might undertake as professionals through choice of purpose, format, intended audience, resources and collaborative or student designed elements. Authentic assessments require students to undertake tasks which demonstrate meaningful and integrated application of relevant academic knowledge, skills and understanding. There are many benefits to authentic assessment in Psychology. We expect that our assessments will have a positive impact on the students learning by mirroring real life contexts of Clinical and Health psychologists' working environments. They contribute to the development of students as self-managing professionals who can self-direct their learning.

Assessments undertaken on the MSc aim to equip students for future study or professional work in Clinical and Health psychology. All summative assessments are coursework based. Students will be expected to write post-interview reports, policy briefs, position papers, and presentations in the discipline-specific modules. In the Research Methods modules students will write methodological protocols, critique published papers, and write systematic review protocols and reports. In the empirical research project module, they will complete a research proposal, an academic poster, and a year-long research report. These assessments encourage the development of skills, which are utilised in the real world of Clinical and Health Psychology and in other careers. These assessments promote and evaluate among others the ability to critically appraise research and evidence, appraise published work and research methodologies and report on Clinical and Health interventions. Assessment support sessions and formative assessments will prepare students to complete the summative assessments effectively.

The need to provide extensive, constructive and timely feedback for all assessments to students has been a major drive in the development of the curriculum. This is achieved by engaging all members of the theme teams in both the delivery and assessment of each module, providing clear guidance to assessors and establishing comprehensive monitoring and moderating mechanisms to ensure reliability and validity. All interim assessments are submitted and marked online. Five types of feedback are provided throughout the programme: in text, rubric, general 'what worked well, even better if', generic and individual feedback.

Liverpool Hallmarks

We have a distinctive approach to education, the Liverpool Curriculum Framework, which focuses on research-connected teaching, active learning, and authentic assessment to ensure our students graduate as digitally fluent and confident global citizens.

The Liverpool Curriculum framework sets out our distinctive approach to education. Our teaching staff support our students to develop academic knowledge, skills, and understanding alongside our **graduate attributes**:

- Digital fluency
- Confidence
- Global citizenship

Our curriculum is characterised by the three **Liverpool Hallmarks**:

- Research-connected teaching
- Active learning
- Authentic assessment

All this is underpinned by our core value of **inclusivity** and commitment to providing a curriculum that is accessible to all students.

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Careers and employability

The MSc Clinical and Health Psychology is ideal for students wishing to pursue a career in clinical or health psychology either as practitioners (following further postgraduate study) or as researchers.

A high proportion of students will wish to pursue further postgraduate studies in Clinical and Health Psychology (including Stage 1 Health Psychology or Doctorate in Clinical Psychology) or progress to a PhD in Clinical or Health Psychology or in other areas of the Social Sciences in the UK or overseas. A further proportion will wish to pursue research careers in health or clinical psychology or cognate discipline. Students with this degree will be in a more advantageous position, than those students with a BSc in Psychology with respect to further postgraduate study.

In addition, there are a variety of careers that are open to graduates with an MSc in Clinical and Health Psychology, including those in the health service, civil service, local government and the third sector, as well as in private industry and commerce. Employers are frequently wishing to employ students with Masters degrees in psychology.

The Programme provides students with key employability skills which include written, oral and visual communication skills, numeracy and data analysis skills. They include the ability to find, evaluate and synthesise information which is essential in many careers. They will also develop personal and professional skills and ethical awareness important for their working lives. They will acquire information technology skills which are also important for their careers. Further, students have the opportunity to undertake a work placement as part of their course.

Employability is embedded in all of the modules, through the use of practitioner guest speakers, authentic assessments and reflective skills mapping. The programme leader has worked closely with the Academic Director of the Doctorate in Clinical Psychology when designing the course to ensure that our teaching, learning, and assessment methods provide the academic knowledge and skills to prepare students to apply for doctoral study in Clinical Psychology. Furthermore, D-Clin Psy trainees will also be utilised as guest speakers to provide students with experience of the D-Clin Psy application process and curriculum.

The Department of Psychology also works closely with the University's Careers and Employability Service to ensure students are provided with opportunities to undertake training to enhance their employability skills as part of our Academic advisor system, as well as support students seeking to find either work placements or volunteer opportunities. There are activities specifically designed to prepare students from their future, for example Psychology careers week, which brings together practitioners and recruiting organisations.

- Opportunities to get support with volunteer and paid clinical roles

- Research Intern and Assistant opportunities
 - Close links with D-Clin Psy course – opportunities to learn from D-Clin Psy trainees and academics on the course
 - Students will be provided with both psychology-specific and generic employability training
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Career support from day one to graduation and beyond

Career planning

From education to employment

Networking events

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Fees and funding

Your tuition fees, funding your studies, and other costs to consider.

Tuition fees

UK fees (applies to Channel Islands, Isle of Man and Republic of Ireland)

Full-time place, per year – £13,000

International fees

Full-time place, per year – £32,000

Tuition fees are for the academic year 2026/27.

Tuition fees cover the cost of your teaching and assessment, operating facilities such as libraries, IT equipment, and access to academic and personal support.

- You can pay your tuition fees in instalments.
- All or part of your tuition fees can be funded by external sponsorship.
- International applicants who accept an offer of a place will need to pay a tuition fee deposit.

If you're a UK national, or have settled status in the UK, you may be eligible to apply for a Postgraduate Loan worth up to £12,167 to help with course fees and living costs. **Learn more about paying for your studies**.

Additional costs

We understand that budgeting for your time at university is important, and we want to make sure you understand any course-related costs that are not covered by your tuition fee. This could include buying a laptop, books, or stationery.

Find out more about the additional study costs that may apply to this course.

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Entry requirements

The qualifications and exam results you'll need to apply for this course.

Postgraduate entry requirements

We accept a 2:1 Psychology honours degree from a UK university (or an equivalent academic qualification from a similar non-UK institution) with at least 65% in all research methods modules and all statistics modules. This degree should confer Graduate Basis for Chartered Membership (GBC) status with the British Psychological Society (BPS).

Prior clinical and health psychology experience is not essential. However, it is viewed as giving applicants an advantage at the application stage.

International qualifications

[Select your country or region to view specific entry requirements.](#)

Applications from international students wishing to undertake the programme will be evaluated to ensure that their qualifications have been gained from a recognised institution, and to ensure that the applicant has achieved the required academic level. The following criteria will be used to decide whether an international qualification is comparable to a British Bachelor's degree:

1. In order to assess that the degree held by the applicant is from a recognised institution, the University of Liverpool will refer to the World Higher Education Database. Only a qualification obtained from an institution: (a) listed in the publication; (b) validated by an institution listed; or (c) recognised by a validation body; will be considered to be a suitable basis for entry onto the programme.
 2. In order to assess the standard of the qualification, the University of Liverpool will consult the National Academic Recognition Information Centre (NARIC) for the United Kingdom, or other appropriate services.
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English language requirements

You'll need to demonstrate competence in the use of English language, unless you're from a [majority English speaking country](#).

We accept a variety of [international language tests](#) and [country-specific qualifications](#).

International applicants who do not meet the minimum required standard of English language can complete one of our [Pre-Sessional English courses](#) to achieve the required level.

IELTS

7.0 overall, with no component below 6.5

TOEFL iBT

If you took a TOEFL test on or before 20 January 2026, you'll need 100 overall, with minimum scores of listening 21, writing 21, reading 21 and speaking 23. If you took a TOEFL test from 21 January 2026 onwards, when a new scoring system was introduced, you'll need 5 overall, with 4.5 or above in all components. TOEFL Home Edition not accepted.

Duolingo English Test

135 overall, with writing not less than 140, speaking and reading not less than 125, and listening not below 120

Pearson PTE Academic

69 overall, with no component below 61

LanguageCert Academic

75 overall, with no skill below 70

PSI Skills for English

C1 Pass in all bands

INDIA Standard XII

National Curriculum (CBSE/ISC) - 75% and above in English. Accepted State Boards - 80%

and above in English

WAEC

C6 or above

Pre-sessional English

Do you need to complete a Pre-sessional English course to meet the English language requirements for this course?

The length of Pre-sessional English course you'll need to take depends on your current level of English language ability.

Pre-sessional English in detail

If you don't meet our English language requirements, we can use your most recent IELTS score, or [the equivalent score in selected other English language tests](#), to determine the length of Pre-sessional English course you require.

Use the table below to check the course length you're likely to require for your current English language ability and see whether the course is available on campus or online.

Your most recent IELTS score	Pre-sessional English course length	On campus or online
6.5 overall, with no component below 6.0	6 weeks	On campus or online
6.0 overall, with writing at 6.0 and no component below 5.5	10 weeks	On campus or online
6.0 overall, with no component below 5.5	12 weeks	Online
5.5 overall, with no component below 5.5	20 weeks	On campus

Your most recent IELTS score	Pre-sessional English course length	On campus or online
5.5 overall, with no component below 5.0	30 weeks	On campus
5.0 overall, with no more than one component at 4.5	40 weeks	On campus

If you've completed an alternative English language test to IELTS, we may be able to use this to assess your English language ability and determine the Pre-sessional English course length you require.

Please see our guide to [Pre-sessional English entry requirements](#) for IELTS 7.0 overall, with no component below 6.5, for further details.

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